

# ACTIVITY WEEK!

*There is so much to choose from*

**WHAT  
TO DO?**



There's JBay and Adrenaline Kicker



There's Port  
Stephens!



There's Art and  
About



What should  
I choose?

Everyone, Read all  
about them and  
pick your favourite!





# ACTIVITY WEEK 2024

Activity week will be held:

**Monday 16 December**

**Tuesday 17 December**

**Wednesday 18 December**

Please read through the description for all our activities and get ready to make your selection. Selection day will be

**Wednesday 12 June 2024.**

Students selecting an activity with a cost greater than \$200 must pay all outstanding fees, excluding general contribution, by Sunday 2 June 2024.



## CRITICAL INFO

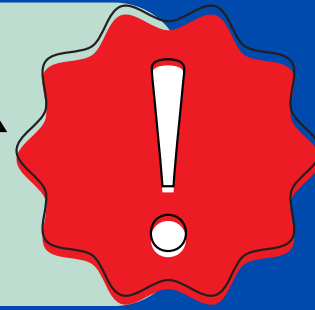
PLEASE NOTE: No student will be enrolled in the activity of their choice until the non-refundable deposit due on Monday 17 June 2024 for the activity chosen has been received.

Once students have made their selections, parents/caregivers will receive a permission and payment email.

Once the **non-refundable deposit** has been paid, students will not be permitted to change activities.

Students who did not select an activity on the selection day will be able to select an activity from 21 June 2024. Students should make their selection at the Front Office.

# BEHAVIOUR INFO



## Student behaviour prior to selection:

Students who have been suspended or have serious behaviour concerns before making their selections must first consult with a Deputy Principal and the Principal if they wish to select an overnight activity.

## Student behaviour prior to Activity Week:

If a student is suspended or has a serious behaviour concern after a place is confirmed on an overnight activity, must speak with a Deputy Principal and Principal to determine if they are still permitted to participate.

## Student behaviour during an activity:

In the event of unsatisfactory behaviour whilst a student is participating in an end of year activity, parents/caregivers could be asked to escort their child home at their own expense. No refund would be given in such circumstances.

# AWAY ALL THE TIME

LEARN MORE

» Click on an excursion below to find out more!

## PORT STEPHENS

\$720  
\$240 deposit  
45 students

## COOLENDEL

\$170  
\$60 deposit  
22 students

## SURFING

\$325  
\$100 deposit  
34 Students

## JBAY

\$450  
\$150 deposit  
32 Students

## BUSH BEACH & CITY ADVENTURE

\$300  
\$100 deposit  
20 Students

## ANIMAL LOVERS

\$550  
\$200 deposit  
20 Students

## HARBOUR TIME

\$330  
\$110 deposit  
20 Students

# HOME & AWAY

LEARN MORE



Click on an excursion below to find out more!

## ADRENALINE KICKER

\$400  
\$130 deposit  
22 Students

## FOODIES PARADISE

\$120  
\$50 deposit  
16 Students  
Opal Card Required

## ART & ABOUT

\$60  
\$20 deposit  
15 Students

## YR 7

### HOME A LITTLE AWAY ALOT

\$180  
\$50 deposit  
100 Students

## SOUTHERN HIGHLANDS FUN

\$55  
\$20 deposit  
20 Students  
Opal Card Required

## JAMBEROO, RIVER, ROCK

\$270  
\$100 deposit  
20 Students

## YR 8,9,10

### HOME A LITTLE AWAY ALOT

\$190  
\$70 deposit  
55 students

## SPORTS PLUS

\$190  
\$80 deposit  
15 Students  
Opal Card Required

# AT SCHOOL

LEARN MORE



Click on an excursion below to find out more!

