

Respectful, Safe and Responsible Learners 21 Narellan Road MOSS VALE NSW 2577 • PO Box 137 • T: 02 4868 1717 • F: 02 4868 2787 • E: mossvale-h.school@det.nsw.edu.au

14 December 2017

Wishing everyone a Merry Christmas & a safe & happy holiday break



Commencement Dates Term 1 2018

Monday 29 January Tuesday 30 January Wednesday 31 January

Staff Development Day All Years 7, 11 & 12 students All students in Years 8, 9 & 10

Thursday 1 February 2018 New Enrolments in all Years



Moss Vale High School website : www.mossvale-h.schools.nsw.edu.au

Principal's Report

Presentation Evening, formal assemblies and Year meetings have been an opportunity to celebrate the many achievements of our students, and your children. We not only celebrate their success but that of our whole school community. Student achievement does not just happen in isolation or without assistance. The most successful students, who are motivated and take advantage of opportunities, are generally those who are loved, nurtured and encouraged at home. Therefore, I would like to take this opportunity to thank the parents for all that you do to support your children, their education and Moss Vale High School.

I also know that students could not achieve their potential without the hard work and commitment of their teachers. I feel privileged to work with an outstanding group of passionate, dedicated and caring teachers here at Moss Vale High. I regularly see staff giving of their own time, during breaks, before and after school and even during school holidays in order to offer the best possible support and learning opportunities for their students. I extend a very sincere thank you to all of our staff.

There have been numerous highlights of our school year in terms of the outstanding achievements across the various areas of sport, the creative and performing arts, Agriculture, volunteering, Vocational Education, Public speaking, debating and academia. Many of these highlights were evidenced by the many awards presented last Thursday evening, so I will not list the numerous individual activities and achievements, but rather focus on what our school has achieved as a community. Our biggest highlight of the year had to be the visit by Turia Pitt. For those who may not be familiar with Turia, she is a remarkable young woman who suffered catastrophic burns to 65% of her body when she became trapped in a bushfire in the Kimberley region during an ultra marathon in 2011. This year as part of our ongoing reading initiative, every student and staff member received Turia's book, Everything to Live for. After much negotiation and many emails from Mr Luke Vandenbergh, Turia agreed to visit our school and speak to our students about her incredible journey to recovery through her personal strength and resilience.

Our collective reading of Everything to Live for, inspired the Positive Behaviour for Success team to initiate a school focus on being grateful for the simple things in life, and noticing what others do for us each day. Students and staff were able to nominate someone for a gratitude award to acknowledge those who regularly go out of their way to support others.

This is indicative of the strong spirit and culture of kindness that is present at Moss Vale high. Through the Positive Behaviour program, we continue to encourage our students to have a strong social conscience and to understand that each of us has an obligation to contribute in a positive way to the school, the broader community and the world around us.Throughout 2017 our school community has again raised in excess of \$10,000 for such charities as The One Girl Foundation which educates girls in Africa, INTERPLAST that provides doctors and medical care in developing countries, White Ribbon Council to support victims of domestic violence and the Movember Foundation, supporting initiatives in Mens'health.

Our Presentation Evening and assemblies are really about our young people and their impressive achievements. I want all of our students to know how incredibly proud I am of you. I hope that you in turn are all proud to say that you are a student of Moss Vale high school. I am so proud of the huge number of you that show a strong work ethic, perseverance and commitment to your school and community. Continue to strive to be your best and to succeed, not simply because you one day might have that big house, an expensive car or earn more than others, but because education and knowledge are our greatest weapon against intolerance, injustice and hatred. The world can be a violent, unfair and ugly place , but it can also be a place of great compassion and humanity. Education, and young people like yourselves, are our greatest hope of creating a more equitable, humane and peaceful world. Never stop seeking to achieve this goal. Never stop being curious and always keep your minds and hearts open to new ideas, to difference and to the power of the human spirit.

I wish all of our staff, students and their families a wonderful and safe Christmas. I look forward to seeing you all again in 2018.

Patricia Holmes Principal



(Travel or Holiday)

From the beginning of 2015, family holidays and travel outside of vacation period are now counted as an absence for the student and for statistical purposes.

