

Moss Vale High

P. O. Box 137 Moss Vale 2577
Tel: (02) 4868 1717 Fax: (02) 4868 2787
"Innovation, Opportunity, Connection
Inspiring Success"

E-mail: mossvale-h.school@det.nsw.edu.au

Respectful, Safe and Responsible Learners

15 November 2013

Term 4 Gold Award Winner



Congratulations to Laura Mulcahy, Year 9, the first Gold Award winner for Term 4, 2013.

Students Making A Difference

All the Merit Award winners for Term 4, 2013

As listed in Deputy Principal's report, page 4

Principal's Report

Student Representative Induction

This week our school held its annual induction of our SRC students and school captains. This was a very special school assembly which was attended by a number of parents. It was a very proud moment for us all to see our new school captains, **Jayden Cubit**, **Matthew Sainsbury-Dale**, **Georgia Finlayson** and **Rhiannon Young** be inducted along with all the other members of our new SRC.

We wish them well in their new roles.

Remembrance Day

As part of our school formal assembly we also took the time out as a school to remember, honour and pay our respects to all our service men and women as part of our Remembrance Day commemorations. Our school was also represented by students and staff in our community commemorative ceremonies.

It is so vitally important that we as a school take the time to remember and thank our service men and women for the sacrifices that they have made in making Australia the wonderful country to live in that it is.

Showing Respect and Responsibility

As we would be aware our school has and continues to achieve much success through our work with the Positive Behaviour for Success initiative. The PBS initiative is focussed on three very strong expectations of being safe, responsible and respectful learners. It is these values when demonstrated so consistently by our students that make us so very proud.

Last week I was informed that one of our Year 9 students, **Catherine Elliott** had been part of the Pantene Beautiful Lengths program. Catherine's involvement in this program meant that she had 27cm of her hair cut and that the hair cut off could then be used to help make wigs for those people who unfortunately suffer from cancer.

What a wonderful program and how wonderful it was to see a student from Moss Vale High School show how much she cares about other people by participating in this program. It is this respect and responsibility displayed by our students that make us so proud of our young people. Well done Catherine!

Eye for Success - Michaela Casson

Last week I was also alerted to the fact that one of our Year 10 students, **Michaela Casson** is a champion darts player. **Michaela** has been selected to participate in a national competition in January in Perth. What an amazing achievement! This achievement for **Michaela** is made all the more special by the simple fact that she has only been playing darts since March of this year. **Michaela** has credited much of her success to the support she has received from her Grandmother and is looking forward to pursuing her interest in the sport in the coming months and years.

All of us here at Moss Vale High School wish **Michaela** every success in her trip to Perth in January.

School App

Our school is embarking on a new way of communicating within our school community through the use of a smartphone App. Don't forget to download our school app from your app store – its free!

The app has links to the school website, the latest school newsletter, a function to email absentee notes through to the school and a message board that will alert and remind people who have the app of events that are happening at the school.

Download the Moss Vale High School app today!

Peter Macbeth Principal

Moss Vale High School 'App'

Dear Parents and Carers

Great News! Our school now has a mobile phone app. What's that, you may ask? This is an application that runs on Smart Phones and Tablets and gives you instant access to our school information when you click on it, 24/7.

The app will give parents the ability to instantly access school newsletters without going to the website, and to send in a note explaining student absences, electronically!

We will be sharing many of the other features with you over the coming weeks, but for now download it to your smartphone or tablet device by going to

either the Apple App Store or Android Google Play Market and searching for our school name – Moss Vale High School. Once you have found it press Install or Download. It's Free!

Peter Macbeth Principal



How to install our app

On Apple

- On your iPhone open the app store
- Search for our schools name
- Press Install
- Enter your iTunes password
- It will commence downloading immediately

On Android

- On Your SmartPhone open the Android/Google Play market
- Search for our school name
- Press install
- Your app will start installing instantly

To Open Our App

- Look for our schools app icon on your phone screen
- Press the icon once
- It will open automatically
- When prompted select yes to receive notifications and use your location (this will make sure the google maps and pop-up alerts work for you)

Having Trouble?

