

Breakfast

Cheese Toastie (everyday)- \$3.00

Ham & Cheese Toastie (everyday) - \$4.00

Ham, Cheese & Tomato Toastie (everyday) - \$4.50

Ham & Cheese Roll (everyday) - \$3.00

Hash browns (Wednesday & Fridays) - \$3.00

Ham & Cheese Croissant (Wednesday) - \$3.00

Egg & Bacon Muffins (Thursday) - \$3.50

DRINKS

Chocolate, Strawberry & Banana Milk Small - \$3.00

Chocolate, Strawberry, Vanilla Malt & Banana Milk Large - \$4.50

Up & Go (chocolate & vanilla) – \$2.50

Apple or Apple Blackcurrant juice - \$2.50

Orange Juice - \$3.00

Iced Coffee - \$3.00

Water - \$2.50

Glee - \$3.00

Hot Milo - \$2.00

Hot Chocolate - \$2.00

Slushie - \$2.50

Everyday Items (can be ordered for recess or lunch)

Sandwiches, Rolls & Wraps

Cheese & Tomato - \$3.50

Ham & Cheese - \$4.00

Egg & Lettuce - \$4.00

Chicken, Cheese & Mayo - \$4.50

Ham, Cheese & Tomato - \$4.50

Cheese & Salad Roll or Wrap - \$5.00

Chicken, Lettuce & Mayo Roll or Wrap - \$5.50

Ham & Salad in Roll or Wrap - \$6.00

Caesar Salad Roll or Wrap - \$6.00

Warm Tandoori Wrap - \$6.00

(baby spinach, tomato, cucumber, chicken, tandoori & yoghurt)

Warm Chicken Schnitzel Wrap - \$6.00

(cheese, lettuce, schnitzel & mayo)

Ham Special on a Roll or Wrap - \$6.00

(baby spinach, tomato relish, ham & brie)

Chicken Special on a Roll or Wrap - \$6.00

(lettuce, chicken, fruit chutney, brie)

SALADS

MEDIUM SIZE \$5.50

LARGE \$7.50

Caesar Salad with Chicken, Ham, Egg & Parmesan

Greek Salad with Meslun, Cucumber, Tomato, Olives & Fetta

Avocado Salad with Lettuce, Tomato, Onion, Avocado

PASTAS

Bolognese Penne - \$6.00

Fettucine Carbonara - \$5.50

Italian Meatballs with Penne - \$6.00

Pesto Penne - \$5.50

Home Made Lasagne - \$6.00

PASTAS – GLUTEN FREE

Bolognese Penne - \$6.00

Italian Meatballs with Penne - \$6.00

Pesto Penne - \$6.00

Home Made Lasagne - \$6.00

Everyday Items – Hot Food (can be ordered for recess or lunch)

Ham & Cheese Roll - \$3.00

Hot Dog with sauce & cheese - \$4.50

Ham & Pineapple Pizza Bread - \$5.00

Potato Wedges w Sour Cream & Sweet Chilli (or Gravy) \$5.00

Hot Chicken Roll with Gravy- \$5.00

Popcorn Chicken & Wedges - \$5.50

Chicken Tenders & Chips - \$5.50

Chicken Schnitzel & Wedges (with or without gravy) - \$6.00

Hot Potato with Bolognese - \$5.50

Mac & Cheese (recess) \$5.00 or lunch size \$5.50

SOUP OF THE DAY - \$5.00 (with bread \$5.50)

Specials

Butter Chicken (Thursday) - \$6.00

Garlic Bread (Thursday) - \$1.50

Burritos - \$6.00

Chicken Fried Rice (Tuesday) - \$5.50

Pulled Pork with Gravy on a Roll (Thursday) - \$5.50

Pies & Sausage Rolls

Traveller Beef Pie - \$5.00

Traveller Beef & Pepper Pie - \$5.00

Beef & Potato Pie - \$5.00

Sausage Roll - \$4.00

Party Pie - \$1.00

Spinach & Ricotta Sausage Roll - \$4.50

Tomato Sauce \$0.50c BBQ Sauce \$0.50c

BURGERS

Chicken Burger - \$6.00

(lettuce, carrot, cheese, mayo & chicken pattie)

Chicken Parmi Burger - \$6.00

(lettuce, cheese, salsa, mayo & chicken pattie)

Peri Peri Burger - \$6.00

(lettuce, tomato, peri peri sauce & chicken pattie)

Beef Burger - \$6.00

(lettuce, tomato, beetroot, carrot, onion, cheese & beef pattie) with
tomato or BBQ sauce

Vege Burger (lett, tomato, onion, fetta and salsa w vege pattie) - \$6.00

Cheese Burger - \$5.50

(lettuce, cheese, beef pattie with tomato or BBQ sauce)

**** Please note you can add or take anything off the burgers when
ordered ****

SNACKS

Custard or Yoghurt (plain, w berries or w muesli) - \$2.00

Hommus or Salami Nibbles Packs - \$6.00

Muffins - \$2.00

Honey Soy Chips \$2.00 Sea Salt Chips \$2.00 Grainwaves \$2.00

Pretzels \$2.00

Fruit Cup \$2.50

Fruit Ice Block \$1.00

Twisted Frozen Yoghurt Strawberry or Chocolate w Vanilla \$2.50

Ordering can be done online at flexischools.com.au or please come to
the Canteen Counter and order **before 9.00am**

CANTEEN STAFF: CAROLYN, KRISTY, CHRISTINE & KATE

**PROUDLY RUN BY MOSS VALE HIGH SCHOOL
P & C ASSOCIATION**