Parents may apply for leave using the *"Application for Extended Leave — Travel"* form. Travel documentation, such as travel itinerary or e-ticket, needs to be attached to the Application. In addition, students must also complete a *Work Contract*, to be submitted with the completed Application.

If the Principal accepts the Application, a *"Certificate of Extended Leave — Travel"* will be issued. The certificate may be produced when requested by police or other authorised attendance officer.

The *Application for Extended Leave—Travel* and *Work Contract* are available from the front office or from the school website:

Moss Vale H	U	ol			2	21 Narellan R Phone: (d Moss Vale 02 4868 1717
Home Our school	Curriculum & Caring activities stude		VET / TAFI SBAT		Student Volunteeri		t System & PBS
	🛗 CALENDAR 🛛 💌 GA	LLERY 📞 CONTACT US	\$ MAKE	A PAYMENT	r s	Search site	Q
Our school	APPLIC	CATION FOR EXTE	NDED LE	AVE –	TRAVE	L	
School Planning and Reporting	Education &	NOTE: PART A is to			udent's pa	rent	
Enrolment	NSW Communities						
Getting involved	PART A: STUDENT DE	PART A: STUDENT DETAILS					
Schooling costs	Please complete table belo	ow with details of all students	s associated wi	ith the peri	od of travel:		
BYOD - Bring Your Own	FAMILY NAME	GIVEN NAME	DOB	AGE	GRADE	SRN	
Device O			1 1				
Parents O	Is required to atten	ia a recognisea religiou	is nonuay	1			
Attendance & absences	Moss Vale High School Work Contract (for students applying for Extended Leave) While students <u>may be given</u> permission for extended leave, they have a responsibility to complete work presented in missed lessons, including any assessment tasks.						
	Step 1 of this contract must be completed and returned to the Front Office at least one week prior to the start date of leave.						

These forms should be completed and handed in to the Front Office **at least one week prior to start date of leave.**

On return from leave, students are required to complete work they have missed and return the completed *Work Contract* within one week.

Maureen Sinclair SCHOOL ADMINISTRATIVE MANAGER



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Year 7 Equipment List 2018

Subject	Item		
Maths	A4 96 page lined work book		
	Protractor and compass		
	Scientific calculator (Casio-Fx82AU)		
	-can be purchased through school \$22.00		
	30 cm ruler (No metal)		
English	A4 96 page work book		
LOTE	A4 96 page work book		
History	A4 96 page work book		
Geography	A4 96 page work book		
Science	A4 128 page work book		
	Cardboard A4 Document Wallet		
	Safety glasses		
Agriculture	A4 96 page work book		
	A4 Display folder		
PDHPE	A4 96 page work book		
	Cardboard A4 Document Wallet		
	Sport Uniform		
	Appropriate Footwear (see uniform list)		
TAS	2 x A4 64 page work book		
Technology	Safety glasses		
Music	Booklet supplied at school		
Visual Arts	Visual Arts diary		
	4B & 2B pencils		
General items	1 (min) ea black / blue / red pens		
	extra HB pencils		
	Packet 12 coloured pencils		
	Pencil sharpener		
	Packet 12 Textas		
	Scissors		
	Glue Stick		
	8 GB USB		
	Eraser		

Please ensure <u>all</u> books are covered (please note Maths, Science and Ag require plastic style contact) and labelled ready to use on the first day back to school.



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Year 8 Equipment List 2018

Subject	Item		
Maths	A4 240 page lined work book		
	Protractor and compass		
	Scientific calculator (Casio-Fx82AU)		
	-can be purchased through school \$22.00		
	30 cm ruler (No metal)		
English	A4 work book with perforated paper OR		
	A4 folder and loose leaf pages		
Dance	Booklets provided at school		
Drama	Booklets provided at school		
History	A4 128 page work book		
Geography	A4 128 page work book		
Science	192 page work book or A4 work book		
	Safety glasses		
	Earphones		
Agriculture	A4 96 page work book		
	A4 Display folder		
PDHPE	A4 240 page work book		
	Cardboard A4 Document Wallet		
	Sport Uniform		
	Appropriate Footwear (see uniform list)		
TAS	2 x A4 64 page workbooks		
Technology Music	Safety glasses Booklet supplied at school		
imusic			
Marcal Asta	Earphones		
Visual Arts	Visual Arts diary		
	4B & 2B pencils		
General items	1 (min) ea black / blue / red pens		
	extra HB pencils		
	Packet 12 coloured pencils		
	Pencil sharpener		
	Packet 12 Textas		
	Scissors		
	Glue Stick		
	8 GB USB		
	Eraser		