- Shut down the app and or your phone to refresh the phones memory
- Uninstall your app and reinstall it
- Contact support@activeschoolapps.com.au for help within 24 hours



Deputy Principal's Report

Merit Awards

At our last assembly we had over 150 students who received awards within the school's Merit System. This is indicative of how well our Positive Behaviour for Success program is working and that our students are working well in a range of areas within the school community. In particular, I would like to congratulate the following students for achieving the major awards of Bronze, Silver and Gold in the Merit System this term:

Bronze Award recipients who have accumulated 320 Vivo points-

Margaret Fitzgerald, Year 7, Amy Fitzgerald, Year 7, Kayla Steward, Year 7, Leah Drayton, Year 7, Samantha Goodacre, Year 8, Laura Mulcahy, Year 9, Alix Harper, Year 10, Charlotte Fitzgerald, Year 10, Briana Handley, Year 9, Melanie Aitken, Year 11, Rachel Goodacre, Year 11, Samantha Drayton, Year 9, Stefanie Clifton, Year 9, Regina Jenkins, Year 10, Nick Stanmore, Year 10, Megan Mulcahy, Year 7, Rebecca Heyhorn, Year 7, Luke Webb, Year 8, Rebecca Coulter, Year 8, David Sims, Year 8 and Andrew Zveglic, Year 7.

Silver Award recipients who have accumulated 480 Vivo points-Olivia Yearsley, Year 8 and Laura Mulcahy, Year 9.

Our Gold Award recipient for this term on 640 Vivo points is Laura Mulcahy, Year 9.

Congratulations to all of our award recipients who are doing great work in the classroom, in the community, on the sporting field, in volunteering and in the Creative and Performing Arts.



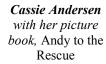
Merit Award winners

Year 7 Picture books

Year 7 English students have been working

on analysing the narrative and visual literacy of picture books. Their assessment task this term was to design and create their own picture book for their target audience and most of the students did an outstanding job on this task. I would like to make special mention of **Cassie Andersen** from Mr Vasilakis' class for her excellent picture book, *Andy to the Rescue*. Andy is an ant who takes on the brave task of rescuing his two ant friends who have been taken by a large bull ant. Cassie's narrative and illustrations were outstanding and deserving of an impressive grade.