## CREATIVE CRAFTERS

\$50  
\$20 deposit  
30 Students

## LEGO

\$0  
15 Students

## MOVIES

\$0  
15 Students

## SPORTS & GAMES

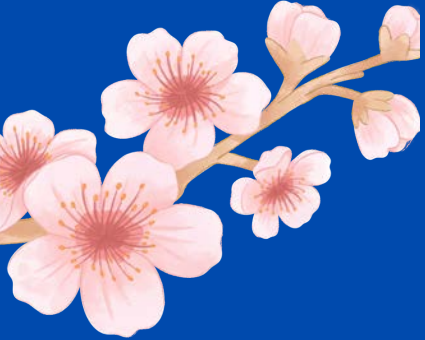
\$0  
20 Students

## COOKING UP A STORM

\$80  
\$30 deposit  
14 Students

## SCIENCE & ENGINEERING CHALLENGE

\$0  
20 Students



# Port Stephens

The ultimate northern coastal trip !! Get ready to spend 5days/4nights in beautiful Port Stephens, just a 2 ½ drive from Sydney. This activity is all about the sea, sand and sunshine. If you want to paddle board/kayak in the crystal-clear waters of Shoal Bay, sandboard down the spectacular Stockton Sand Dunes, ride a camel along the sandy dunes, hear the calls of wild dophins and humpback whales on a moonshine cruise, go wild at the local water park and explore seal-life whilst snorkelling at Fly Point reef then this is the activity for you.



We will be staying at Ingenia Holiday Park at One Mile Beach. All meals will be included in the cost, as well as all costs of activities, accommodation, and bus transfers. There will be a lot of water activities so please make sure you are a confident swimmer if wanting to choose this activity. Note: this Activity will extend into the weekend with students returning on Wednesday.

**FOOD:** All meals provided.

This activity will start on Saturday 14

December 2024

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# JBay

JBay is a water based experience, located in the beautiful Jervis Bay area. This is an overnight activity staying at the very comfortable Jervis Bay Caravan Park, just outside Huskisson.

The three days are filled with snorkelling, kayaking, dolphin cruise with boom netting, and stand-up paddle boarding around Jervis Bay (all dependent on weather).

Accommodation: Jervis Bay Caravan Park,  
Woollamia Road, Huskisson  
<http://www.jervisbaycaravanpark.com.au/>

FOOD: Students need to provide own lunch and dinner on Day 1; own breakfast on Day 2 & 3. Lunch and dinner will be provided on Day 2.

Lunch will be provided on Day 3.

Please be at school on the first day by 7.30am to pack the trailer and returning by 3pm on the last day.



# Coolendel

This fully catered activity offers idyllic bush camping on the beautiful Shoalhaven River, 30km west of Nowra.

With Australian wildlife your only distraction, Coolendel is the perfect place to relax and enjoy the last week of school! The activity will run for 3 days and includes activities such as fishing, bush walking, swimming at Nowra pool with waterslides, exploring the river and challenging yourself to the high ropes course and zip lines at Trees Adventure Nowra!

The cost includes food, and you will need to supply your own camping equipment.

FOOD: All meals provided.





# Surfing

Once again the famous and ever popular Surfing activity will be running this year. Leaving from school at around 8.30am on Wednesday, we will travel by mini-bus via “The Farm” to beautiful Gerroa where we will spend 3 days soaking up the sun and learning to surf. We will be staying at 7 Mile Beach Caravan Park in the “Surf Shaks”, just 100m from Gerroa beach. Surf lessons will be conducted by “The Pines Surf School” and we will have lessons on each of the three days at “The Farm”. On Tuesday evening we will travel to Kiama for pizza and ice cream in the park. We leave for home on Wednesday, travelling to “The Farm” for our final surf in the morning and then on to Albion Park McDonalds for some lunch before arriving back at school around 3.00pm in time for school buses. As well as surfing and lazing in the sun other activities available: The Jumping Pillow, Mini Tennis, Backyard Cricket, and pool activities.



## What is included in the cost?

1. Travel to and from Gerroa, to and from beach each day for Surfing and to Kiama and Albion Park for Pizza and Ten Pin Bowling
2. Accommodation for 2 nights at Gerroa in Surf Shaks
3. All surf lessons and equipment (surfboards, rashies, wet suits etc.)
4. Dinner on Tuesday evening
5. Ten Pin Bowling on Tuesday afternoon
6. Students will be required to supply their own food and drinks for all other meals other than the Tuesday evening. Students should also have money to purchase McDonalds on the way home.

Get in quickly because Surfing @ Gerroa is always a popular choice!

FOOD: Students need to provide own food and drinks. Dinner provided on Day 2.



