



# Moss Vale High School

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“Innovation, Opportunity, Connection  
Inspiring Success”  
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*Respectful, Safe and Responsible Learners*

**17 October 2014**

## **Schools Spectacular**



Year 9 Hip-Hop boys, **Louis Economos** (sitting on rail), Josh Huggett, Elijah Wren and Liam Reed.

**Louis** was successful in gaining a place in this year's Schools Spectacular Hip Hop Ensemble.  
Congratulations, **Louis**.

### **Students Making A Difference**

Year 9

**Jamira Visser-Nathan**

*for recommending great books to read*

Year 11

**Gemma McRae**

*for having a great work ethic*

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# Principal's Report

## Farewell Mrs Williams!

This week will mark the end of an amazing career of a very special person. Our much loved and admired school librarian Mrs Maryanne Williams retires at the end of this week after a life time of supporting, educating and caring for students, staff and our school community.

Maryanne is an outstanding educator and the most amazingly positive person I know who we all admire and gain much inspiration from. The way Maryanne has operated the library for so many years has been outstanding and it is a hub of energetic positive activity each and every day at school.

I have witnessed so many occasions where Maryanne has shown amazing care, compassion and belief students and staff. Mrs Williams is such a considerate person who will always be part of Moss Vale High School.

Maryanne has an exciting future in front of her as she retires but we will all miss her so very much at our school and we look forward to celebrating not only a wonderful career but and amazing person at her farewell function next weekend! Maryanne – we will miss you and we wish you all the happiness in the world! You are a very special person!

## Looking forward . . an exciting term awaits!

I welcome all students, staff and parents back to an exciting term that we have in front us - the last term of 2014.

I encourage all students to make sure that they are at school each and every day of the week and on time so that they can take advantage of all the opportunities that come their way. Also I hope that they achieve their personal bests in all subjects in the various types of assessments that they will undertake this term leading to the issuing of their final year report!

I want all of us to make sure we focus this term and ensure that we make term 4 a term of achievement and success that we can celebrate together.

Let's make sure our school continues to go from strength to strength!

## Our Korean Adventure!

During the school holidays, I was lucky enough to be one of three staff members who took a group of 15 wonderful young people to Korea for 11 days. Wow – what an adventure! Whilst in Korea we saw many amazing things, met some special people, experienced the wonderful hospitality of Korea, ate some incredible food and learnt so very much!

I am sure that if not in this issue, but in the next newsletter there will be heaps of photos and more stories about our adventures in Korea and so I encourage you to look for this.

I want to thank the wonderful students and all the wonderful staff who made this trip such an incredible success!

I also encourage as many students as possible who are eligible next year to embrace this exchange program – it is an experience full of memories that will last a lifetime!

## Talk to me . .

I again encourage all parents to contact school and make time to come and see me and talk to me if I can help you in anyway with the education of your child. Education is a team effort and so if I can support, help and work with you – I look forward to it!

Let's continue to make our school great!

## Best Wishes - HSC Students!

As many people would be aware this week marks the start of the HSC examinations for our Year 12 students. It is a real pleasure for me on behalf of all our school community to wish each and every one of our students every success in their exams over the course of the next few weeks!

We all hope that they achieve their goals as they look forward to a very exciting future! We look forward to hearing of their results at the end of this school year!

Best Wishes to Year 12!!

*Peter Macbeth*  
*Principal*

## Deputy Principal's Report

### Samantha Drayton

Mrs Finlayson's Year 10 Science class participated in the 2014 International Science Poetry Competition and Samantha Drayton won first prize in the 15 Years + category. Samantha will be awarded with a prestigious trophy and all other students who entered will receive certificates from the organisers.

I have included her award winning poem below:

### Paper Plane Crafting

Looking studious and grave,  
My teacher sits and begins to rave,  
'Hypothesis, tests and rules,'  
She says, 'Scientists use lots of tools.'

There are endless mysteries  
Right here on earth and many stories,  
So why do we need to know,  
The planets to which we'll never go?

I wish she would talk about  
How farmers survive an Aussie drought,  
Why floods cause them such great fear,  
And what stockmen do year after year.

The boy behind me starts to draw,  
I can't help but give a great big yawn.  
'What is it that interests you?'  
The teacher asks, straight out of the blue.

My mind goes to camp-drafting,  
John would have thought 'paper plane crafting,'  
It's been several long months since . . .  
Thinking about it makes my brain mince.

