

CANTEEN MENU FOR TERM 4

Order online at Flexischools.com.au

Cut off for orders 9am

✓ Recess Specials can be ordered for Lunch

✓ Burgers can be ordered EVERYDAY

✓ Come and ask us ... if you'd like something tailored or Gluten Free, just ask one of our friendly canteen ladies

DRINKS

300ml Chocolate & Strawberry Milk \$2.50

500ml Chocolate, Strawberry

Vanilla Malt & Banana - \$4.50

250ml HF Apple, Apple Blackcurrant \$2.50

250ml HF Orange Juice \$3.00

Up n Go Chocolate & Vanilla \$3.00

300ml Oak Iced Coffee \$3.00

600ml Water \$2.50

Slushies \$2.50

Glee Drinks \$3.00

CANTEEN MENU FOR TERM 4

MONDAY

Breakfast - Ham & Cheese Croissant - \$3.00

Yoghurt & Custard Cups - \$2.00

Vanilla & Strawberry Milkshakes - \$3.00 pre-order

Recess - Mini Pizzas - Meatlovers/ Hawaiian - \$5.00

Lunch - Fish Fingers & Chips OR Chicken & Chips - \$5.50

TUESDAY

Breakfast - Ham & Cheese Toasties - \$3.50

Yoghurt & Custard Cups - \$2.00

Vanilla & Strawberry Milkshakes - \$3.00 pre-order

Recess - Mac & Cheese - \$5.00

Lunch - Taco Tuesday - Taco Shell or Wrap x2 - \$6.00

WEDNESDAY

Breakfast - Hash Browns - \$3.00

Yoghurt & Custard Cups - \$2.00

Vanilla & Strawberry Milkshakes - \$3.00 pre-order

Recess - Chicken Schnitzel Wraps - \$5.50

Lunch - Butter Chicken (new recipe) - \$6.00

THURSDAY

Breakfast - Ham & Cheese Rolls - \$3.00

Yoghurt & Custard Cups - \$2.00

Recess - Vietnamese Chicken & Noodle Salad - \$5.50

Lunch - Chicken Kofta & Rice/ Burritos - \$6.00

Garlic Bread - \$1.50

FRIDAY

Breakfast - Hash Brown - \$3.00

Yoghurt & Custard Cups - \$2.00

Recess - Teriyaki Chicken Noodle Salad \$5.50/Pizza Bread \$5

Lunch - Parmi & Chicken Burgers - \$6.00

Beef Burgers - \$6.00/ Garlic Bread - \$1.50

EXTRAS

Poke Bowl - - Chicken Schnitzel & Salad - \$6.00

Ham & Salad - \$6.00

Garden Salad & Egg - \$5.00

Hommus & Vegetables - \$6.00

Salami Nibbles Pack - \$6.00

Half Vege or Vegan Wrap - \$4.00

Chicken Caesar Wrap - \$6.00

Tandoori Wrap - \$5.50

Muffins - \$2.50

NEW Honey Soy Chips - \$2.00

Juicies - Wildberry or Lemonade - \$2.00

SANDWICHES & ROLLS

Chicken Caesar Roll or Wrap	\$6.00
Chicken Lettuce & Mayo Roll or Wrap	\$5.50
Ham or Chicken & Salad Roll or Wrap	\$6.00
Ham & Cheese Sandwich	\$4.00
Cheese & Tomato Sandwich	\$3.50
Ham, Cheese & Tomato Sandwich	\$4.50
Egg & Lettuce Sandwich	\$4.00
Cheese & Salad Roll or Wrap	\$5.00
Ham & Salad Sandwich	\$6.00
Chicken Schnitzel Roll or Wrap	\$5.50
Warm Tandoori Wrap	\$5.50
Ham Special (tomato relish, baby spinach Ham & brie) Roll or Wrap	\$6.00
Chicken Special (fruit chutney, lettuce, Poached chicken & brie) Roll or Wrap	\$6.00

All pies - \$5.00

Sausage Rolls - \$4.00

Tomato & BBQ Sauce - 50c