# Bush, Beach + City Adventure

Day 1: Explore the Royal National Park close to Sydney and camp overnight at the beach with your friends. Swim in a local water hole and have dinner out at a waterfront restaurant.

Day 2: Catch a ferry across for stand up paddle boarding in Cronulla then head to the movies, have unlimited games at Timezone then have some free time to shop at Miranda Fair.

Day 3: Pack up camp and back into the bush to discover another pristine waterhole for a swim before heading home via Mcdonalds.

Reserve your spot now for the ultimate getaway.

## Note:

A level of fitness and swimming capacity will be required for hiking and swimming activities

Both cooked breakfasts and restaurant dinners included in cost - bring or buy your own lunches

Cinema ticket and 1.5 hour unlimited games at timezone included in cost

A tent or swag will be needed. They can also be shared with other students if arranged. Single person tents can be purchased for \$15 if needed. All sleeping arrangements will be discussed in detail through our regular meetings before the activity.



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# Animal Lovers

The ultimate animal lovers adventure! Seals and penguins, rays, fish, giraffes, meerkats and more!

Come along to the beautiful South Coast to enjoy amazing natural places full of wildlife. There will be a trip to the zoo, a boat ride to Montague Island and its historic lighthouse with epic views of the coastline, before watching the little penguins head back to their homes after a long day at sea. Glass bottom kayak animal spotting adventure. Fall asleep to the sound of the waves at our beautiful beachfront accommodation. The perfect activity for lovers of all creatures great and small.



Breakfast each day will be provided. Students will either buy their own lunch each day (including at the zoo) or provide their own. The group will stop at a supermarket on Day One for students to purchase food for meals that are not provided. Dinner cost is included for Monday night, and a fish and chip or burger dinner on Tuesday night.

Please note: There is a steep walk on Montague Island.

FOOD: Students need to provide own lunch each day. Breakfasts (Day 2 & 3) and dinners (Day 1 & 2) will be provided.

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# Harbour Time

Are you a fan of Sydney? Would you like to spend time on Sydney Harbour?  
Then Harbour Time is for you!

Harbour Time is the 2024 edition of Glamping at Cockatoo Island as the Island is no longer taking visitors.

## WHAT YOU'LL DO:

- stay at the YHA Sydney Harbour which has stunning rooftop panoramic views that include the Opera House and Harbour Bridge
- spend an afternoon at beautiful Manly
- visit Luna Park with an unlimited rides pass
- go on a thrilling jet boat ride experiencing spins, speed, thrills and fish-tails
- have dinner at the Rocks

## TRAVEL

- All travel will be by public transport so you'll need an Opal Card.

## FOOD

- You'll need to provide your own lunch each day
- Your breakfast (days 2 & 3) and dinners (days 1 & 2) will be provided.



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# Adrenaline Kicker



Do you want to experience 3 days of action-packed fun trying new activities that you normally would not get the chance to do? Look no further! Adrenaline Kicker is a 3-day excursion where we have action packed fun and do adrenaline based activities.

Get ready to lose the feeling of gravity as you iFly through space, the deafening roar of engines as you accelerate around on a go kart at up to 70km per hour and finally, climb, climb, climb, testing your strength and agility.

Leaving school each morning around 7:30 - 8:00am, we will begin an action packed, adrenaline pumping three days:

Mind blowing Monday at iFly Penrith

Ever wanted to be Superman for a day? Turn and twist in a wall-to-wall airflow that is indistinguishable from freefalling – just like a 14000 ft sky dive. All fun without the plane!

Terrifying Tuesday at Picton Go Karting

30 minutes of gasoline guzzling rev-headed riding as you slide your go-cart around the twisting turns on one of Sydney's best outdoor karting track and experience adrenalin racing like never before.

Lastly, Rock climbing on Wednesday at Villawood.

Explore climbing walls at one of the biggest gyms in Australia, challenge yourself, challenge your friends and climb, climb, climb!



FOOD: Students need to provide own recess and lunch for two days we provide lunch on one of those days.

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# Foodies Paradise



Do you love food and want to experience the amazing foodie culture Sydney has to offer? Then this activity is for you.