Patricia Holmes Deputy Principal



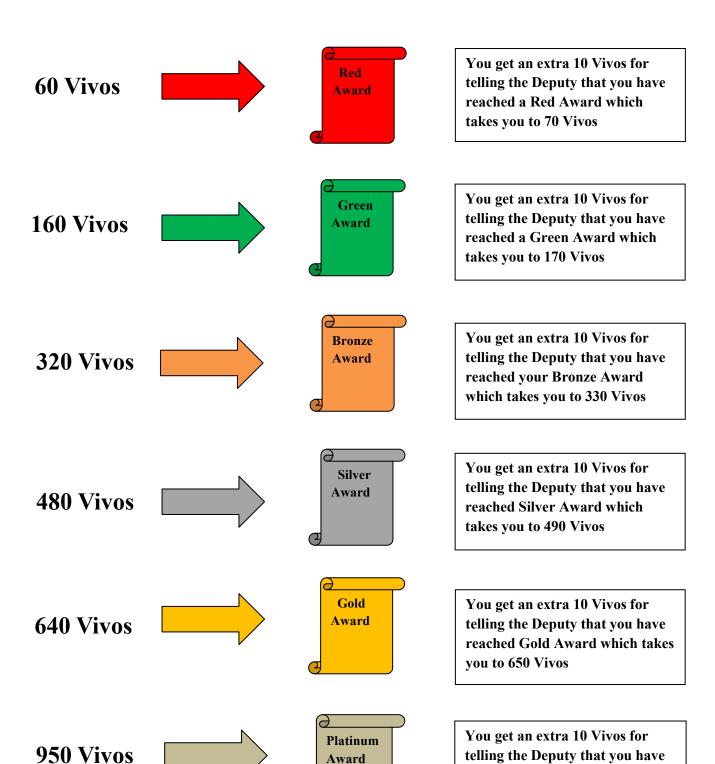




Moss Vale High School Merit System



VIVO



reached Platinum Award which

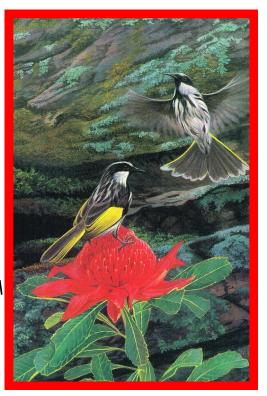
takes you to 960 Vivos



50th BIRTHDAY ANNIVERSARY MAGAZINE

History of our school , overview year by year

Limited Edition: Copies available from Moss Vale High School Front Office



Memories from ex-students and staff

Photographs across the years

Moss Vale High School Cost: \$50.00

50th ANNIVERSARY GOLDEN YEAR DOUBLE CD

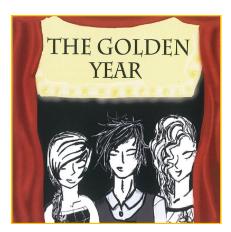
Stage Band

Student Compositions

Junior & Senior Vocal Ensembles

Staff Performances

Girls' Choir



Guitar Ensemble

String Ensemble

Brass Ensemble

Djembe Ensemble

Showcasing our school community's talents. \$10.00 from Front Office Our special 50th Anniversary Golden Year double CD with 33 songs composed / performed by past and present students, teachers and tutors.

Activity Week 2013 Information for parents relating to water activities.

As you know, Activity Week takes places this year between 16 and 18 December. There are many activities that involve swimming or water related participation.

DEC guidelines, however, require students to pass a Water Challenge test before participating in water activities. This test will be held at the new Moss Vale pool on 10 December. It requires students to complete the following.

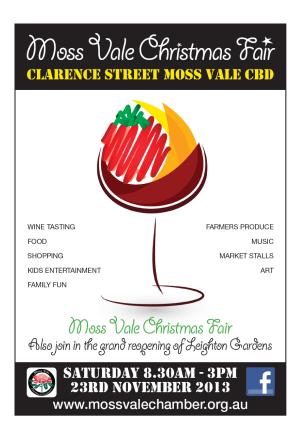
- Entry Slide in entry into shallow water and walk five metres.
 (Please note: This is the minimum benchmark for yellow wrist banded students).
- Survival Swimming 25m swim with recognisable strokes.
- Survival Sequence Scull, float or tread water for 1 minute, call out for help once.
- Exit Exit the water unassisted.
- Rescue Sequence Demonstrate a simple voice rescue.

Following completion of 'The Challenge' all students will be classified as either proficient swimmers or non-proficient swimmers. Proficient swimmers will be issued with a blue wrist band and will be deemed safe to participate in the aquatic activity. Non-proficient students will be issued with a yellow wrist band and can participate in shallow water activities.

Students must wear these bands for the duration of the water activity.

Please note, this applies to all school excursions





TO: MOSS VALE HIGH			NOTE OF ABSENCE			
Date :	Addr	ess :			-	
Roll Class :	Year :				-	
	ence of my son/daughter:				-	
	ubsent :				-	
_	ence/s (this reason must be spe	_	ne/she was sick") :			
	SHOOFS (this reason must be spe	ecine, noi just in	e/sile was sick) .		_	
Parent Name:					_	
			Date sent:	 		
					_	
TO: <u>MOSS</u>	VALE HIGH		NOTE OF ABS	<u>SENCE</u>		
Date :	Add	ress :			_	
					-	
Roll Class :	Year :					
Please excuse the abs	sence of my son/daughter	:				
					_	
	absent :				_	
	sence/s (this reason must be sp		he/she was sick"):			
					_	
Parent Name:						
Parent Signature:			Date sent :			
	CHANGE OF ADDRE	SS / CONTA	ACT DETAILS			
NAME :	R	oll Class :	Year :	OFFICE USE O	NLY	
NEW ADDRESS:			. PO BOX	CHANGED C	ON	
				LIXIN		
New Phone No's : Home : Work (M):						
` ,	Work (F) :		• •	REPRINTED		
Eiuaii:				BUS Co NOTIFIED		

Do you currently have a bus pass?

DATE YOU CHANGED ADDRESS:

PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH:

NOTE: A new bus pass application must be completed when a student has: a change of address, a change of name, change of school, change of details or comes under joint custody.

RECEIVED NEW BUS FORM

SCHOOL ZONE 8-9³⁰ 2³⁰-4_{PM} SCHOOL DAYS

School Zone Safety, it's about time

Help keep children safe in local school zones.

Drive 40km/h on gazetted school days between 8.00 - 9.30 am and 2.30 - 4.00pm.

Speeding contributes to more deaths and injuries on Wingecarribee roads than any other driver behaviour.

Speeding was a factor in 34% of all road crashes in Wingecarribee during 2011.

The NSW average was 18%.

54 people were injured or killed in these speed related crashes.

SLOW DOWN Help reduce the road toll.

