

# Moss Vale High School

P. O. Box 137 Moss Vale 2577 Tel: (02) 4868 1717 Fax: (02) 4868 2787 "Innovation, Opportunity, Connection Inspiring Success"

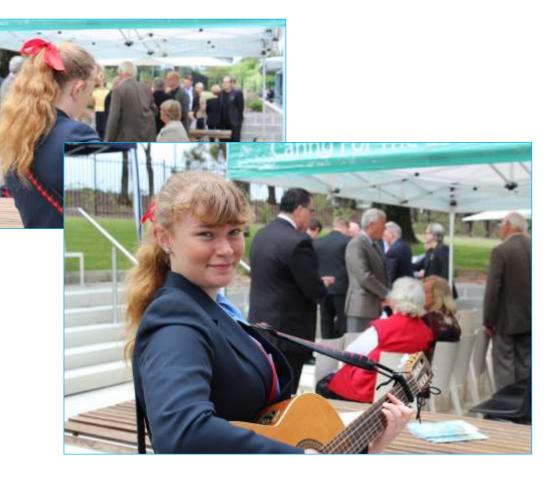
*E-mail* : mossvale-h.school@det.nsw.edu.au

Respectful, Safe and Responsible Learners

### 13 November 2015

# **Remembrance Day**

Wednesday 11 November 2015



**Rebecca Coulter** representing Moss Vale High School at the official unveiling of the Moss Vale War Memorial Aquatic Centre Commemorative Mural on Remembrance Day.

Mr Paviour was the official bugler for the ceremony.

Moss Vale High School website : www.mossvale-h.schools.nsw.edu.au

### **Principal's Report**

#### Transition to High School

This term is a major time for our Year 7 students as they move towards starting their high school careers next year. On Friday 13 November we had a special sports day for our students in Year 6 as part of our award winning transition program.

Following this event will be the Orientation Day on 3 December and a further information night for our parents. This is to make sure that not only our students but also our parents are ready and set to start high school in the new year.

Our school is very excited by the 105 plus students who will join our wonderful school community next year and I do look forward to welcoming each and every one of them.

#### Special Education Expansion

As many people are aware, our school will be expanding next year to include a fourth special education class. This means that our school will be supporting students in an **IO**, multi categorical (MC) and two autism classes from the start of 2016. This is a really exciting development for our school.

Over the course of this term, our transition program for these students has been operating very strongly with all our new students coming along and being part of our great school. It has been very exciting to see each of these students come to high school with the biggest of smiles on their faces, their enthusiasm for starting high school is just wonderful.

We are really enjoying helping our news students, who will become part of our special education unit in 2016, and become part of our school.

#### **HSC Exams**

Last week our class of 2015 completed the final HSC exams. On behalf of the school community I want to extend my sincerest best wishes to all our students who have now completed these exams. I hope and wish that all the efforts that they have put in will mean that they achieve results that will see them engage in university, TAFE or the world of work.

I also want to acknowledge these students for the way they conducted themselves during the exam period. The feedback that the school has received from the supervisors of the exams is that the students were again a credit to the school and themselves for their exemplary behaviour and conduct.

This week is our Year 12 formal and so I am looking forward to joining our students at this event and celebrating with them the finished of their exams and the final part of their secondary school careers. We wish our students all the very best!

#### Attendance

Just another reminder again to all our students that it is critically important that they are at school each and every day of the school week, especially this time of year as we are finalising assessments and teachers are in reporting writing mode. It is so very important that students give themselves every opportunity to succeed and to get the best possible reports that they possibly can.

#### Communication is the key

Please remember that if there is anything that we can help you with at school that all you have to do is contact the school. It is enormously important that school works closely with parents and carers and it is equally important that parents and carers work closely with school staff.

I look forward to continuing to strengthen communication across our school community!