We will leave the Southern Highlands behind each morning as we take day trips to various areas of Sydney with amazing food experiences to broaden your horizons. Experience fresh Vietnamese cuisine in Campbelltown, an eclectic mix of restaurants in the heart of Newtown as well as the trendy Korean BBQ of Lidcombe. All you'll need is a topped up Opal Card and a sense of adventure! The cost of this activity will be \$120.

You will need to bring extra money with you on the day if you wish to purchase snacks etc. and we will attempt to show you some of the best spots in Sydney for delicious and interesting food that you don't always get exposed to in the Highlands.



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# Southern Highlands Fun

Fun in the Highlands for 3 days on a budget is our challenge. If you like going to the movies, ten pin bowling and swimming all at a relaxed pace then this is the activity for you.

We will utilise public transport such as trains and buses to reach our destination as well as our feet.



Day 1 - Ten Pin Bowling includes games, shoe hire and putt putt course. Mittagong Market Place shops and back to Moss Vale in the afternoon.

Day 2 - The latest movie at Bowral cinema and taking in the shops for a café break before heading back home on the train.

Day 3 - Swimming at Moss Vale Pool. Float around and enjoy the company of friends. Relax in the afternoon back at school with DVDs and popcorn.

Transport/walking if weather is fine. You will need to provide your own opal card and money for food and drinks or supply your own packed lunches each day.

FOOD: Students need to provide own recess and lunch each day.

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# Art and About

Students who love to be creative are given the chance to have a real visual arts experience at the Art Gallery NSW, Ngununggula and the Art Studio at school.



## Day 1:

Students will travel to Sydney by train (ensure your Opal Card has adequate funds available) to take part in a visit to AGNSW and the Botanical Gardens. They will be inspired by artworks and landscapes, sketching and taking photographs. Bring food/drink or money to buy lunch in Sydney. (7.45 am - 6.10pm)

## Day 2:

Ngununggula Regional Gallery: Students will spend the day viewing artworks in the gallery and drawing in the grounds of Retford Park, Bowral. Students will need to meet and be picked up from the gallery by parent/caregiver or authorised person. Bring food & drink. There are limited food choices at Ngununggula. (10am - 3pm)

## Day 3:

An S&S art supply representative will spend the morning demonstrating art materials and techniques here at school. Each student will receive their own sample bag of art materials supplied by S&S. The afternoon will be spent developing ideas and experimenting with art materials for an artwork based on Days 1 and 2. (9am - 3:20pm)

**FOOD:** Students need to provide own recess and lunch each day, the canteen WILL NOT be open during Activity Week.

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# Sports Plus

If you are sporty or like sports then Sports Plus is for you.

You will need to bring your lunch, water bottle and any snacks you require. Day 1 at Moore park you can purchase your lunch at the entertainment quarter.



Day 1

SCG and Allianz stadium tours at Moore Park Sydney.

Lunch at the Entertainment Quarter.

HyperKarting in the afternoon.



Day 2

Golf driving range and Shanx mini golf at the Links in Shell Cove.



Day 3

Pickleball at Moss Vale Tennis Club.

Afternoon at Church Road playing sport and games to finish up.

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# Yr 7 Home & Away

Students attending this activity will experience 3 fun filled days that will include the following activities:

- Movie at Lilac Cinema, Goulburn. BYO lunch in the park.
- Zone Bowling, Albion Park. Bowling and Lasertag. Lunch included (hot dog, fries and a drink).
- Jamberoo Action Park. Lunch included (sandwich and a drink). Students will need to complete the swimming competency test to participate fully at Jamberoo Action Park. Students may bring a small amount of additional money to purchase snacks, drinks etc.

Students will leave the school each day by bus and return by bus.

FOOD: Students need to provide own lunch on Day 1. Lunch will be provided on days 2 & 3.



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# Yr 8,9 & 10 Home & Away



Students attending this activity will experience 3 fun filled days that will include the following activities:

- Movie at Event Cinema Campbelltown. Popcorn and drink included. BYO lunch or buy lunch at food court.
- Kingpin Campbelltown. Bowling and Lasertag. Lunch included (hot dog, fries and a drink).
- Jamberoo Action Park. Lunch included (sandwich and a drink). Students will need to complete the swimming competency test to participate fully at Jamberoo Action Park. Students may bring a small amount of additional money to purchase snacks, drinks etc.