Exceed the speed limit in a school zone, \$521 minimum fine. Plus 4 demerit points.

Use a mobile phone in a school zone, \$397 fine. Plus 4 demerit points.







Four ticks towards safer school zones
YOU CHOOSE......

- 1. Am I driving in a school zone?
 - ? 🗸
- 2. Is it school zone time?
- \checkmark
- 3. Have I checked my speed?
- \checkmark
- 4. Am I driving 40km/h or under?



A big thank you for keeping school zones safe

SPEED BUSTERS - In a school zone near you.

Variable speed signs will be temporarily installed in local school zones.

The signs advise motorists of the speed they are travelling, helping to highlight school speed zone times and improve driver behaviour.

An intiative of Wingecarribee Shire Council's Road Safety Officer supported by Roads and Maritime Services

Wingecarribee Shire Council working with you, for safer school zones

For more information, Call Council's Road Safety Officer on 02 48680809



Your choice Your furn

Are you interested in a career in floristry?

Then enrol in a Certificate II in Skills for Work and Training in Semester 1 2014



If you love working with fresh flowers to create designs to take home for all to admire then enrol in an introductory course in floristry. You will learn to construct arrangements, using a variety of styling techniques, and gain skills to enable you to work in the industry.

You may also have the option to articulate into a Certificate III in Floristry.

When: Semester 1, 2014 Where: Moss Vale Campus

Attendance: Mondays 10:00 am to 5:00 pm Cost: A weekly cost for fresh flowers will apply

TAFE Illawarra, Moss Vale Campus will be holding a Choices Day, Thursday 7 November 2013 3:00pm – 6:00pm. The session will provide information relating to courses and services, as well as the online enrolment process.

Contact: Fran Beck, Outreach Coordinator, Goulburn Campus on 4823 1913 or Di Heffernan on 4261 3744

261 3744.

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BOWRAL SWIM CLUB

Bowral Swimming Centre Bong Bong Street Bowral bowralswimclub@gmail.com PH: 0418 326 442

Bowral Swimming Centre opens for the 2013/2014 season on Saturday 2nd November

Swim Club Squads begin on Monday 4th November Group stroke correction & endurance training Race and school carnival training Accredited coaches

Junior Squad -

must be able to swim 25m and have an understanding of all 4 strokes

Mon - Wed - Thurs - 5pm to 6pm

Intermediate Squad - must be able to swim 50m and be

be able to do all 4 strokes Mon - Thurs - Fri 6am to 7.15am Mon - Wed - Thurs 5pm to 6.15pm

Senior Squad

- must be good swimmers as they will be swimming laps in 50m pool Mon - Thurs - Fri - 6am to 7.15am Mon - Wed - Thurs 5pm to 6.15pm

Learn to Swim also available on Monday afternoons

Please email the Club for application forms



HIGHLANDS Family Centre Newsletter - TERM 4

HIGHLANDS FAMILY CENTRE

The Highlands Family Centre is a Family Service Hub that provides a safe place where local residents can access a variety of support services, participate in activities and programs, develop skills and build networks, meet in a safe place where their children can play and develop positive peer support

The Highlands Family Centre gives members of the community a safe and caring environment where they can meet people with common interests, make new friends and learn new skills.

ROOM HIRE

The following space is available for hire to community groups:

- > Training Room
- ➤ Counselling Room
- > Child Play Group Room
- Great Outdoor Space for small events (fully fenced)

FACILITIES INCLUDE:

- > A Kitchen
- > Two accessible bathrooms,
- Training Resources— Projector/Screen/White board, pens & duster /TV & DVD

NEWS FLASHI

Is your Organization looking for Office Space?

WE have an Office available for rent now.....

About the Office

The office space is 3.6 metres \times 3.2 metres, and includes a small kitchen sink/cabinet. In addition, this office has its own bathroom and a small Storage area.

Benefits of having an office space in the Highlands Family Centre include:

- ♣ Situated in a Family Service Hub
- Free Marketing via the 'Highlands Family Centre' Term Newsletter
- Prime signage space for your organisation to advertise your business
- Opportunities to participate in Centre 'open days' & other community activities

Don't miss this opportunity - Call NOW

The Highlands Family Centre is administered by Wingecarribee Family Support.

For further enquiries, please phone Wendy Den on: 4862 1777 or email wendy@wfss.org.au

There are a variety of activities & Services available at the Centre

Support Services currently operating out of The Highlands Family Centre include WFSS, a variety of Support Groups and Counselling.