The cancer overran him,  
Though it only started in one limb.  
There had been hope for a while,  
Doctors said he wouldn't make the mile.

Now every second Sunday,  
I find some money to give away,  
To help with cancer research,  
Someday I'll join their teams and search.

Suddenly I raise my hand,  
'Let's look at medicine,' I demand,  
'We can learn about our cells,  
I know we can't always save ourselves,  
But someday I'll stop cancer,  
So teach me how to find the answer.'

By Sam Drayton



Congratulations Samantha, we are very proud of you and thank you to Mrs Finlayson for facilitating this wonderful opportunity for our students.

### School Captains Elections

We will be holding our election process this week for our 2014-2015 School Captains. The process involves the students making a detailed application, presenting a short speech at a whole school assembly and participating in a panel interview with Mr Macbeth, Mrs Holmes, Ms Virtue and Mrs Pepping. All of the candidates are exemplary young people and I wish them well in the elections.

### Year 11 Candidates:

**Natasha Burns, Ashlee Garske, Max Hanrahan, Alix Harper, Mark Rolles, Nadia Shaw, Brooke Sheather, Rhyanna Summers and India Wallbridge.**



In the first week of the school holidays, **Sienna Harvey** of Year 10 competed in the Young Rider State Dressage Championships in Young.

This was something that she had spent the year qualifying for and was thrilled to be accepted. She competed individually and also for the Horse Land Moss Vale Young Rider Team. (There is an article in this month's Highlife on page 56.)

The team placed extremely well and **Sienna** went on to win Reserve Champion; exceeding her wildest dreams!!

Upon her return, Sienna attended the Chevalier Gymkhana where she represented Moss Vale High School for the first time.

Not only did she win both of the dressage competitions, she also won Champion Senior Rider.

**Sienna** also won Champion Hack and then went on to achieve the big one: Supreme Champion Hack (which is basically the champion of champions)!! Needless to say both horse and rider were exhausted and thrilled.

Congratulations **Sienna**. This is a fantastic achievement!

### Positive Behaviour for Success: is 'BE PREPARED FOR ALL LESSONS'

One of our most important rules around **RESPONSIBLE BEHAVIOUR** is 'BE PREPARED FOR ALL LESSONS'. On Monday, October 13 in roll call, all students participated in a 'Survivor' task whereby all students stood up while the teacher read out a list of basic and essential equipment for all classes. Students sat down, and were eliminated, if they did not have a piece of equipment as the teacher read through the list. I am pleased to announce that there were a good number of students who received 50 Vivo points for having 100% of all required equipment, and the winning roll call class that had the most students with all equipment was Mrs Johnston's C6 vocal group. I have included the basic equipment list that shows what your child should have at school each day:

#### Equipment Lists      STAGE 4 - Years 7-8

- |  |                                    |
|--|------------------------------------|
| a. Black and Blue Pen                                      | i. Sharpener                       |
| b. Exercise books for each subject on your timetable today | j. Scissors                        |
| c. Book for Roll Call                                      | k. Glue stick                      |
| d. Diary   | l. Thumb Drive                     |
| e. Lead Pencil   | m. Calculator and geometry set     |
| f. Ruler   | n. Coloured Pencils (at least six) |
| g. Eraser  | o. Textas / highlighters           |
| h. Red Pen   | p. A pencil case                   |

#### STAGES 5 and 6 - Years 9-12

- |  |                  |
|--|------------------|
| a. Black and Blue Pen  | h. Sharpener     |
| b. Exercise book or folder with paper for each timetabled lesson today | i. Scissors      |
| c. Diary of some description   | j. Glue stick    |
| d. Lead Pencil   | k. Thumb Drive   |
| e. Ruler   | l. Calculator    |
| f. Eraser  | m. A pencil case |
| g. Red Pen   |                  |

### **Vivo Reward System**

Our Vivo online reward system is working well with an increasing number of students obtaining the most prestigious awards in the merit system of Bronze, Silver, Gold and Platinum. Students are regularly ordering items from the shop with the merit points earned in class or for extra-curricular contributions to the school. Students have been suggesting more and more items that they would like to see in the Vivo shop and I have recently added EB Games cards, book certificates, lip gloss packs, nail polish packs, lynx packs, cricket sets, Lego, loom bands and much more!

