

Moss Vale High School

P. O. Box 137 Moss Vale 2577
Tel: (02) 4868 1717 Fax: (02) 4868 2787
“Innovation, Opportunity, Connection
Inspiring Success”
E-mail : mossvale-h.school@det.nsw.edu.au

Respectful, Safe and Responsible Learners

31 October 2014

Introducing our School Captains for 2015



*Congratulations to the recently elected School Captains for 2015 -
Nadia Shaw, Ashlee Garske, India Wallbridge and Max Hanrahan.*

Students Making A Difference

Kooper Smith-Yr 9 : dedication in raising money for childrens cancer research through the cycle challenge

Luke Webb-Yr 9 : ongoing outstanding support of Moss Vale High School

Principal's Report

Congratulations – Our new student leaders!

I want to congratulate **India Wallbridge, Max Hanrahan, Ashlee Garske** and **Nadia Shaw** in being selected as the 2015 Moss Vale High School Captains. We all wish our new captains every success in these incredibly important roles!

I also want to acknowledge **Natasha Burns, Alix Harper, Mark Rolles, Brooke Sheather** and **Rhyanna Summers** who will become part of our schools senior student leadership team.

Each of the students I have mentioned above participated in an extensive process of application, references, vote, speeches and interviews to enable the school to select its new school captains and leadership team.

I am so proud of every single one of these students – they are all incredibly special and will be amazing ambassadors for our school over the next twelve months. I am excited by the opportunity to work with them in their leadership roles. They will represent our school both at in school events and across our community.

I look forward to our special SRC induction Assembly. Congratulations again to all the students!

Award Winning Success!

Moss Vale High School – an award winning school!! – I like the sound of that.

A special congratulations to our Deputy Principal Trish Holmes and our CAPA Head Teacher Linda Johnston who have both been selected to receive an Award of Excellence for their contributions to Public Education from the NSW Department of Education and Communities at a very special awards ceremony on Tuesday, 4 November.

These two staff members have been recognised for the contributions they have made over a number of years to the students, staff and school community of Moss Vale High School.

I know that I speak on behalf of our entire school community when I extend our collective congratulations to both of these wonderful and very special people!

In addition, Moss Vale High School as part of the Moss Vale Community of Schools has also been selected for an Award of Excellence for the outstanding work the ten schools, that make up our community of schools, do in supporting our wonderful students to achieve their best! Our school will also be presented with this award at the Sydney Town Hall on the November 4.

These awards highlight the fact to all of us that the staff at Moss Vale High School is just outstanding, full of people who put students first through exceptional dedication and commitment to their roles. I pay tribute to our staff and thank them genuinely for the amazing efforts they consistently put in!

Congratulations to everyone at Moss Vale High School!

Visit by Tony Ryan

The visit by Tony Ryan, a leading educator from Queensland who will be working with staff across the school in professional learning event that focuses on our school priority area of reading and comprehension is a major event this week.

Tony will work with teaching staff on Monday and Tuesday before working with the executive staff on Wednesday. Tony will also deliver a parent presentation on Monday titled – “How to future proof your children”. He will work with staff on technology and the use of smartphones and social media on Tuesday afternoon before holding a full staff meeting on Wednesday afternoon. I look forward to providing an update on this major event in upcoming newsletters.

I wish you all the best for a great week!

Peter Macbeth
Principal



Deputy Principal's Report

Positive Behaviour for Success

We are continuing to reinforce our five classroom rules through short, simple tasks during roll call. We are focusing this week on respectful behaviour through following all instructions and being an attentive listener. One of the tasks for 'being an attentive listener' will involve the teacher reading a highly descriptive passage and students will draw what they have visualised from the passage. This task will also tie in well with our literacy strategies and the 'Sensational Seven': Be Ready, Visualise, Make Connections, Predict, Monitor, Question and Summarise.

Mufti- Day Fundraiser

On Friday, November 7, we are holding a mufti day to raise funds for the continued support of our PBS / Vivo Reward System and for The Lighthouse Foundation (Kids with cancer). The theme for the day is to dress as your favourite cartoon character and there will be prizes for the most creative costumes. A detailed note will be sent home to parents outlining requirements for the day.

I would also like to acknowledge **Kooper Smith** of Year 10 who has taken on the Great Cycle Challenge in an effort to raise money for The Lighthouse Foundation. Kooper has clocked up over 900 kilometres so far in his selfless quest to help children who are suffering with cancer.

Right now, cancer is the largest killer of children from disease in Australia.

Over 600 Australian children are diagnosed with cancer every year and sadly, on average, three die every week.

So the Great Cycle Challenge aims to change that!

Great Cycle Challenge asks riders across Australia to take on their own personal cycling challenge throughout October to fight kids' cancer!

If you would like to donate to the Great Cycle Challenge and support Kooper in his fundraising efforts, you can log on to the following website:

www.greatcyclechallenge.com.au/riders/KooperSmith

Outstanding Students

I would like to congratulate the following students on their outstanding achievements in a wide range of areas across the school. These students are leading the league tables in their respective year group for earning the highest number of Vivo points for achievement in classwork and extra-curricular activities.

Year 7: **Jemima Huggett, Joel Hinchcliffe, Grace Buckley, Lorna Anderson, Amelia Yearsley, Blake Liebman, Cameron Clay, Mackenzie Chesterfield, Emily Christensen, Verity Evans.**

Year 8: **Rebecca Heyhorn, Jack Moore, Katie Hall, Cameron Webb, Leah Drayton, Stuart Brunton, Amy-Lee Fitzgerald, Matilda Langford, Eleanor Handley, Megan Mulcahy.**

Year 9: **Luke Webb, David Sims, Olivia Yearsley, Samantha Goodacre, James Liebmann, Aidan Ellis, Rebecca Coulter, Gemma Seymour, Eoin Ellis, Jackson Chesterfield.**

Year 10: **Samantha Drayton, Charlotte Fitzgerald, Briana Handley, Abbey Callcott, Laura Mulcahy, Ayla Seymour, Gabrielle Middleton, Harriet Snaith, Monique Miller, Catherine Elliott.**

Year 11/12: **Alix Harper, Regina Jenkins, Allie Sims, Tyla Astley, Brooke Sheather, Lauren Fahey, Jason Delamont, Olivia Brunton, Max Hanrahan, Charlie Burns.**

Student work

I would like to share some of our students' creative work through our newsletter. Congratulations to **Jayden Mullie-Locke** and **Samantha Lyons** on creating such wonderful poems, and to **Shenae Murchie** for her outstanding artwork of a German shepherd.

Be You by Samantha Lyons , Yr 10

*You and I are not the same,
We have our faults
With our different names.
No-one is perfect,
Not even one-
Just ask our mums!*

*People are different
with their skin and shapes,
hair and voices.
Things can define us all,
Music and Art
That can hit the soul.*

*Life isn't plain and simple
Ask someone they can understand
Being you is the best there is
Without the copying there's more to
life
Hear your voice
Stand on a hill and make a
sound*

*You can make a difference
So can I
Now all to do
Is give it a try.*



Patricia Holmes
Deputy Principal

Who am I? by Jayden Mullie-Locke, Yr 9

Who am I?
Am I who I am?
Or is it not so clear?
For me, you are who you choose to
be!
Not how you look!
Or how you seem!
You are what you do,
How you feel!
And what you love!
This is who I am and not someone
else!
So ask yourself THIS question!

WHO ARE YOU?



Shenae Murchie Yr 9

Charlotte FitzGerald represents Moss Vale High School!

On September 3, Charlotte FitzGerald, Rachel Goodacre and Georgia Finlayson represented Moss Vale High School in Rotary's annual public speaking competition. The Four Way Test is an ethical guide for Rotarians to use for their personal and professional relationships. The Four Way Test asks four questions: 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BNEFICIAL to all concerned?