Students will leave the school each day by bus and return by bus.

FOOD: Students need to provide own lunch on Day 1. Lunch will be provided on Day 2 & 3.



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# Jamberoo River Rock

1. Canoeing on the Kangaroo Valley River and swimming. You will need to bring a packed lunch and water for this day.

2. Down to Nowra Tree Adventures alongside the Shoalhaven River. It offers several different climbs amongst the treetops, including a zip line, ladders and a few other challenges thrown in. Bring a packed lunch and water.

3. Jamberoo Recreation Park – ‘Where You Control the Action’. A full day at Jamberoo with lunch included. You will need your ‘sun safe’ swimmers and towel, plus hat, sunscreen, and solid shoes for the mountain slide. You may also wish to bring some money to purchase food at the park.

FOOD: Students need to provide own recess and lunch on Day 1 & 2. Lunch will be provided on Day 3.





# Creative Crafters

"When life gives you hands, make handmade"

If you are artistic, creative or perhaps want to avoid Christmas Shopping - then this is the activity for you. You will make a selection of different art and craft projects you can keep for yourself, or gift if you choose. Think painting, macrame, jewellery making and much more. This activity will be based at school within normal school hours.



**FOOD:** Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.

The cost of the activity will cover all supplies.

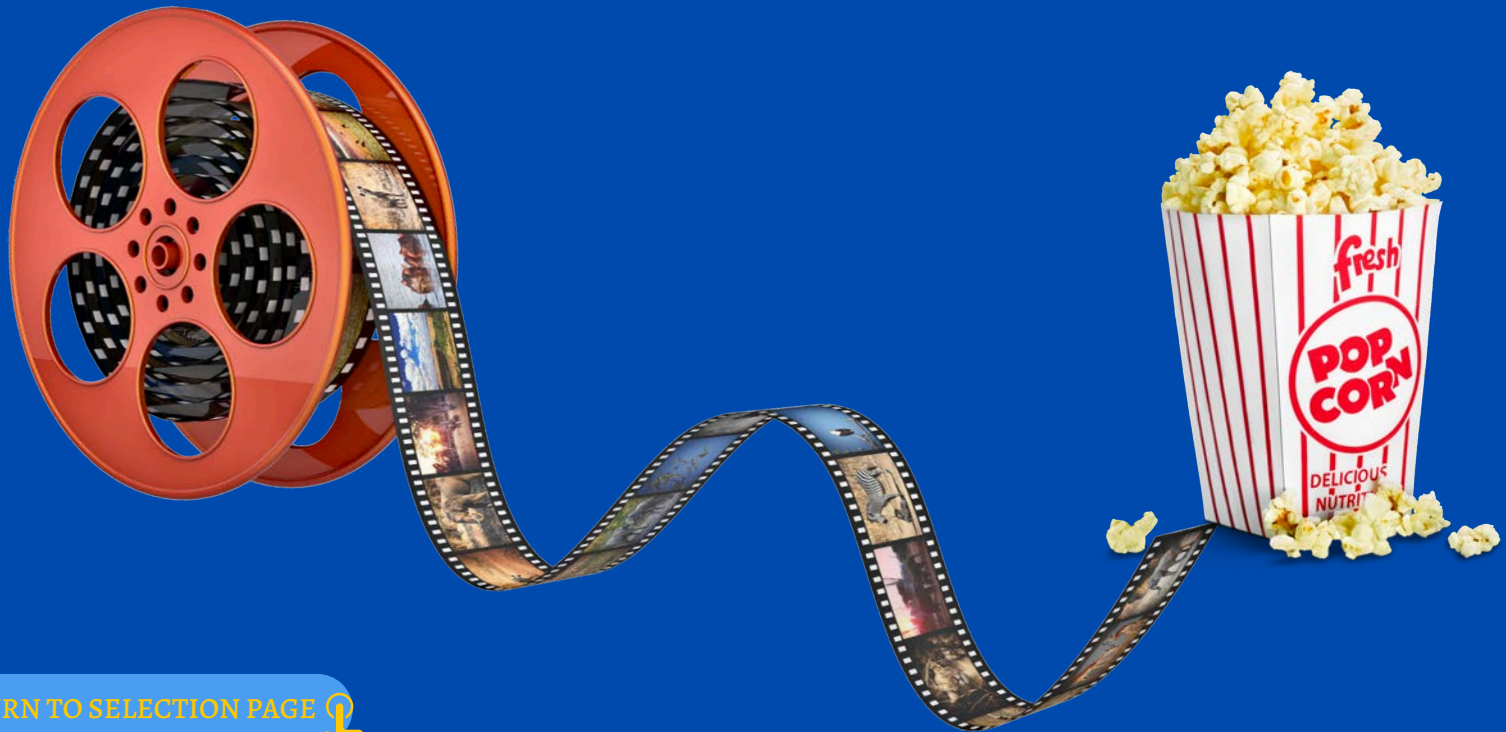


