

## **Breakfast**

Cheese Toastie (everyday)- \$3.00

Ham & Cheese Toastie (everyday) - \$4.00

Ham, Cheese & Tomato Toastie (everyday) - \$4.50

Ham & Cheese Roll (everyday) - \$3.00

Hash browns (Wednesday & Fridays) - \$3.00

Ham & Cheese Croissant (Wednesday) - \$3.00

## **DRINKS**

Chocolate, Strawberry & Banana Milk 300ml - \$3.00

Chocolate, Strawberry, Vanilla Malt & Banana Milk 500ml - \$4.50

Up & Go (chocolate & vanilla) 250ml – \$2.50

Apple or Apple Blackcurrant juice 250ml - \$2.50

Orange Juice 250ml - \$3.00

Iced Coffee 300ml - \$3.00

Water 600ml - \$2.50

Glee 250ml - \$3.00

Hot Milo 250ml - \$2.00

Hot Chocolate 250ml - \$2.00

**Everyday Items (can be ordered for recess or lunch)**

**Sandwiches, Rolls & Wraps**

Cheese & Tomato - \$3.50

Ham & Cheese - \$4.00

Egg & Lettuce - \$4.00

Chicken, Cheese & Mayo - \$4.50

Ham, Cheese & Tomato - \$4.50

Cheese & Salad Roll or Wrap - \$5.00

Chicken, Lettuce & Mayo Roll or Wrap - \$5.50

Ham & Salad in Roll or Wrap - \$6.00

Caesar Salad Roll or Wrap - \$6.00

Warm Tandoori Wrap - \$6.00

(baby spinach, tomato, cucumber, chicken, tandoori & yoghurt)

Warm Chicken Schnitzel Wrap - \$6.00

(cheese, lettuce, schnitzel & mayo)

Warm Chicken Schnitzel Roll - \$6.00

Ham Special on a Roll or Wrap - \$6.00

(baby spinach, tomato relish, ham & brie)

Chicken Special on a Roll or Wrap - \$6.00

(lettuce, chicken, fruit chutney, brie)

## **SALADS**

MEDIUM SIZE \$5.50

LARGE \$7.50

Caesar Salad with Chicken, Ham, Egg & Parmesan

Greek Salad with Meslun, Cucumber, Tomato, Olives & Fetta

## **PASTAS**

Bolognese Penne - \$6.00

Italian Meatballs with Penne - \$6.00

Pesto Penne - \$5.50

Home Made Lasagne - \$6.00

## **PASTAS – GLUTEN FREE**

Bolognese Penne - \$6.00

Italian Meatballs with Penne - \$6.00

Pesto Penne - \$6.00

Home Made Lasagne - \$6.00

## **Everyday Items – Hot Food (can be ordered for recess or lunch)**

Ham & Cheese Roll - \$3.00

Ham & Pineapple Pizza Bread - \$5.00

Potato Wedges w Sour Cream & Sweet Chilli (or Gravy) \$5.00

Chicken Tenders & Chips - \$5.50

Chicken Schnitzel & Wedges (with or without gravy) - \$6.00

Hot Potato with Bolognese - \$5.50

Hot Potato with Ham & Cheese - \$5.50

Hot Potato MAKE YOUR OWN TOPPING -\$6.00

Mac & Cheese - \$5.50

Butter Chicken - \$6.00

Garlic Bread - \$1.50

Burritos - \$6.00

Chicken Fried Rice - \$5.50

Cheesy Taco Pasta - \$6.00

Sweet Chilli Chicken Swaps - \$5.50

Mongolian Ground Beef Noodles - \$6.00

Chicken Nuggets & Wedges - \$5.50

Chicken Enchilada - \$6.00

### **Pies & Sausage Rolls**

Traveller Beef Pie - \$5.00

Traveller Beef & Pepper - \$5.00

Beef & Potato Pie - \$5.00

Sausage Roll - \$4.00

Party Pie - \$1.00

Spinach & Ricotta Sausage Roll - \$4.50

Tomato Sauce \$0.50c      BBQ Sauce \$0.50c

## **BURGERS**

Chicken Burger - \$6.00

(lettuce, carrot, cheese, mayo & chicken pattie)

Chicken Parmi Burger - \$6.00

(lettuce, cheese, salsa, mayo & chicken pattie)

Peri Peri Burger - \$6.00

(lettuce, tomato, peri peri sauce & chicken pattie)

Beef Burger - \$6.00

(lettuce, tomato, beetroot, carrot, onion, cheese & beef pattie) with  
tomato or BBQ sauce

Vege Burger (lett, tomato, onion, fetta and salsa w vege pattie) - \$6.00

Cheese Burger - \$5.50

(lettuce, cheese, beef pattie with tomato or BBQ sauce)

**\*\* Please note you can add or take anything off the burgers when  
ordered \*\***

## SNACKS

Custard or Yoghurt (plain, w berries or w muesli) - \$2.00

Hommus or Salami Nibbles Packs - \$6.00

Muffins - \$2.00

Honey Soy Chips \$2.00    Sea Salt Chips \$2.00    Grainwaves \$2.00

Pretzels \$2.00

Mandarin - \$1.00    Apple - \$1.50

Fruit Ice Block \$1.00

Twisted Frozen Yoghurt Strawberry or Chocolate w Vanilla \$2.50

Ordering can be done online at [flexischools.com.au](https://flexischools.com.au) or please come to  
the Canteen Counter and order **before 9.00am**

CANTEEN STAFF: CAROLYN, KRISTY, CHRISTINE & KATE

**PROUDLY RUN BY MOSS VALE HIGH SCHOOL  
P & C ASSOCIATION**