Students were asked to prepare a six minute speech on a topic of their own choosing. Charlotte, Rachel and Georgia all spoke extremely well across a range of topics. Our local Rotarians were very impressed by the calibre of the speeches and their personal commitment and dedication. Charlotte FitzGerald was chosen as the overall winner on the night and progressed through to the next round.

On the September 17, Charlotte participated in the district final, held at Bowral Bowling Club. Charlotte again spoke with such passion and clarity on her topic, 'Body Image', that she was again successful and progressed to the semi-finals.

On October 19, Charlotte participated in The 4 way Test semi-finals held at the Yowani Country Club in Canberra. Reaching this level of such a competition is, in itself, a huge achievement. Charlotte again impressed the judges with her ability to speak so powerfully on an important and relevant issue. She was recognised as being a fine candidate for the next level of the competition, despite not being selected on this occasion.

Congratulations Charlotte on your achievement and success in public speaking!



Left: Charlotte FitzGerald

*Below: Kneeling : Charlotte FitzGerald,
Back : Rachel Goodacre and Georgia Finlayson*

Below: Georgia Finlayson, Georgia Finlayson , Mr Sims (Adjudicator), Charlotte FitzGerald and Mrs Morris (Adjudicator)



Are you prepared for an Emergency?

Australian Red Cross
Emergency Services
will present a half-day
seminar on how to ensure
your
preparedness for any
emergency!

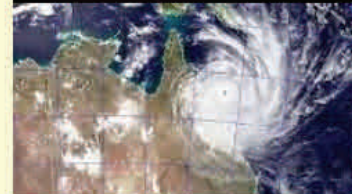
WHERE: Highlands Youth Hub
Park Road, Bowral NSW

WHEN: Thursday 6th November

TIME: 10 am–12 midday

BOOKINGS ESSENTIAL

PHONE: 4862 1122



Year 12 Graduation Assembly 18 October 2014



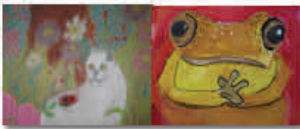
Mixed Media Workshop



With well known local artist and art teacher Slavica Zivkovic

Berrima Public School
Saturday 8 November 2014
9.00-12.00 or 1.00-4.00

This workshop for 7 - 12 year olds will involve experimenting with a range of art material. Using charcoal, ink, pencil, chalk and oil pastel students will be encouraged to create art works that are sourced from imagination and observational direction.



All materials provided.
Bring a snack and paint-shirt.
Cost : \$40
Bookings: www.trybooking.com/GFFR
or phone Megan on 0413 482 731

An activity of ART FEAST



Colossal Cardboard Workshop

Berrima Public School
Saturday 8 November 2014
10.00 - 12.00

In this lively hands-on activity, kids will transform cardboard and packaging into fabulous art pieces!
A planet friendly workshop for 6 - 12 year olds who love to design, construct, connect and create!



All materials provided.
Bring a snack and imagination.
Cost : \$30
Bookings: www.trybooking.com/GFFR
or phone Megan on 0413 482 731

An activity of ART FEAST



Button Jewellery Workshop

Berrima Public School
Sunday 9 November 2014
10.00 - 12.00

Kids 7 - 12 years can create a colourful button necklace with renowned jewellery maker Vera Pospisil. They will design a unique piece using a range of beautiful buttons, and learn how to thread and finish, using fine wire.

Move over Tiffanys!



All materials provided.
Bring a snack.
Cost : \$30
Bookings: www.trybooking.com/GFFR
or phone Megan on 0413 482 731

An activity of ART FEAST





HIGHLANDS

Drive Safe

Your local driving school



In conjunction with Red Car Driver Training present

RMS Safer Driver Course

Learner drivers who have completed 50 actual hours in their logbook can complete the course and receive 20 hours credit in their logbook.

The course comprises of a 3 hour theory module on safer driving behaviour and a two hour in car coaching session which covers low risk driving strategies.

Call 0428844473 to book





ACCREDITED DRIVING INSTRUCTOR









Find us on Facebook

Learner lessons and test preparation.