# Movies

For activity week this year Moss Vale High School will be going to switch things up, with students being able to select the movie selection. All movies must be PG rated to be enjoyed by students of all ages.

Students can sit back and view the films in the comfort of our mini-theatre.

**FOOD:** Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.

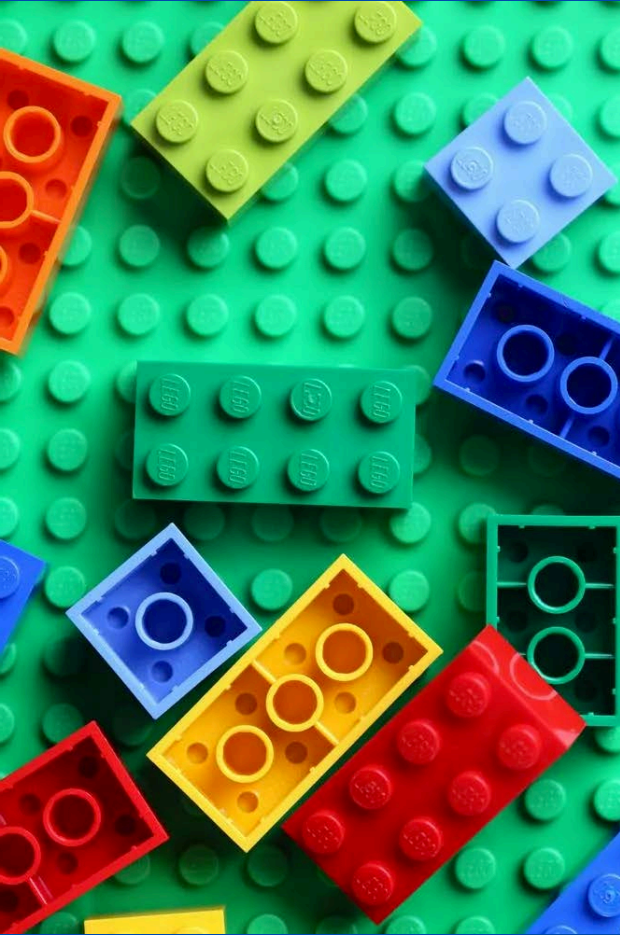


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# Lego



Are you a Lego Master? Could you build the strongest bridge, the highest tower, or the cutest animal? Do you have a Lego set still sitting in its box at home, ready to be built? Does the idea of a few days with Lego sound great? If you answered yes to any of these questions, The Lego Activity might be for you!

## Day 1:

Today we will commence our Lego challenges. You will be challenged to build the strongest bridge, the tallest tower, and the cutest animal. After lunch we will watch the Lego Movie.

Days 2 and 3: Free choice building. These are the days to bring in your own Lego sets to build, or let your creative mind go free with your Lego blocks. We can also explore making stop-motion animation films with our Lego builds. We will watch some episodes of Lego Masters as we build, before watching Lego Movie 2 and The Lego Batman Movie in the afternoon sessions.

Students will need to bring their own Lego.

FOOD: Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.

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# Cooking up a storm



If you love eating yummy foods, then Cooking up a Storm is the activity for you.