It's really good to see how our students have embraced this 21<sup>st</sup> Century way in which to be rewarded and recognised for school achievement.

### **Higher School Certificate Examinations**

Our 2014 Year 12 students have officially started their HSC exams this week on Monday, October 13, with the English in the morning session. Mr Barry Roberts, the examination co-ordinator, spoke highly of our students and their conscientious approach during the exams thus far.

I wish all of our students well in their studies and upcoming exams.

*Patricia Holmes  
Deputy Principal*

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## **Maths Competition**



*36 students sat for the maths test this year with many achieving impressive results.  
Students celebrated with a hot lunch and an award ceremony.*

The annual ICAS Maths Competition was held nationwide early last month. The competition is aimed at providing a positive and rewarding experience for students. The results from the competition can be used to identify strengths and weaknesses in knowledge and skills. Participation in the competition also indicates a positive attitude and the certificates make a valuable addition to any job or course application.

Thirty-six students from Moss Vale High School took up the challenge and in many cases students were rewarded with very strong results. To celebrate the students' success a small award ceremony was held along with a hot lunch. Coordinators of the competition at Moss Vale High School are keen to see even more students participate next year to help build up the positive culture of academic endeavours and success that is occurring at Moss Vale High School.

## English Experiences

### Study Mentoring

Our senior students have entered the final year of school and are busily preparing for the HSC. A fledgling Study Mentor program is now operating and aims to build upon the study skills discussed with English students late last term. We offer help with planning a study timetable, identifying and using appropriate strategies for different learning styles, as well as assistance with assessment tasks. We have copies of different timetable templates that may be useful.

Students should remember that a reasonable length of study time on a regular basis is much more productive than many frantic hours at the last moment. Interested students should contact Ms Burke or Mrs Pepping for further details. Students are also encouraged to develop mature relationships with all teachers and let us know early if they are having problems - waiting until the last minute only adds to the stress people experience.

### Area of Study: Discovery

Year 12 Advanced and Standard English students have begun their HSC course with a new Area of Study: discovery replaces the concept of belonging. To introduce many different aspects of discovery, classes participated in a version of 'pass the parcel' with music from Hunters and Collectors *Holy Grail*.



Students thought that:

- The discovery of an unknown thing: it was really enthralling
- What a fun and great activity!
- This form of interactive education was engaging for the entire class and gave us another perspective of learning in a fun and unique way
- This activity was an exciting way to begin our study – allowing us to really discuss the possible meanings and links to discovery
- It allowed a lot of group involvement
- It created a nostalgic connection between memories of 'pass the parcel' and everyday items
- Items such as the empty cassette case really allowed various concepts of discovery to stick in our minds

Students followed this double lesson by bringing their own item to school and sharing their understanding of discovery with the class.

### Bamir Language Gallery – featured image guessing competition

Classes continue to share their literacy skills each week in different language bunting on display in the Bamir Language Gallery that is read and discussed by staff and students every day. Visit the blog to see what we are creating at <http://bamirlanguagegallery.wordpress.com>

To win bonus vivo points, identify the class responsible for the current 'featured image' on the blog. Write your name, roll call and answer for Week 13 on a slip of paper and place entries in the box in the English Staffroom. Winners will be announced in the student bulletin.



***May reading inform your world***

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## Library Without a Librarian

With twenty-three years of service as Librarian, Mrs Maryanne Williams is retiring this October.

It is assumed that like most Librarians, Mrs Williams loves books, which in fact she does. Having been at Moss Vale High School for as long as she has, she knows the title of almost every single book. Alas, even a Librarian has favourite books, "An old classic favourite would have to be *Oliver Twist* by Charles Dickens but a most recent book? A book by Tim Winton called *Cloudstreet*."

Even though libraries have revolved around books, Mrs Williams welcomed computers into Moss Vale High School, as said by Mrs Williams, "Both computers and books have their place in a school's library. If books are too out of date for research you can just go on the computer. If a computer is out of order, go to the nearest shelf. They both belong."



When Mrs Williams was asked why she is retiring now, she only had a few words, "It is time for someone younger with more energy and enthusiasm to take over my role."

The library has been like a home to those who cherish the small chatter, serenity and the smell of books. The enjoyment of the library was only enhanced by Mrs Williams' joyful presence. The future of the library will be a new experience now that it will be in new hands. But everyone will miss Mrs Williams; all the best wishes to you Mrs Williams in your retirement.

