# ACTIVITY WEEK!

There is so much to choose from

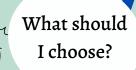
There's Surfing and Bush, beach & City

# 



There's High Flyers & Trail Riders





Read all about them and pick your favourite!





Activity week will be held:

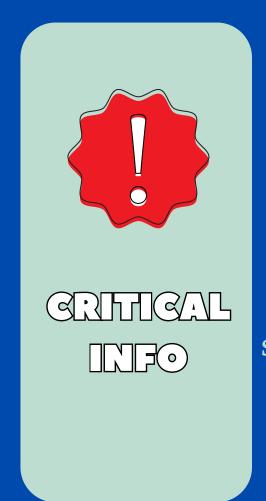
Monday 15 December
Tuesday 16 December
Wednesday 17 December

Please read through the description for all our activities and get ready to make your selection. Selection day will be Wednesday 11 June 2025.

Students selecting an activity with a cost greater than \$250 are required to pay all outstanding fees, excluding Voluntary contribution, by Sunday 1 June 2025.

Once students have made selections the activities will be displayed in the school for one week for students to ensure they are in the correct activity. They have the option to change for this week only.

Parents/caregivers will receive a permission and payment email. Once the non-refundable deposit has been paid, students will not be permitted to change activities.



PLEASE NOTE: No
student will be enrolled in
the activity of their choice
until the non-refundable
deposit due on
Wednesday 2 July 2025
has been received.

Students who did not select an activity on the selection day will be able to select an activity from 4 July 2025.

Students should make their selection at the Front Office.



Students who have been suspended or have serious behaviour concerns before making their selections must first consult with a Deputy Principal and the Principal if they wish to select an overnight activity.

Student behaviour prior to Activity Week:

If a student is suspended or has a serious behaviour concern after a place is confirmed on an overnight activity, the parent and student must speak with a Deputy Principal and Principal to determine if they are still permitted to participate.

Student behaviour during an activity:
In the event of unsatisfactory behaviour whilst a student is participating in an end of year activity, parents/caregivers could be asked to escort their child home at their own expense. No refund would be given in such circumstances.

### AWAY ALL THE TIME

LEARN MORE >> Click on an excursion below to find out more!

### **PORT STEPHENS**

\$750 \$240 deposit 45 students

### **CONJOLA**

\$200 \$60 deposit 22 students

### **SURFING**

\$330 \$100 deposit 34 Students

\$470 \$150 deposit 24 Students

### **JBAY**

### \$450

### **BUSH BEACH & CITY ADVENTURE**

\$300 \$100 deposit 30 Students

### **HARBOUR TIME**

\$150 deposit 20 Students

### ADRENALINE KICKER

\$360 \$100 deposit 40 Students

### HOME & AWAY

LEARN MORE >> Click on an excursion below to find out more!

### **HIGH FLYERS & TRAIL RIDERS**

\$260

\$100 deposit

10 Students

### YR7 HOME A LITTLE AWAY ALOT

\$210

\$80 deposit

60 Students

### YR 8,9,10 HOME A LITTLE AWAY ALOT

\$210

\$80 deposit

60 students

### JAMBEROO, RIVER, ROCK

\$270

\$100 deposit

20 Students

### **KEEPING IT LOCAL YR 7**

\$165 \$60 deposit 60 Students

### **FOODIES PARADISE**

\$140 \$50 deposit 16 Students Opal Card Required

### **SPORTS PLUS**

\$190 \$80 deposit 15 Students Opal Card Required

### **ART & ABOUT**

\$80 \$20 deposit 15 Students

### **SOUTHERN HIGHLANDS FUN**

\$55 \$20 deposit 20 Students Opal Card Required

### **SNACKTIVITY**

\$280 \$100 deposit 15 Students

### AT SCHOOL

LEARN MORE >> Click on an excursion below to find out more!