*** Advertisement ***

Moss Vale High School 'App'

Dear Parents and Carers

Great News! Our school now has a mobile phone app. What's that, you may ask? This is an application that runs on smart phones and tablets and gives you instant access to our school information when you click on it, 24/7.

The app will give parents the ability to instantly access school newsletters without going to the website, and to send in a note explaining student absences, electronically!

We will be sharing many of the other features with you over the coming weeks, but for now download it to your smartphone or tablet device by going to either the Apple App Store or Android Google Play Market and searching for our school name – Moss Vale High School.

Once you have found it press Install or Download. It's Free!

Peter Macbeth
Principal



How to install our app

On Apple

- On your iPhone open the app store
- Search for our schools name
- Press Install
- Enter your iTunes password
- It will commence downloading immediately

On Android

- On Your SmartPhone open the Android/Google Play market
- Search for our school name
- Press install
- Your app will start installing instantly

To Open Our App

- Look for our schools app icon on your phone screen
- Press the icon once
- It will open automatically
- When prompted select yes to receive notifications and use your location (this will make sure the google maps and pop-up alerts work for you)

Having Trouble?

- Shut down the app and or your phone to refresh the phones memory
- Uninstall your app and reinstall it
- Contact support@activeschoolapps.com.au for help within 24 hours



Great for Schools ... Even better for Parents



WINGECARRIBEE FAMILY SUPPORT – ACTIVITIES TERM 4, 2014

CALENDAR RUNS FROM 7th October to 12th December. BOOKINGS PHONE 4862 1777. VENUE: Family Support 2 Holmhale St. Bowral (Cr Bowral St) unless otherwise stated. Phoning to book is appreciated as this helps us with planning. All activities are free of charge and all materials supplied

THE INCREDIBLE YEARS

Parenting Workshops

10.00-12.00 noon

TUESDAYS

14th October to 9th December

Free childcare provided for group participants on-site with early childhood workers – please ring to book your place

A parenting program for parents to promote emotional wellbeing and good social skills and to prevent, reduce and treat aggression and emotional problems in young children up to 12 years old. Taking positive steps in a child's early years can help prevent the later risks of serious social problems.

With Linda

The Men's Group
is having a break this term. Back next year.



Wednesday Support

Groups are currently on hold.

If you have an idea for a group next term, or would like to connect with others, please let us know.

PLAY & CHAT SUPPORTED

PLAYGROUP

10.00-12.00 noon

THURSDAYS

9th October to 11th December

A playgroup providing help to develop parent's skills and insight into the role of play in children's learning and social development. Early Childhood staff available for support and advice about your child's needs and any parenting or other concerns you may have. Please bring a hat and piece of fruit to share.

COMMUNITY WALKS

FOR THE YOUNG & THE YOUNG AT HEART

Start at 10.00 for about 1 hour

Do you want to get motivated, get a sense of being part of the community and increase your fitness at the same time? Are you new to the area and want to meet people?

MONDAY MOSS VALE

With Patricia

Meet at Leighton Gardens 9:30

TUESDAY BOWRAL

With Mardi

Start in the car park of Bowral Swimming Pool for the Cherry Tree Walk

THURSDAY MITTAGONG

With Mardi

Start at the corner of Helena Street and the Old Hume Hwy opposite the Tourist Information Centre.



YOUNG PARENT GROUP

FOR ALL YOUNG PARENTS

INCLUDING EXPECTANT MUMS & DADS

10:00 to 12noon

FRIDAYS

10th October to

12th December

Get together with other young parents, share info, experiences, support. Enjoy activities and learn about parenting, child development and relationships. Guest speakers, outings and activities.

With Karena

Springwater Tots

Aboriginal Supported

Playgroup

10:00-12:00 noon

MONDAYS

13th October to

8th December

Please ring Kelly

to book in

4862 1777

TO : MOSS VALE HIGH NOTE OF ABSENCE

Date : _____ **Address :** _____

Roll Class : _____ **Year :** _____

Please excuse the absence of my son/daughter : _____

on (dates) _____

Total number of days absent : _____

The reason for the absence/s (*this reason must be specific, not just "he/she was sick"*) : _____

Parent Name : _____

Parent Signature : _____ Date sent : _____

TO : MOSS VALE HIGH NOTE OF ABSENCE

Date : _____ **Address :** _____

Roll Class : _____ **Year :** _____

Please excuse the absence of my son/daughter : _____

on (dates) _____

Total number of days absent : _____

The reason for the absence/s (*this reason must be specific, not just "he/she was sick"*) : _____

Parent Name : _____

Parent Signature : _____ Date sent : _____

CHANGE OF ADDRESS / CONTACT DETAILS

NAME : Roll Class : Year :

NEW ADDRESS : PO BOX

.....

New Phone No's : Home : Work (M) :

Mobile (M) : Work (F) : Mobile (F) :

Email :

DATE YOU CHANGED ADDRESS :

PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH :

.....

Do you currently have a bus pass?

OFFICE USE ONLY

CHANGED ON	
ERN	
EMERGENCY CARD REPRINTED	
BUS Co NOTIFIED	
RECEIVED NEW BUS FORM	

NOTE : *A new bus pass application must be completed when a student has : a change of address, a change of name, change of school, change of details or comes under joint custody.*

Created by
Felicity Curtis

**On Time,
Every Day**

- Pack bags & lay out uniforms the night before
- Pack and freeze lunches on Sundays
- Use the alarm on your phone/iPod or other device.
- Ask for help on difficult assignments early—don't leave it to the last minute!
- Go to bed a bit earlier and avoid taking your phone to bed—it reduces quality of sleep.

**Coming in
future letters**

- ◆ Family holidays
- ◆ Catching up on missed work
- ◆ Planning for unavoidable absences
- ◆ MVHS rewards for good attendance
- ◆ Support available

ATTENDANCE

Volume 1, Issue 2

Term 3, 2014

All about absentee notes

THIS term at Moss Vale High, we have been having a blitz on overdue notes for absences and lateness.

The reason for this is because if a student isn't at school when they should be, we worry!

We also have a legal obligation to know where students are at all times during school hours—if they're not with us, we need to know where they are and why.

IF an explanation from a parent/guardian hasn't been submitted within two weeks of the absence, it becomes an 'unjustified absence'. This means that it has to be considered as truancy.

The consequences for truancy vary according to

the situation, but can include:

- ◆ counseling,
- ◆ detentions,
- ◆ an attendance contract,
- ◆ a formal meeting with Year Advisers and/or the Deputy Principal.

IN the most worrying cases, we may refer the situation to the Home School Liaison Officer.



Did you know? Missing just 8 days a term adds up to an entire year over Years 7-12!

IF you are concerned about your child's

attendance, please call the school to discuss options for support.

What to do?

Call the school on the day of the absence, and explain over the phone why your child is away or late.

Write a note or email the school at mossvale-h.school@det.nsw.edu.au

Family Holiday?

- ⇒ Discuss the dates with the school.
- ⇒ Send in a note before the holiday, confirming the dates of the absence.
- ⇒ Encourage your child to request work to take with you.

Notes: Right First Time, Every Time

Notes for absences do need to have specific information. Check that your note contains these details, to avoid having to re-supply them!

- ◆ Student's name
- ◆ Parent's name
- ◆ Parent's signature
- ◆ Date of writing
- ◆ Date(s) of absence
- ◆ Specific reason for absence (e.g. 'flu' rather than 'sick')

NB: If you are explaining separate absences in the same note, please give an individual explanation for each absence.

If you aren't comfortable putting the detail on a note due to family concerns, please call the school.

MOSS VALE HIGH

Truth and Honour

CANTEEN MENU

Term 3 Menu 2014

Ph:48681883

DAILY SPECIALS

Monday	Breakfast	Cheese & Bacon Roll	\$2.20
	Recess	Chicken nuggets & s/s sauce	\$3.00
	Lunch or	Hot meatball & gravy roll	\$4.00
	Lunch Special	Creamy tomato bacon pasta penne	\$4.00
Tuesday	Breakfast	Toasted sandwiches	\$2.20
	Recess	Hot Crumbed Chicken Wraps	\$3.00
	Lunch or	Pizza Slabs (Hawaiian/ Margarita/Meat lovers)	\$3.00
	Lunch Special	Chicken Parmigiana burger	\$4.00
Wednesday	Breakfast	Cheese & Bacon roll	\$2.20
	Recess	Nugget/Wedge Combo	\$3.00
	Lunch or	Mac cheese	\$3.70
	Lunch Special	Chicken Burger Or Beef Burger	\$4.00
Thursday	Breakfast	Ham & cheese Toasties	\$2.20
	Recess	Hot chicken & cheese wrap	\$3.00
	Lunch or	Hot Dogs & Sauce	\$2.70
	Lunch Special	Asian meal (gluten free)	\$4.00
Friday	Breakfast	Hot Ham, cheese, egg wraps	\$3.00
	Recess	Lge Pizza Bread or pizza sub	\$3.50
	Lunch Special	Lasagne & Garlic Bread or burrito's or Nachos	\$4.00

LUNCH ORDER ITEMS

PREORDERED BEFORE 9AM

Item	Price
Ham Salad Roll With the Lot	\$3.80
Caesar salad roll	\$3.80
Chicken lettuce & mayo roll	\$3.40
Chicken Burger	\$4.00
Hot chicken gravy Roll	\$3.50
Chicken Parmigiana Burger	\$4.00
Hot meatball & gravy roll	\$3.80
Marconi cheese	\$3.70
Lasagne	\$4.00
Cheese & spinach Rolls	\$3.80
Chicken Nuggets 5 pcs	\$3.00
Pizza Slabs: Hawaiian/ Marguerite/ Meat lovers	\$3.00
Pepper Steak Pie	\$3.00
Small Recess Pie	\$2.70
Small Sausage Roll	\$2.00
Large sausage roll	\$3.00
Large pie	\$3.80
Potato pie	\$4.50
Nugget & Potato Combo large	\$3.20
Full Garlic Bread	\$1.40
Sauce Portion	\$0.20
½ Garlic Bread	\$0.70
Chicken Pasta salad/ In season	\$3.70
Salad packs to order	\$4.00

Drinks

Water	600ml	\$1.70
	375ml	\$1.00
Popper Juice	250ml	\$1.50
Daily orange Juice	375ml	\$2.00
Passionfruit Juice	375ml	\$2.00
Pineapple Juice	350ml	\$2.50
Flavoured milks	600ml	\$3.50
	375ml	\$2.40
M Kakao choc milks	500ml	\$3.50
Milk plain	600ml	\$2.00
	300ml	\$1.40
LOL Fizzy Juice	250ml	\$2.00
Up & Go	250ml	\$2.40
Aroona raspberry or cola		\$2.00
Blizzard Hot Chocolate		\$2.00





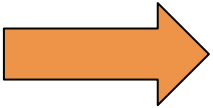







Snacks & other Foods

Selection of Fresh Sandwiches	\$2.20 to \$3.80
Fresh Salad Packs/Wraps	\$3.80 to \$4.00
Home Made Cookies	70c
Various Snacks:	
Noodles, tiny teddy	50c
Finger Buns	\$1.50
JJ's/ Chicken/ salt vine/pizza	\$1.00
Smith Chip variety	\$1.50
Home made Muffins	\$1.80

Moss Vale High School Merit System



VIVO

60 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached a Red Award which takes you to 70 Vivos</p>
160 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached a Green Award which takes you to 170 Vivos</p>
320 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached your Bronze Award which takes you to 330 Vivos</p>
480 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Silver Award which takes you to 490 Vivos</p>
640 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Gold Award which takes you to 650 Vivos</p>
950 Vivos			<p>You get an extra 10 Vivos for telling the Deputy that you have reached Platinum Award which takes you to 960 Vivos</p>