"It is time for someone younger with more energy and enthusiasm to take over my role."

Quote by Mrs Williams.

Article by **Marie-Celeste Guy**, 7P

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## Activity Week Update – Term 4

Activity week meetings were recently held. At the meetings, Activity Week leaders pointed out to students that all outstanding money needed to be paid by the end of Term 3, unless prior arrangements have been made. Students who haven't paid are risking their position on the activity.

Students were also issued with permission notes, medical information and other forms at this meeting or in the near future. This information is vital. Please ensure the forms are fully completed, and if there is a change in circumstance prior to Activity Week, notify the leader as soon as possible.

Students participating in an overnight program have been issued with a behaviour expectation contract. This contract must be signed by both parent/ carer and the student.

All forms should be returned to the individual activity leader, not the front office.

Most activity leaders have had to pay various providers significant amounts of money, or the total cost to secure their booking. It is therefore not possible to meet any request for refunds of money. In addition, it is also not possible to swap to other activities at this time. Any problems or questions, please contact me.

*M Nash*  
Activity Week Coordinator

## VOLUNTEERS AT WSC'S LOCAL TREE-PLANTING EVENT FOR NATIONAL TREE DAY.



National Tree Day was the 11 October and the Wingecarribee planting event was held from 8:30am till 12 noon last Saturday, October 11, 2014.

The planting site was at White's Creek Moss Vale where 1000 native plants were planted.

Our school was represented by the following volunteers:  
Ella Robertson (Year 7), along with her Dad, Andrew and her brother, Heath  
Mackenzie Chesterfield (Year 7) with her Mum – Leanne  
Jayde Haynes (Year 8) and Mrs Jemima Finlayson

It was a great day for getting outside and knowing that you were helping the local community and the environment. The various natives were planted in pre-augured holes, backfilled with soil, protected with tree guards and then watered in.

Lunch was provided by the Lions club to thank the volunteers for their efforts.

A very worthwhile exercise that will hopefully encourage more volunteers in future events.





# Dance

## Southern Stars

On 29 and 30 August we had nineteen students who performed in Southern Stars at the WIN Entertainment Centre. Our dancers were part of a mass item titled 'Lil red riding hood' which was a contemporary piece that looked at the dark side of fairy tales. They also performed in a fun up-beat opening and closing number with 3000 other dancers.

The students who took part in Southern Stars 2014 were: **Montana Sawaqed, Lara Daley, Janaya Gage-Simpson, Megan Mulcahy, Erin Olesen, Emma Burke, Briganza McConnell, Amber Middleton, Rebecca Heyhorn, Jacinta Burns, Evelyn Swang, Lucy Mapstone, Talicia Beardsmore, Emma Handley, Nadia Shaw, Shivana Kumar, Gemma McRae, Jade Moule** and **Katie Marks**. The dancers gave up many of their lunch times to rehearse and attended four full day rehearsals at Wollongong prior to the show. They all did an amazing job representing the school and made us all very proud.

We would also like to thank the following staff who assisted in driving the community bus to and from rehearsals and throughout show week. A huge thank you to **Nick Sims, Peter Dietz, Jenny Wells and Donna Jensen** who all gave up their time to make Southern Stars possible.



*Back: Shivana Kumar, Katie Marks, Nadia Shaw, Gemma McRae, Evelyn Swang, Talicia Beardsmore, Lucy Mapstone, Briganza McConnell, Rebecca Heyhorn, Janaya Gage-Simpson*

*Front: Jade Moule, Lara Daley, Montana Sawaqed, Megan Mulcahy, Erin Olesen, Amber Middleton, Jacinta Burns and Emma Burke*

## Boys Hip-Hop School Spectacular Auditions

On 2 September we took four members of our boys crew to Sydney to audition for the 2014 School Spectacular Boys Hip-Hop ensemble. After a cancelled train from Campbelltown to our destination, the trip ended up being an hour longer than planned and the boys experienced the true peak hour rush on Sydney trains. Once we arrived they were reunited with many familiar faces from the workshop they attended at Sydney Dance Company earlier this year, they then participated in four hours of dance workshops with Don Napalan and Nick Power who will be choreographing this year's item. The audition was very competitive and the level of talent was incredibly high. We would like to congratulate **Louis Economos** on gaining a place in this year's item. I was so impressed with the commitment and focus of all of our boys throughout the whole audition process and would like to commend **Joshua Huggett, Liam Reed** and **Lachlan Hayes** for making the most of the opportunity to audition. School Spectacular will be held at the Sydney Entertainment Centre on 28 and 29 November.