Please ensure all books are covered (please note Maths, Science and Ag require plastic style contact)



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Year 9 and 10 Equipment List 2018

Equipment Common to all Subjects

Black, Blue and Red Pens	Glue stick
Lead Pencils	Paper Scissors
Coloured Pencils	Diary
Ruler, pencil sharpener, eraser	16 GB USB

Core Subjects	Books/Equipment required		
English	A4 book with perforated/removable pages OR		
	A4 folder and loose leaf pages		
Mathematics	240 page ruled exercise book		
	Scientific calculator (Casio Fx82AU) can be purchased through school \$22.00		
	Protractor and compass		
Science	128 page exercise book or A4 work book		
	Year 10 only - 48 page exercise book (used for log book) & earphones		
	Safety glasses		
Mandatory History	192 page exercise book or A4 work book		
Mandatory Geography	192 page exercise book or A4 work book		
PD.H.PE	240 page exercise book		
	Cardboard A4 Document Wallet		
Sport	Sports uniform		
	Appropriate footwear (check school uniform list)		
Elective Subjects	Books/Equipment required		
Agriculture	128 page exercise book or A4 work book		
Commerce	192 page exercise book or A4 work book		
Creative Writing & Publishing	A4 96 page work book		
Dance	Visual Arts diary		
-	Dance clothes – tights & T shirt/singlet, shorts for boys		
Drama	Visual Arts diary		
Food Technology	A4 spiral bound work book		
_	Full length apron		
Information & Software Tech	Large GB USB (separate to general)		
Mastermind- STEM	A4 spiral bound exercise book		
	16 GB USB (separate to general)		
Metal Technology	A4 book with perforated/removable pages		
Music	Booklets provided by school		
	Device to play music eg MP3 player/ ipod/ ipad/ laptop/ phone & earphones		
PASS	240 page exercise book		
	Sports uniform		
	Appropriate footwear (check school uniform list)		
Photography & Digital Media	Visual Arts diary		
	1 x A4 display folder		
	16 GB USB (separate to general)		
Timber Technology	A4 book with perforated/removable pages		
	A4 Display folder		
Visual Arts	Visual Arts diary		
Visual Design	2B, 4B, 6B pencils		
5	Coloured pencils		



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Year 11 and 12 Equipment List 2018

Equipment Common to all Subjects

Black, Blue and Red Pens	Glue stick
Lead Pencils	Paper Scissors
Coloured Pencils	Diary
Ruler, pencil sharpener, eraser	16 GB USB

Subjects	Books/Equipment required
Agriculture	2 x A4 work book 8 GB USB (separate to general)
Ancient History	A4 192 page work book
Biology	A4 192 page work book Safety glasses
Business Services	A4 book with perforated/removable pages & A4 folder
Business Studies	A4 192 page work book
Chemistry	A4 book with perforated/removable pages OR A4 folder and loose leaf paper Safety glasses
Construction	A4 folder and loose leaf paper Work boots
Drama	1 x Visual Arts diary for Yr 11 3 x Visual Arts diaries for Yr 12 Booklets provided by school
Earth & Environmental Science	A4 book with perforated/removable pages OR A4 folder and loose leaf paper Safety glasses
English	A4 book with perforated/removable pages OR A4 folder and loose leaf pages
Entertainment	Booklets provided by school Uniform, purchased in Term 1, after consultation with teachers
Food Technology	A4 book with perforated/removable pages OR A4 folder and loose leaf pages Full length apron
Hospitality	A4 book with perforated/removable pages OR A4 folder and loose leaf pages Uniform, purchased in Term 1, after consultation with teachers
Industrial Technology - Timber	A4 folder and loose leaf pages HB Pencils
Information & Digital Technology	Cardboard A4 Document Wallet
Legal Studies	A4 192 page work book
Mathematics	A4 booklet with lined pages Casio Scientific calculator Fx82AU may be purchased through school \$22.00
Modern History	A4 192 page work book
Music	Booklets provided by school Device to play music eg MP3 player/ ipod/ ipad/ laptop/ phone & earphones
PD.H.PE Sport	240 page exercise book Sports uniform Appropriate footwear (check school uniform list)