Best Wishes Peter Macbeth Principal

### **Deputy Principal's Report**

#### Positive Behaviour for Success (PBS)

#### Do it in a Dress

I would like to thank the generous efforts of our entire school community in raising over \$2,000 on our "Do it in a Dress Day". All of the money raised will be donated to the 'One Girl Foundation' that supports the education of girls in Africa.

#### MOvember

Mr Luke Vandenbergh has been working hard to raise awareness of Movember and to 'change the face of men's health'. He has formed a "MoVale' High School team and we are all working towards raising over \$2000 to devote to this worthwhile cause. We are holding a 'MOfti Day' to encourage students to make a gold coin donation on the day and learn more about the health issues facing men today.

#### Luna Park Merit Reward Excursion

Our final Merit Reward excursion for PBS will be to Luna Park on Thursday 10 December. Students who have reached their Green Award or higher are invited to attend and can see me for a



School Captains Harriet Snaith, Hamish Schaefer and Lucy Backhouse led the way in 'Doing it in a Dress'.

permission note. Only one coach will be going so the first 70 students in with money and notes will be going.

#### Parent Support

We are aware that it is approaching the end of the year and some students have outgrown school shoes or certain items of uniform. However, the school has always been willing to offer assistance, where necessary, to ensure students are not disadvantaged and can access correct uniform. We are appealing to parents to support our efforts in maintaining standards and our values around safe, respectful and responsible behaviour. The wearing of correct school uniform is no different from the expectations in any workplace or the uniform requirements of sporting teams.

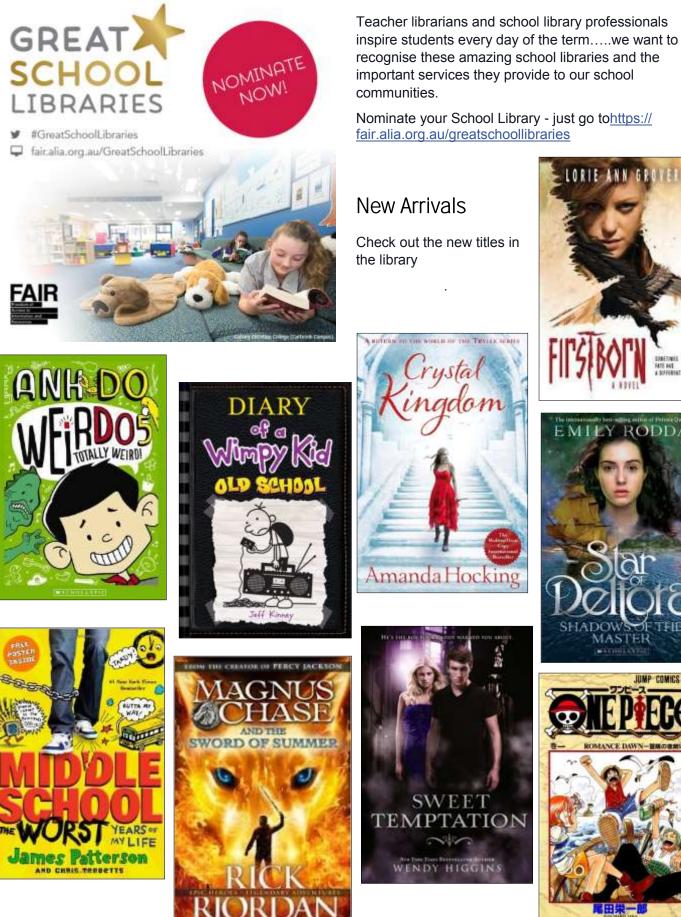
We appreciate parental support in this matter and we are always willing to clarify any questions you may have regarding our uniform policy that has been approved by our P&C.

#### Congratulations ...

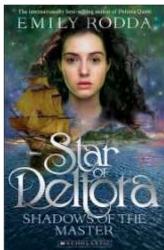
... to Katie Hall in Year 9 who placed first in an advertising design competition for the Swimwear Specialists 'Cossies R Us'. Katie will receive a cheque for \$1000 in Wollongong on Friday, 13 December.