Over three days you will cook an array of fantastic foods. Below is a list of the types of goodies you will cook:

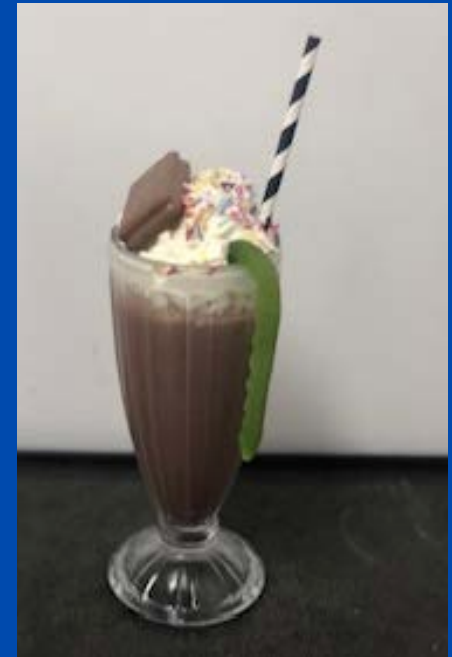
Day 1 – Homemade pizza, salad, garlic bread and mega shakes.

Day 2 – Christmas delights which may include gingerbread, chocolate raspberry brownies and other Christmas goodies.

Day 3 – Gourmet burgers, chips, spider drinks and slices.

On Day 1 and 3 you will be able to eat your goodies and take any leftovers home. Day 2 you will package your Christmas delights ready for gift giving.

FOOD: Students need to provide own recess and lunch for Day 2, recess and lunch will be provided on Day 1 & 3. The canteen will NOT be open during Activity Week.



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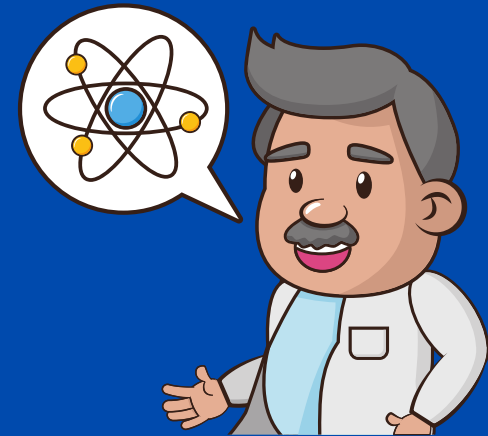
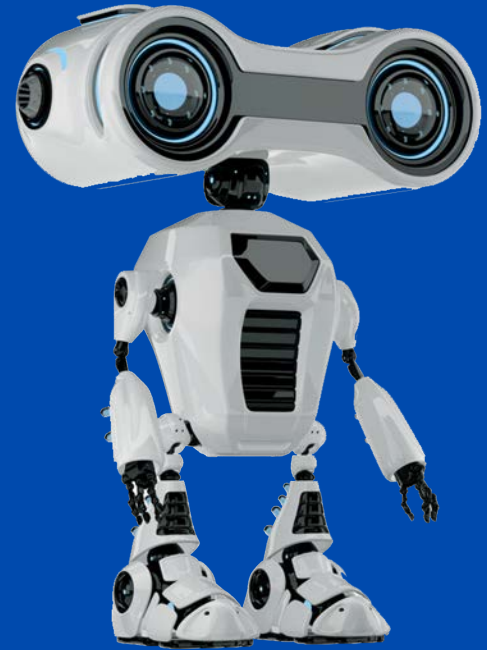


# Science & Engineering Challenge

If the realm of science beckons to your curious spirit, delve into robotics, engineering and problem solving this activity week.

This experience will unveil the secrets of crafting mechanical marvels. Engage in a myriad of captivating scientific explorations. This adventure unfolds within the confines of the school grounds.

Remember to bring your own provisions for nourishment each day, as you embark on this journey of discovery. The canteen will NOT be open during Activity Week.



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# Sports and Games

If you want to stay at school and play all the sports you want then this is the activity choice for you. Choose from any number of sporting games. Challenge yourself with a sport you have not yet tried. Get more practise at a sport you already know.



Join the exciting adventure of sports and games! Round up your crew and opt for days of fun and bonding with Sports and Games.

**FOOD:** Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.



If you enjoy playing games and want to stay at school, this activity is perfect for you. You can select from a variety of games and challenge yourself by learning something new.

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