TERM 4 ACTIVITIES:



Wingecarribee Family Support Service Activities

'Triple P' Parenting Program - Tuesdays Mam-170000

'A Way to You'- Wednesdays (Dam – 12noon This is a confidential group for women who have experienced or are experiencing domestic violence. With guest speakers and helpful discussion of the issues.

Play & Chat Supported Play Group -Thursdays 10am - 12 noon

Young Parent Group (including expectant mums & dads) - Fridays 10.00-12.00 noon

Free childcare provided for group participants on-site with early childhood workers – please ring to book your pace -48621777

Toy Library

The Goal of the Toy Library is to enhance the resources of organizations that provide services to children and families.

Contact Francine: francinebart@gmail.com

Support Groups



Men's Group - Tuesday evenings 7pm-9pm. Further enquiries phone Harry Koster: 0408 402 946 or David Del Sole: 4862 3595



ls coming to the Highlands Family Centre in 2014

Go4Fun® is a healthy lifestyle program for children aged 7 to 13 years to improve health, fitness, self-esteem and confidence in children above their ideal weight. Go4Fun runs during school term for children and their parents and includes games, activities, tips on healthy food, label reading and portion sizes, plus much more!

The next program will be running during Term 1, 2014, at the Highlands Family Centre



VINGECARRIBEE FAMILY SUPPORT — ACTIVITIES TERM 4. 2013

CALENDAR RUNS FROM 9th October to 3rd December. BOOKINGS PHONE 4862 1777. VENUE: Family Support 2 Holmhale St. Bowral (Cr Bowral St) unless otherwise stated. Phoning to book is appreciated as this helps us with planning. All activities are free of charge and all materials supplied

COMMUNITY WALKS FOR THE YOUNG & THE YOUNG AT HEART 10.00 am. start

Do you want to get motivated, get a sense of being part of the community and increase your fitness at the same time? Are you new to the area and want to meet people?

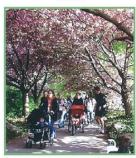
TUESDAY BOWRAL

With Mardi Start in the car park of Bowral Swimming Pool for the Cherry Tree Walk

THURSDAY MITTAGONG

With Mardi
Start at the corner of Helena

Start at the corner of Helena Street and the Old Hume Hwy opposite the Tourist Information Centre.



TUESDAY WORKSHOP 10.00-12.00 noon From 15th Oct to 3rd Dec

Free childcare provided for group participants on-site with early childhood workers – please ring to book your place

TRIPLE P PARENTING PROGRAM.

Led by Linda and Hannah

This program is aimed at practical answers to everyday parenting concerns, for families with children aged 2 to 10

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Men's Group Bowral Tuesday Nights 7pm-9pm

Further enquiries David Del-Sole 4862 3595 Harry Koster 0408402946



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WEDNESDAY WORKSHOP

10am-12.00noon From 9th Oct to 27th Nov

A Way to You

This is a confidential group for women who have experienced or are experiencing domestic violence. With guest speakers and helpful discussion of the issues.

With Ann.

AGM

Wingecarribee Family Support Service Inc will be holding its AGM on Oct 17th at 3pm Family Support have room on the Board of Directors for new members. Please let us know if you are interested.



THURSDAY PLAY & CHAT SUPPORTED PLAYGROUP

10.00-12.00 noon 10th Oct to 28th Nov

A playgroup setting, providing an opportunity to help further develop parent's skills and insight into the role of play in encouraging children's learning and social development. Early Childhood staff available for support and advice about your child's needs and any parenting, or other concerns you may have. Please bring a hat and piece of fruit to share.

FRIDAY YOUNG PARENT GROUP FOR ALL YOUNG PARENTS INCLUDING EXPECTANT MUMS & DADS 10am to 12noon

11th Oct to 29th Nov

Get together with other young parents, share info, experiences, support. Enjoy activities and learn about parenting, child development and relationships.

levelopment and relationships Guest speakers, outings and activities.