Year 11 and 12 Equipment List 2018 continued

Primary Industries	A4 exercise book
	A4 display folder
	Safety glasses
Photography	A4 Visual Arts diary
	A4 Display folder
	16 GB USB (separate to general)
Sport and Lifestyle and Recreational Studies	A4 folder and lined paper
	Plastic sleeves
	Sports uniform
	Appropriate footwear (check school uniform list)
Senior Science	A4 192 page work book and
	A4 loose leaf paper
	Safety glasses
Society and Culture	A4 180 page work book
Textiles and Design	A4 folder and loose leaf paper
_	Sketch book
	Water Colour pencils
	2B lead pencils
Visual Arts	Visual Arts diary
	A4 folder with loose leaf paper
	2B, 4B, 6B pencils
Visual Design	Visual Arts diary
	2B, 4B, 6B pencils
Work Studies	A4 Spiral bound exercise book
TVET Subjects	Students will be informed of requirements during first TAFE class



A U S T R A L I A N CONTEMPORARY CRAFT & DESIGN

"In These Hands: Mara nyangangka" Celebrating 70 years of Ernabella Arts.

Exciting new exhibition opens 7 December at 6pm in conjunction with Sturt annual Artisans night market.

The fruits of a collaboration that took place 46 years ago are soon to be the subject of a very special exhibition and residency between Australia's two oldest centres for craft and design – Sturt Gallery & Studios (1941) and Ernabella Arts (1948).

In the late 1960s two women from different worlds struck up a friendship and artistic collaboration that would last a lifetime. Elisabeth Nagel, master weaver from Sturt in the lush green Southern Highlands of NSW travelled to the remote Pukatja Community in far north western South Australia where she met Winifred Hilliard, the then Manager of the craft industry at Ernabella Mission. Together they sparked a ground breaking initiative between two of Australia's oldest craft centres which would lead to inspiring artistic production spanning generations.

Elisabeth Nagel (now in her 80's) will be at the celebration and opening along with representatives of a new generation of Indigenous artists carrying forward the stories, traditions and techniques that have gone before at what's set to be one of the most exciting new exhibitions of Indigenous art not to be missed.

The exhibition will run from 7 Dec 2017 to 12 February 2018.

All enquiries or images

Mark Viner, Head of Sturt on 0248 602080 or Slavica Zivkovic, Gallery Manager on 0248 602083. Email mviner@sturt.nsw.edu.au or shop@sturt.nsw.edu.au

Web www.sturt.nsw.edu.au

Sturt Gallery, Cnr Range Rd and Waverley Pde, Mittagong 2575. Open seven days 10am - 5pm.



Adolescent human papillomavirus (HPV) vaccination program

In early 2017 parents/carers of Year 7 students were asked to provide consent for their children to receive three doses of HPV vaccine in the NSW School Vaccination Program.

Most* Year 7 students who have received two doses of HPV vaccine are considered to be fully vaccinated and <u>do not require a further dose</u>.

This change is based on recent international studies that show for children aged 9 to 14 years of age, two doses of HPV vaccine provide the same protection as three doses, as long as the second dose is given at least six months after the first dose. Based on this evidence, the World Health Organization (WHO) now recommends a two-dose HPV schedule, and this has already been adopted in comparable countries (i.e. the UK, Canada, the United States and New Zealand) and is now being adopted in Australia.

In 2017 Year 7 students were given the second dose of HPV vaccine at least six months after the first dose to accommodate the urgent roll-out of the Meningococcal W Response Program to Year 11 and 12 students. Year 7 students who have received only one dose of HPV this year will be offered their second dose in 2018. Parents/carers whose children were vaccinated in 2017 but who still wish for their child to receive a third dose of HPV vaccine can access a free dose from their general practitioner (GP).