### **CREATIVE CRAFTERS**

\$50 \$20 deposit 30 Students **MOVIES** 

\$0

**LEGO** 

\$0 15 Students

SCIENCE & ENGINEERING CHALLANGE

\$0

20 Students

SPORTS & GAMES

\$0

QUILTING

\$o\*

15 Students

LONDON & PARIS

<u>\$0</u>

### **COOKING UP A STORM**

\$95

\$30 deposit

14 Students



# Port Stephens

The ultimate northern coastal trip!! Get ready to spend 5days/4nights in beautiful Port Stephens, just a 2½ drive from Sydney. This activity is all about the sea, sand and sunshine. If you want to paddle board/kayak in the crystal-clear waters of Shoal Bay, sandboard down the spectacular Stockton Sand Dunes, ride a camel along the sandy dunes, hear the calls of wild dophins and humpback whales on a moonshine cruise, go wild at the local water park and explore seal-life whilst snorkelling at Fly Point reef then this is the activity for you.





We will be staying at Ingenia Holiday
Park at One Mile Beach. All meals will be
included in the cost, as well as all costs of
activities, accommodation, and bus
transfers. There will be a lot of water
activities so please make sure you are a
confident swimmer if wanting to choose
this activity. Note: this Activity will
extend into the weekend with students
returning on Wednesday.
FOOD: All meals provided.
This activity will start on Saturday 13

December 2025



JBay is an awesome coastal adventure in the beautiful Jervis Bay area! Students will get to snorkel, kayak, and indoor rock climb, plus hop on a dolphin-watching cruise with a fun boom-netting water experience. In between all the action, they'll also have time to explore some of Jervis Bay's stunning beaches.

Accommodation: Jervis Bay Caravan Park, Woollamia Road, Huskisson http://www.jervisbaycaravanpark.com.au/





FOOD: Students need to provide own lunch and dinner on Day 1; own breakfast on Day 2 & 3. Lunch and dinner will be provided on Day 2. Lunch will be provided on Day 3.

Please be at school on the first day by 7.30am to pack the trailer and returning by 3pm on the last day.

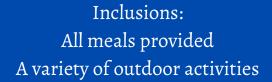
## Lake Conjola



This fully catered activity offers idyllic camping on the banks of beautiful Lake Conjola, just 50km south of Nowra. Perfectly situated between beach, lake and bushland, Holiday Haven Lake Conjola is the perfect place to unwind and enjoy the end of the school year!

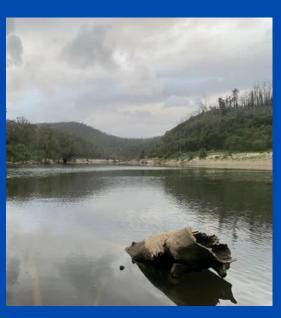
The three-day adventure includes exciting activities such as fishing, bushwalking, swimming in the Holiday Haven pool, exploring the lake, and tackling the high ropes course and zip lines at Trees

Adventure Nowra.



What to bring: Your own camping equipment





Once again the famous and ever popular Surfing activity will be running this year. Leaving from school at around 8.30am on Monday, we will travel by mini-bus via "The Farm" to beautiful Gerroa where we will spend 3 days soaking up the sun and learning to surf. We will be staying at 7 Mile Beach Caravan Park in the "Surf Shaks", just 100m from Gerroa beach. Surf lessons will be conducted by "The Pines Surf School" and we will have lessons on each of the three days at "The Farm". On Tuesday evening we will travel to Kiama for ten pin bowling, pizza and ice cream in the park. We leave for home on Wednesday, travelling to "The Farm" for our final surf in the morning and then on to Albion Park McDonalds for some lunch before arriving back at school around 3.00pm in time for school buses. As well as surfing and lazing in the sun other activities available: The Jumping Pillow, Mini Tennis, Backyard Cricket, and pool activities.







### What is included in the cost?

- 1. Travel to and from Gerroa, to and from beach each day for Surfing and to Kiama and Albion Park for Pizza and Ten Pin Bowling
- 2. Accommodation for 2 nights at Gerroa in Surf Shaks
- 3. All surf lessons and equipment (surfboards, rashies, wet suits etc.)
- 4. Dinner on Tuesday evening
- 5. Ten Pin Bowling on Tuesday afternoon
- 6. Students will be required to supply their own food and drinks for all other meals other than the Tuesday evening. Students should also have money to purchase McDonalds on the way home.

  Get in quickly because Surfing @ Gerroa is always a popular choice!

  FOOD: Students need to provide own food and drinks. Dinner provided on Day 2.

### **Bush, Beach + City Adventure**

Day 1: Explore the Royal National Park close to Sydney and camp overnight at the beach with your friends. Swim in a local water hole and have dinner out at a waterfront restaurant.

Day 2: Catch a ferry across for stand up paddle boarding in Cronulla then head to the movies, have unlimited games at Timezone then have some free time to shop at Miranda Fair.

Day 3: Pack up camp and back into the bush to discover another pristine waterhole for a swim before heading home via Mcdonalds.

Reserve your spot now for the ultimate getaway.







### NOTE:

A level of fitness and swimming capacity will be required for hiking and swimming activities

Both cooked breakfasts and restaurant dinners included in cost - bring or buy your own lunches

Cinema ticket and 1.5 hour unlimited games at timezone included in cost A tent or swag will be needed. They can also be shared with other students if arranged. Single person tents can be purchased for \$15 if needed. All sleeping arrangements will be discussed in detail through our regular meetings before the activity.

### Harbour Time



Are you a fan of Sydney? Would you like to spend time on Sydney Harbour?

Then Harbour Time is for you!

WHAT YOU'LL DO:

- stay at the YHA Sydney Harbour which has stunning rooftop panoramic views that include the Opera House and Harbour Bridge
- spend an afternoon at beautiful Manly
- visit Luna Park with an unlimited rides pass
- go on a thrilling jet boat ride experiencing spins, speed, thrills and fish-tails
- see behind the scenes of the Sydney Opera House
- have dinner at the Rocks





• All travel will be by public transport so you'll need an Opal Card.

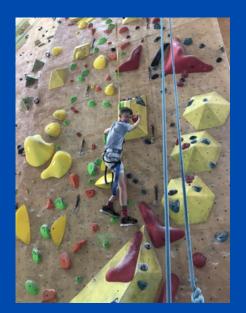
### **FOOD**

You'll need to provide your own lunch each day
Your breakfast (days 2 & 3) and dinners (days 1 & 2) will be provided.



### Adrenaline Kicker





Do you want to experience 3 days of action-packed fun trying new activities that you normally would not get the chance to do? Look no further! Adrenaline Kicker is a 3-day excursion where we have action packed fun and do adrenaline based activities.

Get ready to lose the feeling of gravity as you iFly through space, the deafening roar of engines as you accelerate around on a go kart at up to 70km per hour and finally, climb, climb, testing your strength and agility.

Leaving school each morning around 7:30 - 8:00am, we will begin an action packed, adrenaline pumping three days:

Mind blowing Monday at iFly Penrith

Ever wanted to be Superman for a day? Turn and twist in a wall-to-wall airflow that is indistinguishable from freefalling – just like a 14000 ft sky dive. All fun without the plane!

Terrifying Tuesday at Picton Go Karting

30 minutes of gasoline guzzling rev-headed riding as you slide your go-cart around the twisting turns on one of Sydney's best outdoor karting track and experience adrenalin racing like never before.

Explore climbing walls at one of the biggest gyms in Australia, challenge yourself, challenge your friends and climb, climb, climb!

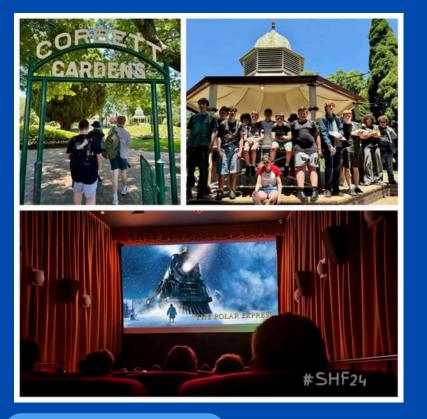
Lastly, Rock climbing on Wednesday at Villawood.