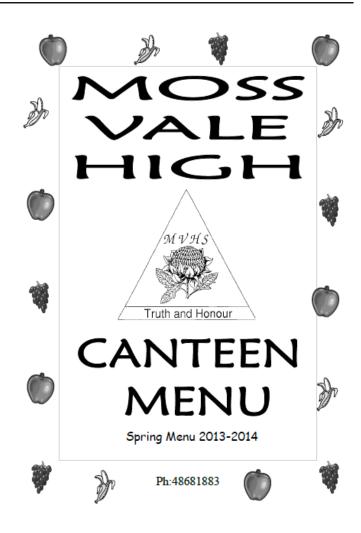
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LUNCH ORDER ITEMS



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Monday	Breakfast	Cheese & Bacon Roll	\$2.00	PREORDERED <u>BEFORE</u> 9AM	
,	Recess	Chicken nuggets & s/s sauce	\$2.70	Item	Price
	Lunch or	Hot Mexican/cheese chicken	\$3.50	Ham Salad Roll With the Lot	\$3.80
Lunch :		Roll		Caesar salad roll	\$3.80
	Lunch Special	Carbonara Pasta penne	\$4.00	Chicken lettuce & mayo roll	\$3.40
				Chicken Burger	\$4.00
Recess Lunch	Breakfast	Toasted sandwiches	\$2.00	Beef burger with the lot	\$4.00
			•	Hot chicken gravy Roll	\$3.40
	Recess	Lemon Chicken Wraps	\$3.00	Chicken Parmigana Roll	\$4.00
	Lunch or	Margarita/Meatloaves)		Cheesy meatball burger	\$4.00
			\$3.00	Hot Roast Pork gravy & chutney roll	\$4.00
	Lunch Special		\$4.00	Lasagne	\$4.00
				Cheese & spinach or vegetable Rolls	\$3.70
Wednesday	Breakfast	Cheese & Bacon roll	\$2.00	Chicken Nuggets 5 pcs	\$2.80
,	Recess	Nugget/Wedge Combo	\$2.90	Pizza Slabs: Hawaiian/ Marg/	\$3.00
				Supreme/ Meatlovers	
	Lunch or	Pizza Rounda	\$2.70	Pizza Rounda	\$2.70
	Lunch Special	Chicken or Beef burger	\$4.00	Chicken parma pie	\$3.00
				Pepper Steak Pie	\$3.00
Thursday	Breakfast	Ham & cheese Toasties	\$2.00	Small Recess Pie	\$2.70
	Recess	Hot chicken & cheese wrap	\$3.00	Small Sausage Roll	\$2.00
	Lunch or	Hot Dogs & Sauce	\$2.50	Large sausage roll	\$3.00
	Lunch Special	Asian meal (gluten free)	\$4.00	Large pie	\$3.80
				Potato pie	\$4.50
				Nugget & Potato Combo large	\$3.00
Friday	Breakfast	Hot Ham, cheese, egg wraps	\$3.00	Curried chicken & veg pie	\$4.50
	Recess	Large Pizza Bread	\$3.00	½ Garlic Bread	\$0.70
	Lunch Special	Lasagne & Garlic Bread or burrito's	\$4.00	Sauce Portion	\$0.20

Parent Online Payments Commencing 29 July 2013

What is QuickWeb?

- Secure online payment facility hosted by Westpac
- Accessed from the home page of the school's website
- \$Make a payment "button"



Visa or Mastercard credit or debit cards only accepted

Timing

- The payment must be made before 6pm for the school to receive the funds the next day. i.e. pay before 6pm on Monday, the school will have the funds on Tuesday morning.
- If the payment is after 6pm then there will be a delay of a day in the school receiving the funds i.e. pay after 6pm on Monday, the school will have the funds on Wednesday morning.

Entering payment details

- Student's name, class or year, date of birth
- Payer's name, contact phone & email
- Select what you want to pay for by checking relevant box
- Payment description must be accurate
- Payment amount must be completed
- Asterix * indicates a mandatory field

Payment description

- Voluntary Schools Contributions enter voluntary contribution
- Subject Contributions enter particular subject eg Maths
- Excursion enter excursion number (from excursion note) or name of excursion eg Opera House
- Sport enter number from permission note or name of particular sport eg Softball
- Creative and Performing Arts— enter particulars eg Dance, Drama
- Sales to Students enter item you are purchasing eg calculator, Waratah magazine
- Other eg P & C membership, Yr 12 formal or can be used to pay whole amount eg Fees 2013

Note: Permission notes still need to be completed and sent to school

Online payment receipt

- Print and/or Email you can change the prefilled email address if you wish
- Note the receipt number for your reference, and write this on any permission notes you are sending back to school.
- You do not need to send a copy of your receipt to the school

More than one student to pay for?



Separate payments need to be made for each student to ensure correct identification of student