* Students with significantly impaired immune systems are still recommended to have three doses of HPV vaccine. Parents of these students should make arrangements to complete the vaccine course with their GP or by calling their local public health unit on 1300 066 055.



Tired of fighting with your teen? Worried about their behaviour? Sign up now to our free online program for parents of tweens and teens!

Parents want to raise teenagers who are respectful and responsible, happy and confident. But, helping your teen navigate adolescence can be stressful and unpredictable. Researchers at The University of Queensland are excited to offer Australian parents of pre-teens and teens (aged 10-16 years) the opportunity to try a brand new online parenting program for free as part of a research trial. The program is based on the successful Triple P:

Positive Parenting Program. We are looking for parents who are experiencing conflict with their teenager or have concerns about their behaviour. You will be asked to complete questionnaires to help test the effects of the program. To find out more or register for the study,

visit: https://exp.psy.uq.edu.au/parentingteens/project/online

cybersafety solutions

<u>Growing up</u> Online:

An informative & entertaining session for Parents and carers is delivered with Susan's famous 'no nonsense' approach & will cover the positive benefits of technology as well as what parents need to be aware of:-

- What are kids doing online The popular social networking sites and apps such as KiK, Musical.ly and Instagram & Yellow. What they are, what are the legal ages to use them & why these rules should be obeyed? The difference between an 'online friend' and a 'stranger'.
- Online Grooming What is it and when/how does it occur? What are the warning signs & what to do if you suspect this is happening to your child.
- Cyberbullying What it is, where it happens, what it looks like, how to prevent and what to do if it occurs. Also the legal consequences and the possible criminal charges.
- Sexting' the taking and sending of explicit images...what are the REAL consequences. (Primary school kids to).
- Potential dangers and safety tips how to assist the children in your care to stay safe online via parental controls and restriction passcodes
- Problematic Internet use and gaming issues.
- Office of the eSafety Commissioner Role, Resources & Reporting.
- Be confident in setting rules and boundaries around Internet use in the home. It's OK to say NO!

This session has been held but parents can go to the website below for more information.

For Parents & Guardians



Susan Mclean is Australia's foremost expert in the area of Cybersafety and young people. She is a mother of three and was the first Victorian Police Officer appointed to a position involving Cybersafety and young people. She took her first report of cyberbullying in 1994 and since then she has conducted extensive research and has completed advanced training in this area in both the USA and UK and is a sought after presenter and advisor to Schools, elite sporting bodies such as the AFL, GP's, and both State and Federal Governments. She has authored resources for the Victorian DET, writes and reviews school Policy, provides crisis management/advice to schools and is afforded 'expert' status on the Safer Internet **Programme Data Base.** She is also a member of the Australian Government's Cybersafety working group and a published author. Her book 'Sext's Texts & Selfies', is the definitive parents' guide to helping their children stay safe online.

What Susan doesn't know about Cybersafety is not worth knowing! She is absolutely brilliant and her presentations are dynamic and entertaining. She has the unique ability to connect with each audience from young people to adults.

(Dr Michael Carr-Gregg Adolescent Psychologist)

www.cybersafetysolutions.com.au



The Duke of Edinburgh Award program is starting again at

Moss Vale High School in 2018.

It is an internationally recognised program for young people, building their skills to equip them for life and work. By creating opportunities for young people to develop skills, get physically active, give service and experience adventure, the Award can play a critical role in their development.

The choice to do The Duke of Ed is entirely voluntary and every Award is different. Each participant chooses which activities they want to take part in for each Section. It is a very personal program that offers young people a structure to fulfil their passions and ambitions in a way that suits them.

Apart from the requirements for each Section, and the safety training requirements for the Adventurous Journey Section, the activities a participant chooses to undertake is entirely up to them. They have the freedom to progress through The Duke of Ed according to their personal needs and abilities.

The Award is comprised of three levels (Bronze, Silver and Gold Award) and four sections. Participants complete all four sections at each level in order to achieve their Award. At Gold level, participants also complete a Residential Project.