FOOD: Students need to provide own recess and lunch for two days we provide lunch on one of those days.

# Southern Highlands Fun

Fun in the Highlands for 3 days on a budget is our challenge. If you like going to the movies, ten pin bowling and swimming all at a relaxed pace then this is the activity for you.

We will utilise public transport such as trains and buses to reach our destination as well as our feet.





Day 1 - Ten Pin Bowling includes games, shoe hire and putt putt course. Mittagong Market Place shops and back to Moss Vale in the afternoon.

Day 2 - The latest movie at Bowral cinema and taking in the shops for a café break before heading back home on the train.

Day 3 - Swimming at Moss Vale Pool. Float around and enjoy the company of friends. Relax in the afternoon back at school with DVDs and popcorn.

Transport/walking if weather is fine. You will need to provide your own opal card and money for food and drinks or supply your own packed lunches each day.

FOOD: Students need to provide own recess and lunch each day.



# Art and About

Students who love to be creative are given the chance to have a real visual arts experience at the Art Gallery NSW, Ngununggula and the Art Studio at school.



### Day 1:

Students will travel to Sydney by train (ensure your Opal Card has adequate funds available) to take part in a visit to AGNSW. They will be inspired by artworks and landscapes, sketching and taking photographs. Bring food/drink or money to buy lunch in Sydney. (8.15 am - 6.10pm)

### Day 2:

Ngununggula Regional Gallery: Students will spend the day viewing artworks in the gallery and drawing in the grounds of Retford Park, Bowral. Students will need to meet and be picked up from the gallery by parent/caregiver or authorised person. Bring food &drink. There are limited food choices at Ngununggula. (10am - 3pm)

### Day 3:

An S&S art supply representative will spend the morning demonstrating art materials and techniques here at school. Each student will receive their own sample bag of art materials supplied by S&S. The afternoon will be spent developing ideas and experimenting with art materials for an artwork based on Days 1 and 2. (9am - 3:20pm)

FOOD: Students need to provide own recess and lunch each day, the canteen WILL NOT be open during Activity Week.

### Foodies Paradise



Do you love food and would like to experience the amazing foodie culture Sydney has to offer? Then this activity is for you.

We will leave the Southern
Highlands each morning as we
take day trips to various areas
of Sydney with amazing food
experiences to broaden your
horizons and tastebuds.

Experience fresh Vietnamese cuisine in Campbelltown and a game of ten pin bowling, an eclectic mix of restaurants in the heart of Newtown as well as the trendy Korean BBQ of Lidcombe. You'll need a topped-up Opal card and a sense of adventure.





# Snacktivity



Over three days, students will enjoy a variety of local activities centred around delicious snacks and handson experiences. These will include eating some sweet or savoury crepes, a honey tasting to explore different flavours and learn about beekeeping, and a relaxing high tea experience. There will also be time for shopping and attending a cooking school, where students will learn to make edible Christmas gifts. The fun continues with a refreshing swim at the pool and a pizza lunch. A tasty mix of activities that combine food, creativity, and relaxation, exploring the Highlands and back at school in time for buses each day.





# Sports Plus

If you are sporty or like sports then Sports Plus is for you.

You will need to bring your lunch, water bottle and any snacks you require. Day 1 at Moore park you can purchase your lunch at the entertainment quarter.





Day 1

SCG and Allianz stadium tours at Moore Park Sydney.

Lunch at the Entertainment Quarter. HyperKarting in the afternoon.

Day 2 Golf driving range and Shanx mini golf at the Links in Shell Cove.

Day 3
Pickleball at Moss Vale Tennis Club.
Afternoon at Church Road playing sport and games to finish up.





### Yr7 Home & Away

Students attending this activity will experience 3 fun filled days that will include the following activities:

- Kingpin Bowling, Lasertag and arcade games. Lunch included (hot dog, fries and a drink).
- Movie at Event Cinema Macarthur. BYO lunch or purchase at the food court.
- Jamberoo Action Park. Lunch included (sandwich and a drink). Students will need to complete the swimming competency test to participate fully at Jamberoo Action Park. Students may bring a small amount of additional money to purchase snacks, drinks etc.

Students will leave the school each day by bus and return by bus.

FOOD: Students need to provide own lunch on Day 2. Lunch will be provided on days 1 & 3.





### Keeping It Local Yr 7

### Day 1

Tenpin Bowling Mittagong. Two games of bowling plus hotdog, fries and cordial package
Then on to FlipOut Mittagong for a 1 Hour jump





Day 2
Empire Cinema. Ticket plus popcorn and drink
Then on to Bowral Pool for a swim, BYO lunch or buy at pool

Day 3 Jamberoo. Ticket and Lunch



### Yr 8,9 & 10 Home & Away



Students attending this activity will experience 3 fun filled days that will include the following activities:

- Movie at Event Cinema Campbelltown. Popcorn and drink included. BYO lunch or buy lunch at food court.
- Kingpin Campbelltown. Bowling and Lasertag. Lunch included (hot dog, fries and a drink).
- Jamberoo Action Park. Lunch included (sandwich and a drink). Students will need to complete the swimming competency test to participate fully at Jamberoo Action Park. Students may bring a small amount of additional money to purchase snacks, drinks etc.

Students will leave the school each day by bus and return by bus.

FOOD: Students need to provide own lunch on Day 1. Lunch will be provided on Day 2 & 3.



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### Jamberoo River Rock

Day 1. Canoeing on the Kangaroo Valley River.

Day 2. Down to Nowra Tree Adventures alongside the Shoalhaven River. It offers several different climbs amongst the treetops, including a zip line, ladders and a few other challenges thrown in.

Day 3. Jamberoo Recreation Park – 'Where You Control the Action'. A full day at Jamberoo with lunch included. You will need your 'sun safe' swimmers and towel, plus hat, sunscreen, and solid shoes for the mountain slide. You may also wish to bring some money to purchase food at the park.

FOOD: Students need to provide own recess and lunch on Day 1 & 2. Lunch will be provided on Day 3.





### High Flyers & Trail Riders

Day 1: Zip line tour at Illawarra Fly. Officially the highest Zipline tour in Australia, the Zipline involves flying on elevated cables, bridges and tree platforms all 35 metres above the ground. Requirements for the Zipline minimum height of 105cm, must be under 117kg fully clothes, wear enclosed footwear.





Day 2: Horse Riding. Spend the day learning about horses and how to ride, while enjoying a ride through the bush and farm.

For the safety of each rider the current Weight Limit is 85kg to 90kg maximum.



Day 3: Foot Golf and Pool: Spend the morning playing foot golf and then relaxing in the pool for the remainder of the day.

Please bring recess and lunch each day. You may have the option to purchase lunch at the Illawarra Fly.

Please make sure you bring your water bottle each day.

Please dress appropriately for each activity.

### **Creative Crafters**

"When life gives you hands, make handmade"

If you are artistic, creative or perhaps want to avoid Christmas Shopping - then this is the activity for you. You will make a selection of different art and craft projects you can keep for yourself, or gift if you choose. Think painting, macrame, jewellery making and much more. This activity will be based at school within normal school hours.





FOOD: Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3.

The canteen will NOT be open during Activity Week.

The cost of the activity will cover all supplies.

### Movies



For activity week this year Moss Vale High School will be going to switch things up, with students being able to select the movie selection. All movies must be PG rated to be enjoyed by students of all ages.

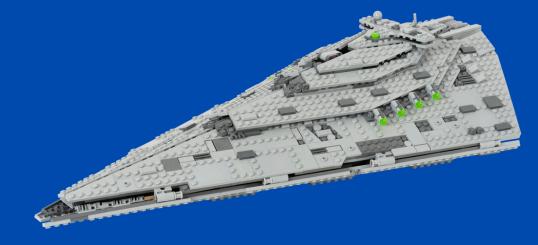
Students can sit back and view the films in the comfort of our mini-theatre.

FOOD: Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.



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# Lego





Are you a Lego Master? Could you build the strongest bridge, the highest tower, or the cutest animal? Do you have a Lego set still sitting in its box at home, ready to be built? Does the idea of a few days with Lego sound great? If you answered yes to any of these questions, The Lego Activity might be for you!

### Day 1:

Today we will commence our Lego challenges. You will be challenged to build the strongest bridge, the tallest tower, and the cutest animal. After lunch we will watch the Lego Movie.

Days 2 and 3: Free choice building. These are the days to bring in your own Lego sets to build, or let your creative mind go free with your Lego blocks. We can also explore making stop-motion animation films with our Lego builds. We will watch some episodes of Lego Masters as we build, before watching Lego Movie 2 and The Lego Batman Movie in the afternoon sessions.

Students will need to bring their own Lego.

FOOD: Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.



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# Cooking up a storm





If you love eating yummy food, then Cooking up a Storm is the activity for you. Over three days you will cook an array of fantastic food.

Each day you will cook your lunch and recess, some examples of what you will cook are homemade pizza, sticky chicken drumsticks, gourmet burgers, home-made chips, crunchy noodle salad and garlic bread. You will also make drinks including mega shakes and spiders.

In the afternoons you will make a variety of sweet dishes which may include gingerbread, chocolate raspberry brownies, rocky road and Christmas goodies





# Science & Engineering Challenge

If the realm of science beckons to your curious spirit, delve into engineering and problem solving this activity week.

This experience will unveil the secrets of crafting mechanical marvels. Engage in a myriad of captivating scientific explorations. This adventure unfolds within the confines of the school grounds.

Remember to bring your own provisions for nourishment each day, as you embark on this journey of discovery. The canteen will NOT be open during Activity Week.





### **Sports and Games**

If you want to stay at school and play all the sports you want then this is the activity choice for you. Choose from any number of sporting games.

Challenge yourself with a sport you have not yet tried. Get more practise at a sport you already know.



Join the exciting adventure of sports and games! Round up your crew and opt for days of fun and bonding with Sports and Games.

FOOD: Students need to provide own recess and lunch for Days 1 & 2; recess and lunch will be provided on Day 3. The canteen will NOT be open during Activity Week.



If you enjoy playing games and want to stay at school, this activity is perfect for you. You can select from a variety of games and challenge yourself by learning something new.



# Quilting

Come along with your supplies and create your very own quilt to curl up on the couch under.

Spend the three days cutting, playing with your colour choices and piecing together a quilt.

Cost – Free \*

Requirements to bring along:

Materials:

10 fat quarters, a charm pack of quilting fabric. (100% cotton)

3 metres of backing fabric
½ metre of binding fabric

Matching thread (Cotton – if having trouble choose a

light grey)

3 metres of quilt wadding (cotton or bamboo) 1 Pack of curved safety pins

Bring your own lunch, Recess and a water bottle.







### **London & Paris Adventure**

THE LONDON & PARIS ADVENTURE IS A FREE ACTIVITY
THAT WILL ONLY RUN IF THE PROPOSED LONDON & PARIS
EXCURSION GOES AHEAD.

WHILE IT IS DESIGNED FOR STUDENTS ATTENDING THE 2026 LONDON & PARIS EXCURSION, ANYONE IS ALLOWED TO JOIN IN.

YOUR ADVENTURE WILL INCLUDE:
• PLAYING GAMES TO GET TO KNOW YOUR FELLOW
TRAVELLERS.

• RESEARCHING THE SIGHTS OF LONDON AND PARIS THAT YOU WILL SEE UP CLOSE.

· LEARNING SOME FRENCH.

• TAKING A VIRTUAL TOUR OF THE TATE MODERN AND LOUVRE TO SUSS OUT ARTWORK YOU WANT TO SEE WHEN YOU'RE THERE.

 WATCHING MOVIES SET IN LONDON AND PARIS.
 CREATING KAHOOTS TO TEST EVERYONE'S KNOWLEDGE OF LONDON AND PARIS.

AS IT IS A FREE ACTIVITY, STUDENTS WILL NEED **TO BRING**THEIR OWN RECESS AND LUNCH.