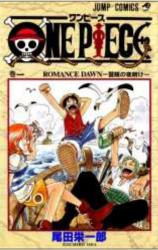
Mrs P Holmes Deputy Principal

# Great School Libraries - Have you been inspired?



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# Message from School Administrative Manager





# PERMISSION NOTES

Permission notes for excursions and other school activities have two purposes:

- to provide parents and caregivers information regarding an excursion or activity
  - o reason for the event
  - when and where
  - o who is to attend
  - what transport is involved
  - o cost of the event
  - deadline for permission note to be handed in
  - any other relevant information
- enable parents and caregivers to give written consent for a student to participate in an excursion or activity
  - o permission notes must be accompanied by any payment required
  - if payment is made online, date of payment and receipt number should be written on permission note
  - o payment may be made by credit card via telephone providing
  - payment alone is not consent, so it is important for permission notes to be handed in to the front office
  - any medical or other relevant information should be recorded on the permission note
  - students may miss out on an event if permission note is handed in after the last date of payment specified on the permission note
  - refunds are generally not given unless there are exceptional circumstances, and then only by special request and approval by the Principal

As always, please contact the school if you require further clarification on any matters.

Maureen Sinclair SCHOOL ADMINISTRATIVE MANAGER

## English Experiences

### From the Back of the Room

Not only was Friday October 23 our 'Do it in a Dress' day, it was also the day of the Red Room Poetry Workshop. Students from years 9 and 10 joined Australian Slam Poet Champion for two hours of empowering activities where we learned to :

- \* Own our name
- \* Tap into our stream of consciousness
- \* Extend metaphors
- \* Create sensory similes
- \* Share refrains
- \* Describe our neighbourhoods
- \* Perform poetry
- \* Discuss ideas and reach consensus on what works best in poetry.

This interesting and engaging opportunity came alive as Zohan shared his poetry and experiences of defeat before his eventual win at the national championship. Let Zohan inspire you by watching this interview and some of his poems <a href="https://www.youtube.com/watch?v=VQ8cWushNq0">https://www.youtube.com/watch?v=VQ8cWushNq0</a>

Students will soon be able to read their work on the Red Room's dedicated Moss Vale High School site here: <u>http://redroomcompany.org/education/projects/moss-vale-high-school-nsw-2015/</u>



### Activity Week 2015 Information for parents relating to water activities.



As you know, Activity Week takes places this year between the 14 and 16 December. There are many activities that involve swimming or water related participation.

DET guidelines, however, require students to pass a Water challenge test before participating in water activities. This test will be held at the Moss Vale Indoor pool on the 3rd December. It will cost students \$3.20. It requires students to complete the following.

- Entry Slide in entry into shallow water and walk five metres. (Please note: This is the minimum benchmark for yellow wrist banded students).
- Survival Swimming 25m swim with recognisable strokes. Survival Sequence Scull, float or tread water for 1 minute, call out for help once.
- **Exit** Exit the water unassisted.
- Rescue Sequence Demonstrate a simple voice rescue.

Following completion of 'The Challenge' all students will be classified as either proficient swimmers or non-proficient swimmers. Proficient swimmers will be issued on Activity Week with a blue wrist band and will be deemed safe to participate in the aquatic activity. Non-proficient students will be issued with a yellow wrist band and can participate in shallow water activities.

### Students must wear these bands for the duration of the water activity. Please note, this applies to all school excursions involving water, not just Activity Week.

Once a student completes the water challenge, the results are valid for two terms.

#### If you have any questions about the above information, please don't hesitate to call me.

Matt Nash Activity Week coordinator

# **GRIP Leadership Day 2015**

On Tuesday 3 November seven SRC students were selected to participate in the GRIP Leadership day in Goulburn. This day consisted of many leadership seminars and interactive activities to get to know one another and develop our skills as student leaders.