Service

The Service section of the Award encourages young people to volunteer their time and understand the benefits of this service to their community.

Skills

The Skills section of the Award encourages the development of personal interests and practical and social skills.

Physical Recreation

The Physical Recreation section of the Award encourages young people to participate in sport and other physical recreation for the improvement of health and fitness.

Adventurous Journey

The Adventurous Journey section encourages a sense of adventure whilst undertaking a team journey or expedition. As part of a small team, participants will plan, train for and undertake a journey with a defined purpose in an unfamiliar environment.

Residential Project

The Residential Project, completed only at Gold level, aims to broaden participants' horizons through involvement with others in a residential setting.

If you think your student should consider completing the program, please encourage them to come to the TAS staffroom at school and collect the information and application form.

There will be a Parent/Caregiver information evening held later in the term.

If you need any further information, please contact Gillian Button in the TAS Department at School, or email me at: <u>Gillian.button@det.nsw.edu.au</u>

More information about the Award can be found at: <u>http://dukeofed.org.au/</u>

WANTED: Youth to set direction, have fun and gain experience

Do you know a young person who would be interested in planning and guiding youth activities and services?



Council is looking for young people to:

- Join a Youth Week working group. Create, plan and run exciting, fun and interactive events. The group will meet up at the Highlands Youth HUB in Bowral every second Wednesday at 4pm starting on 29 November 2017. Food will be provided and assistance with transport to and from meetings can be arranged. Youth Week events will run from 13 to 22 April 2018.
- Review our Youth Strategy & Action Plan. Having reached a number of goals and made headway on many outcomes it is now time to review our approach and make sure that we are still on track with youth needs in our community. We need young people to be a part of the team that will run the next forum in 2018 and have direct input!

Get involved. Share your details or ask questions by contacting Michelle Williams, Youth Liaison Officer, on phone 4868 0859 or via email to michelle.williams@wsc.nsw.gov.au

School Notices



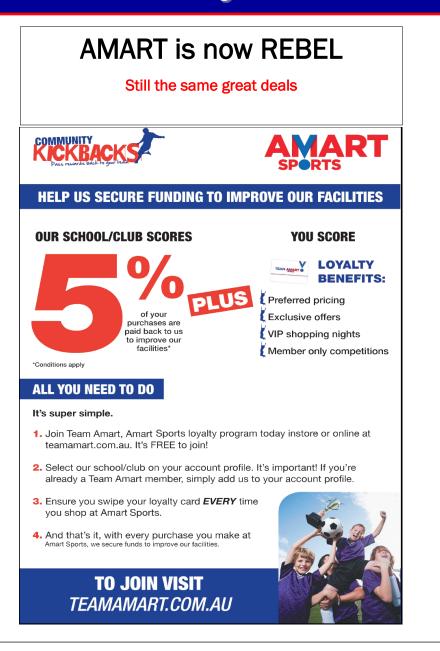






Moss Vale High School staff and students would like to express their appreciation to **Graham Marcolin** (McDonald's Sutton Forest and Moss Vale) for supporting our school with use of bus transportation.

Community Notices





TO : MOSS VALE HIGH		NOTE OF	ABSENCE
Date :	Ad	dress :	
Roll Class:	_ Year :		
Please excuse the absence of			
on (dates) Total number of days absent :			
The reason for the absence/s (ust "he/she was sick"):	
Parent Name:			
Parent Signature :		Date sent :	
TO : <u>MOSS VALE HIGH</u>			F ABSENCE
Date :	Ad	dress:	
Roll Class:	_ Year :		
Please excuse the absence of			
On (dates)			
Total number of days absent : The reason for the absence/s (ust "he/she was sick") :	
Parent Name:			
Parent Signature :		Date sent :	
СН	ANGE OF ADDRESS / C	ONTACT DETAILS	
			OFFICE USE ONLY CHANGED ON
NAME :	Roll Class :	Year :	ERN
NEW ADDRESS :			EMERGENCY CARD
New Phone No's : Home :			BUS Co NOTIFIED

Mobile (M) : Work (F) : Mobile (F) :

Email :

DATE YOU CHANGED ADDRESS :

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PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH :

RECEIVED NEW BUS