*Josh Huggett and Lachlan Hayes  
in a breakdance class  
(left and right)*



*Louis Economos*

*Miss Cordingley  
Dance Teacher*

## Fender Roadshow and Roots to Rock Excursions

This year Mr. Macbeth and I took a group of students to two separate music excursions held at the Seymour Centre in Sydney. The first excursion was in Term 1 for the Fender Roadshow, which featured American guitarist Greg Koch. Local Australian musicians joined Greg and played all the new guitars, basses and amps from Fender. Students were able to watch these incredible musicians play live and interact with each other whilst improvising and making music. It was an excellent concert, and after the show students were allowed up on stage to have a look at the instruments and play them.

The Roots to Rock Show was held in Term 3 and included more diverse instruments such as Banjo, Ukulele, Lap Steel Guitar, Acoustic guitars and Mandolins. This Show was a music history lesson in itself, as musicians spoke to the audience about the evolution of Rock 'n' Roll from the beginning of Bluegrass music all the way up to Rock Music. It was an outstanding opportunity for students to listen to the history of rock music, and watch amazing musicians play a variety of instruments. Again, students were allowed to play the instruments on stage after the show.

The highlight of both these excursions was when Moss Vale High were singled out in front of a packed Seymour Centre and commended on bringing students up to Sydney to watch the concert. The head of Fender Australia, Margaret O'Lachlan, gave each of our students a clip-on guitar tuner as a thank you for supporting the concert.

These excursions are an absolutely wonderful opportunity for students to watch musicians play live music and I cannot wait until we go back next year.

Mr T. Bilbija  
Music Teacher



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# Summer School

Your choice. Your future.



## 5 Days = 5 Skills Kickstart your career for 2015!

TAFE Illawarra – Moss Vale Campus is offering a range of short courses in hospitality for people who are interested in gaining summer employment or looking to upgrade their existing skills for an exciting new career. Select the Kickstart courses which best suit your needs. If in future you choose to study for a Certificate level qualification in Tourism or Hospitality at TAFE NSW, successful completion of any or all courses may count towards that qualification.

**Enrol in more than one course and receive a 10% discount.**

Courses <sup>^</sup>	Cost	10% Discount*	Date
Use hygienic practices for food safety (Course No 11074).	\$110	\$99	Monday 3 November 2014
Provide responsible service of alcohol. (RSA) (Course No 11588)	\$190	\$171	Friday 7 November 2014
Provide responsible gambling services. (RCG) (Course No 11589)	\$150	\$135	Monday 10 November 2014
BARISTA Skills – an introduction to espresso coffee making. (Course No. 20423)	\$180	\$162	Wednesday 12 November 2014
Basic Bar Skills – an introduction to basic service of alcoholic and non-alcoholic drinks. (Course No 24644)	\$150	\$135	Friday 14 November 2014

<sup>^</sup> Classes are subject to numbers.

\* Discount only available if you enrol in more than one course.

To register your place please call Moss Vale Campus on (02) 4868 0111 or visit us in Kirkham Street Moss Vale. All participants need to be registered by ~~Wednesday, 8 October 2014~~ and payment must be made by Friday, 24 October 2014.





For more information contact: Jenni Neumann (02) 4823 1815 or via email [jenni.neumann1@det.nsw.edu.au](mailto:jenni.neumann1@det.nsw.edu.au)

**Note:** Students must be 17 years of age to complete the RSA/RCG courses. Students must be



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**Application to enrol in these courses has been extended.**

**It is important to note that we are restricted by class sizes so 'first in best dressed'**

**Book through URL's below:**

**RSA**

<https://www.tafensw.edu.au/howex/courseOfferingDetail.do?Command=offeringDetail&OfferNo=1334577>

**RCG**

<https://www.tafensw.edu.au/howex/courseOfferingDetail.do?Command=offeringDetail&OfferNo=1351701>

**Bar Skills**

<https://www.tafensw.edu.au/howex/courseOfferingDetail.do?Command=offeringDetail&OfferNo=1351705>

**Hygiene Practices**

<https://www.tafensw.edu.au/howex/courseOfferingDetail.do?Command=offeringDetail&OfferNo=1336481>

**Barista Skills**

<https://www.tafensw.edu.au/howex/courseOfferingDetail.do?Command=offeringDetail&OfferNo=1350436>

# Moss Vale High School 'App'

## Dear Parents and Carers

Great News! Our school now has a mobile phone app. What's that, you may ask? This is an application that runs on smart phones and tablets and gives you instant access to our school information when you click on it, 24/7.

The app will give parents the ability to instantly access school newsletters without going to the website, and to send in a note explaining student absences, electronically!

We will be sharing many of the other features with you over the coming weeks, but for now download it to your smartphone or tablet device by going to either the Apple App Store or Android Google Play Market and searching for our school name – Moss Vale High School.

Once you have found it press Install or Download. It's Free!

**Peter Macbeth**  
Principal



## How to install our app

### On Apple

- On your iPhone open the app store
- Search for our schools name
- Press Install
- Enter your iTunes password
- It will commence downloading immediately

### On Android

- On Your SmartPhone open the Android/Google Play market
- Search for our school name
- Press install
- Your app will start installing instantly

### To Open Our App

- Look for our schools app icon on your phone screen
- Press the icon once
- It will open automatically
- When prompted select yes to receive notifications and use your location (this will make sure the google maps and pop-up alerts work for you)

### Having Trouble?

- Shut down the app and or your phone to refresh the phones memory
- Uninstall your app and reinstall it
- Contact [support@activeschoolapps.com.au](mailto:support@activeschoolapps.com.au) for help within 24 hours



Great for Schools ... Even better for Parents

**WINGECARRIBEE FAMILY SUPPORT -- ACTIVITIES TERM 4, 2014**

CALENDAR RUNS FROM 7th October to 12th December. BOOKINGS PHONE 4862 1777. VENUE: Family Support 2 Holmhale St. Bowral (Cr Bowral St) unless otherwise stated. Phoning to book is appreciated as this helps us with planning. All activities are free of charge and all materials supplied

**THE INCREDIBLE YEARS**

Parenting Workshops

10.00-12.00 noon

TUESDAYS

14th October to 9th December

Free childcare provided for group participants on-site with early childhood workers - please ring to book your place

A parenting program for parents to promote emotional wellbeing and good social skills and to prevent, reduce and treat aggression and emotional problems in young children up to 12 years old. Taking positive steps in a child's early years can help prevent the later risks of serious social problems.

With Linda

**The Men's Group**  
is having a break this term. Back next year.



**Wednesday Support**

Groups are currently on hold.

**If you have an idea for a group next term, or would like to connect with others, please let us know.**

**PLAY & CHAT SUPPORTED**

PLAYGROUP

10.00-12.00 noon

THURSDAYS

9th October to 11th December

A playgroup providing help to develop parent's skills and insight into the role of play in children's learning and social development. Early Childhood staff available for support and advice about your child's needs and any parenting or other concerns you may have. Please bring a hat and piece of fruit to share.

**COMMUNITY WALKS**

FOR THE YOUNG & THE YOUNG AT HEART

Start at 10.00 for about 1 hour

Do you want to get motivated, get a sense of being part of the community and increase your fitness at the same time? Are you new to the area and want to meet people?

**MONDAY MOSS VALE**

With Patricia

Meet at Leighton Gardens 9:30

**TUESDAY BOWRAL**

With Mardi

Start in the car park of Bowral Swimming Pool for the Cherry Tree Walk

**THURSDAY MITTAGONG**

With Mardi

Start at the corner of Helena Street and the Old Hume Hwy opposite the Tourist Information Centre.



**YOUNG PARENT GROUP**

FOR ALL YOUNG PARENTS INCLUDING EXPECTANT MUMS & DADS

10:00 to 12noon

FRIDAYS

10th October to

12th December

Get together with other young parents, share info, experiences, support. Enjoy activities and learn about parenting, child development and relationships. Guest speakers, outings and activities.

With Karena

**Springwater Tots**  
**Aboriginal Supported**

Playgroup

10:00-12:00 noon

MONDAYS

13th October to

8th December

Please ring Kelly to book in

4862 1777

Created by  
Felicity Curtis

**On Time,  
Every Day**

- Pack bags & lay out uniforms the night before
- Pack and freeze lunches on Sundays
- Use the alarm on your phone/iPod or other device.
- Ask for help on difficult assignments early—don't leave it to the last minute!
- Go to bed a bit earlier and avoid taking your phone to bed—it reduces quality of sleep.

**Coming in  
future letters**

- ◆ Family holidays
- ◆ Catching up on missed work
- ◆ Planning for unavoidable absences
- ◆ MVHS rewards for good attendance
- ◆ Support available

# ATTENDANCE

Volume 1, Issue 2

Term 3, 2014

## All about absentee notes

**THIS** term at Moss Vale High, we have been having a blitz on overdue notes for absences and lateness.

The reason for this is because if a student isn't at school when they should be, we worry!

We also have a legal obligation to know where students are at all times during school hours—if they're not with us, we need to know where they are and why.

**IF** an explanation from a parent/guardian hasn't been submitted within two weeks of the absence, it becomes an 'unjustified absence'. This means that it has to be considered as truancy.

The consequences for truancy vary according to

the situation, but can include:

- ◆ counseling,
- ◆ detentions,
- ◆ an attendance contract,
- ◆ a formal meeting with Year Advisers and/or the Deputy Principal.

**IN** the most worrying cases, we may refer the situation to the Home School Liaison Officer.



**Did you know? Missing just 8 days a term adds up to an entire year over Years 7-12!**

**IF** you are concerned about your child's

attendance, please call the school to discuss options for support.

**What to do?**

**Call** the school on the day of the absence, and explain over the phone why your child is away or late.

**Write** a note or email the school at [mossvale-h.school@det.nsw.edu.au](mailto:mossvale-h.school@det.nsw.edu.au)

**Family Holiday?**

- ⇒ Discuss the dates with the school.
- ⇒ Send in a note before the holiday, confirming the dates of the absence.
- ⇒ Encourage your child to request work to take with you.

## Notes: Right First Time, Every Time

Notes for absences do need to have specific information. Check that your note contains these details, to avoid having to re-supply them!

- ◆ Student's name
  - ◆ Parent's name
  - ◆ Parent's signature
  - ◆ Date of writing
  - ◆ Date(s) of absence
  - ◆ Specific reason for absence (e.g. 'flu' rather than 'sick')
- NB: If you are explaining separate absences in the same note, please give an individual explanation for each absence.  
If you aren't comfortable putting the detail on a note due to family concerns, please call the school.

**TO : MOSS VALE HIGH NOTE OF ABSENCE**

**Date :** \_\_\_\_\_ **Address :** \_\_\_\_\_

**Roll Class :** \_\_\_\_\_ **Year :** \_\_\_\_\_

Please excuse the absence of my son/daughter : \_\_\_\_\_

on (dates) \_\_\_\_\_

Total number of days absent : \_\_\_\_\_

The reason for the absence/s (*this reason must be specific, not just "he/she was sick"*) : \_\_\_\_\_

Parent Name : \_\_\_\_\_

Parent Signature : \_\_\_\_\_ Date sent : \_\_\_\_\_

**TO : MOSS VALE HIGH NOTE OF ABSENCE**

**Date :** \_\_\_\_\_ **Address :** \_\_\_\_\_

**Roll Class :** \_\_\_\_\_ **Year :** \_\_\_\_\_

Please excuse the absence of my son/daughter : \_\_\_\_\_

on (dates) \_\_\_\_\_

Total number of days absent : \_\_\_\_\_

The reason for the absence/s (*this reason must be specific, not just "he/she was sick"*) : \_\_\_\_\_

Parent Name : \_\_\_\_\_

Parent Signature : \_\_\_\_\_ Date sent : \_\_\_\_\_

**CHANGE OF ADDRESS / CONTACT DETAILS**

NAME : ..... Roll Class : ..... Year : .....

NEW ADDRESS : ..... PO BOX .....

.....

New Phone No's : Home : ..... Work (M) : .....

Mobile (M) : ..... Work (F) : ..... Mobile (F) : .....

Email : .....

DATE YOU CHANGED ADDRESS : .....

PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH : .....

.....

Do you currently have a bus pass? .....

OFFICE USE ONLY	
CHANGED ON	
ERN	
EMERGENCY CARD REPRINTED	
BUS Co NOTIFIED	
RECEIVED NEW BUS FORM	

**NOTE :** A new bus pass application must be completed when a student has : a change of address, a change of name, change of school, change of details or comes under joint custody.

# MOSS VALE HIGH

Truth and Honour

# CANTEEN MENU

Term 3 Menu 2014

Ph:48681883

## DAILY SPECIALS

Monday	Breakfast	Cheese & Bacon Roll	\$2.20
	Recess	Chicken nuggets & s/s sauce	\$3.00
	Lunch or	Hot meatball & gravy roll	\$4.00
	Lunch Special	Creamy tomato bacon pasta penne	\$4.00
Tuesday	Breakfast	Toasted sandwiches	\$2.20
	Recess	Hot Crumbed Chicken Wraps	\$3.00
	Lunch or	Pizza Slabs (Hawaiian/ Margarita/Meat lovers)	\$3.00
	Lunch Special	Chicken Parmigiana burger	\$4.00
Wednesday	Breakfast	Cheese & Bacon roll	\$2.20
	Recess	Nugget/Wedge Combo	\$3.00
	Lunch or	Mac cheese	\$3.70
	Lunch Special	Chicken Burger Or Beef Burger	\$4.00
Thursday	Breakfast	Ham & cheese Toasties	\$2.20
	Recess	Hot chicken & cheese wrap	\$3.00
	Lunch or	Hot Dogs & Sauce	\$2.70
	Lunch Special	Asian meal (gluten free)	\$4.00
Friday	Breakfast	Hot Ham, cheese, egg wraps	\$3.00
	Recess	Lge Pizza Bread or pizza sub	\$3.50
	Lunch Special	Lasagne & Garlic Bread or burrito's or Nachos	\$4.00

## LUNCH ORDER ITEMS

PREORDERED BEFORE 9AM

Item	Price
Ham Salad Roll With the Lot	\$3.80
Caesar salad roll	\$3.80
Chicken lettuce & mayo roll	\$3.40
Chicken Burger	\$4.00
Hot chicken gravy Roll	\$3.50
Chicken Parmigiana Burger	\$4.00
Hot meatball & gravy roll	\$3.80
Marconi cheese	\$3.70
Lasagne	\$4.00
Cheese & spinach Rolls	\$3.80
Chicken Nuggets 5 pcs	\$3.00
Pizza Slabs: Hawaiian/ Marguerite/ Meat lovers	\$3.00
Pepper Steak Pie	\$3.00
Small Recess Pie	\$2.70
Small Sausage Roll	\$2.00
Large sausage roll	\$3.00
Large pie	\$3.80
Potato pie	\$4.50
Nugget & Potato Combo large	\$3.20
Full Garlic Bread	\$1.40
Sauce Portion	\$0.20
½ Garlic Bread	\$0.70
Chicken Pasta salad/ In season	\$3.70
Salad packs to order	\$4.00

Drinks	
Water	600ml \$1.70
	375ml \$1.00
Popper Juice	250ml \$1.50
Daily orange Juice	375ml \$2.00
Passionfruit Juice	375ml \$2.00
Pineapple Juice	350ml \$2.50
Flavoured milks	600ml \$3.50
	375ml \$2.40
M Kakao choc milks	500ml \$3.50
Milk plain	600ml \$2.00
	300ml \$1.40
LOL Fizzy Juice	250ml \$2.00
Up & Go	250ml \$2.40
Aroona raspberry or cola	\$2.00
Blizzard Hot Chocolate	\$2.00

### Snacks & other Foods

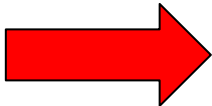



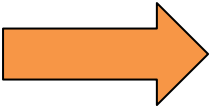







Selection of Fresh Sandwiches	\$2.20 to \$3.80
Fresh Salad Packs/Wraps	\$3.80 to \$4.00
Home Made Cookies	70c
Various Snacks:	
Noodles, tiny teddy	50c
Finger Buns	\$1.50
JJ's/ Chicken/ salt vine/pizza	\$1.00
Smith Chip variety	\$1.50
Home made Muffins	\$1.80



# Moss Vale High School Merit System



## VIVO

<b>60 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached a Red Award which takes you to 70 Vivos</p>
<b>160 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached a Green Award which takes you to 170 Vivos</p>
<b>320 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached your Bronze Award which takes you to 330 Vivos</p>
<b>480 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Silver Award which takes you to 490 Vivos</p>
<b>640 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Gold Award which takes you to 650 Vivos</p>
<b>950 Vivos</b>			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Platinum Award which takes you to 960 Vivos</p>