To start off the day we all participated in a meet and greet activity to find out a bit more about one another. To keep everyone interested throughout the day they had three 'loud noises' segments where volunteers went up on stage as representatives for each side of the room to play fun leadership based games against one another.

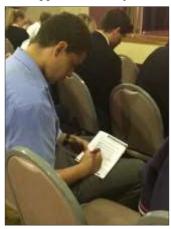
After the morning tea break students had a choice of breaking up into two smaller groups and attending conferences about either 'how to make speeches effective' or 'how to make events effective'. We chose to attend the speeches conference where we were told the dos and don'ts about making speeches and given a checklist to refer to when writing our own speeches in the future. We were then split into smaller multi-school groups to test out our new skills writing a speech on a given topic.

After the lunch break we then again split into two groups to attend either the 'how to say bye bye to bullying' conference or the 'how to motivate others' conference. We chose to attend the 'how to motivate others' conference where we found out tips to help motivate other students in the school community. We also learnt the different ways that students can react towards school activities, these reactions were either: the participator, the spectator, the sabotager and the whinger. We then went on to learn how to get as many students as possible participating in school events. We then got the chance to discuss with other schools how they successfully motivated students at their school to participate in school functions and events.

Then the split groups came back together to wrap up the day, this consisted of a Q&A and a final round of 'loud noises'. This was the most enjoyable segment of 'loud noises' as we were able to dance and watch others dance.

All in all it was an enjoyable day that we got a lot out of and learnt skills that will help us through life and in the leadership roles in the school.

#### By Jemi Huggett and Daisy Schaefer 8G





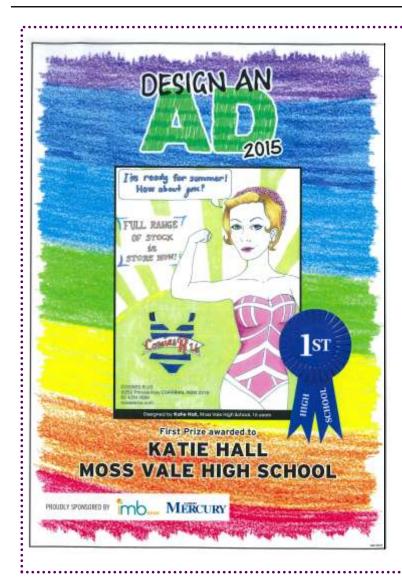


# All Abilities T20 Gala Day

James Fahey was one of our Year 9 Moss Vale High School students who helped out at the "All Abilities T20 Gala Day" held at Bradman Oval on Friday November 30.

He is seen here with Paul Brockley from Cricket NSW (in pink). He said he had a great day."







### Congratulations to Katie Hall, Year 9, who

placed first in an advertising design competition for

'Cossies R Us' Swimwear in Corrimal.

Katie received a cheque for \$1,000 at a

ceremony in Wollongong on

Friday 13 November 2015.



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TO : MOSS VALE HIGH	NOTE OF ABSENCE
Date :	Address :
Roll Class:Year:	
Please excuse the absence of my son/daughter : on (dates)	
Total number of days absent : The reason for the absence/s <i>(this reason must be specific, not just "he/she was sick")</i> :	
Parent Name:	
Parent Signature :	Date sent :
TO : MOSS VALE HIGH	NOTE OF ABSENCE
Date :	Address :
Roll Class : Year :	_
Please excuse the absence of my son/daughter : on (dates) Total number of days absent : The reason for the absence/s (this reason must be specific, not just "he/she was sick") :	
Parent Name:	
CHANGE OF ADDRESS	S / CONTACT DETAILS OFFICE USE ONLY CHANGED ON
NAME : Roll Class	s : Year : ERN
NEW ADDRESS :	PO BOX EMERGENCY CARD REPRINTED
	BUS Co
New Phone No's : Home : Work (	M) :
Mobile (M) : Work (F) : Me	
DATE YOU CHANGED ADDRESS :	
PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH :	