



**Waratah Magazine**  
**MOSS VALE HIGH**  
**SCHOOL**



The 2022 school year was overall another positive and productive one, and it was fantastic to be able to get back to a sense of normality after the past two years of disruption with COVID and remote learning. Students and staff enjoyed being able to return to competitive sporting events, excursions and to our Creative and Performing Arts events. Our Positive Behaviour for Success (PBS) theme for 2022 was focused on Kindness, which was initiated and promoted by one of our incoming school captains, Sam Kennedy. Throughout the year, students and staff were encouraged to nominate a member of the school community for making a positive difference through an act of kindness. Kindness Awards became a regular feature at our whole school assemblies each fortnight. Kindness was also one of the major themes in our 2022 Kick Off with Reading (KOWR) book, Eddie Jaku's, *The Happiest Man on Earth*. We have such an evident spirit and culture of kindness at our school.

Through our Positive Behaviour for Success program, we continued to encourage our students to have a strong social conscience and to understand that each of us has an obligation to give back to others and to our wider communities. Throughout 2022 our school raised more than \$10,000 for such charities and causes as relief for the victims of the Lismore floods, The One Girl Foundation to educate girls in developing countries, Homegroups for the Homeless, the Movember Foundation, awareness and support as promoted for Bowral Reframe which supports our young people suffering with mental health issues and the White Ribbon Foundation to support victims of domestic violence. The generosity of our school community never ceases to amaze me.



The KOWR book, *The Happiest Man on Earth*, was a great success and was utilised by most faculties in their classroom teaching and learning activities. We also made multiple references to the themes and messages in Eddie's book as they reinforced our PBS values perfectly. Whilst Eddie experienced some of the worst atrocities inflicted upon human beings in modern history, he still promoted the concepts of kindness, love for family, resilience and the value of education. One of Eddie's most important messages in his book is the belief that 'happiness does not fall from the sky. It is in your hands. Happiness comes from inside yourself and from the people you love.' It was a privilege to share the reading of this inspirational book with our school community. In 2023, our KOWR book will be Deng Adut's *Songs of a War Boy* (teen edition). The book is the inspirational memoir of a young man who has overcome unthinkable adversity to become a lawyer and refugee advocate. I would also like to thank our wonderful



P&C for generously donating \$12,000 towards the purchase of these books.

Our school year has been one of great achievements in so many areas of academia, community service, sport and athletics, the creative and performing arts and student leadership. It is impossible to mention all the highlights of our school year across these areas, but many will be highlighted throughout the Waratah. I would like to thank our parents and carers for entrusting your children to Moss Vale High School and to public education. I would also like to thank our hardworking teachers and support staff for all they do to teach, nurture and support our students. I feel privileged to work with the most outstanding group of passionate, committed and caring staff.

In terms of staffing for 2023, we will be farewelling two substantive teachers. Mrs Kerri-Jane Burke, Head Teacher English, will be retiring at the end of the 2022 school year. Mrs Burke has been an outstanding teacher and leader of the English faculty and I wish her all the best in retirement. Ms Bethany Quinn, Science teacher, was successful in attaining a position, through merit selection, at Bulli High School. This was a difficult decision for Ms Quinn, but it means she will be working much closer to home. Ms Quinn is a brilliant teacher, and she will be sadly missed. However, Bulli High is very lucky to be getting her and I know this will enable Ms Quinn to have a much better home-work balance. We will be welcoming the following substantive staff in 2023: Ms Natalie Ottens into the English faculty; Ms Heather Duffy and Ms Kate Regan into the Support Unit.

We will also be welcoming the following teachers for a temporary engagement throughout next year: Mr Carlos Castillo in Science, Mr Aaron Cooke in PDHPE, Ms Mia Westbrook as our specialist teacher in Literacy/Numeracy and Ms Judy Baxt in Technology. Mr Yianni Vasilakis successfully gained the Head Teacher English position after a rigorous merit selection process, and Ms Stephanie Lidgard will be the relieving Head Teacher Administration during Term One next year whilst we run the merit selection process for this position.

I would also like to thank Ms Shannon Fox, Mr Brayden Grehan, Mr Jake Deasy, Mr Sam Jones, Ms Laura Tait and Ms Adele Maskiell for their outstanding contributions whilst working as long-term temporary engagement teachers at Moss Vale High School. I wish them all the very best as they move into a range of different areas and schools.

Mrs Letitia Summers was successful, at merit selection, in gaining the Head Teacher Teaching and Learning. It will be great to have someone of Mrs Summers' abilities and experience working on supporting our teachers and building their capacity to improve student outcomes.

Our school community suffered the very sad loss of a much-loved colleague and friend, Mrs

Gillian Button. Gillian passed away on 26 October 2022 after a relatively short battle with an aggressive form of cancer. Gillian was not only an outstanding and committed Technology teacher, but she managed all aspects of the Duke of Edinburgh Awards program. Gillian loved assisting students in building resilience and creating memorable experiences throughout the Duke of Ed adventures. She had a generous and caring spirit, and she would do anything to help students who were most in-need. Our thoughts are with Gillian's husband, Neil, and all her family at this most difficult time of year without her loving presence.

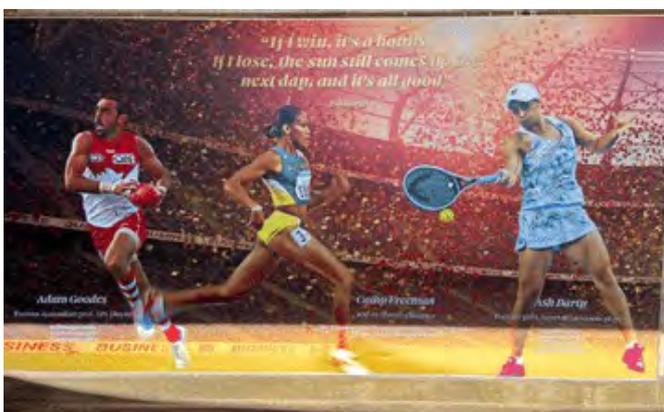
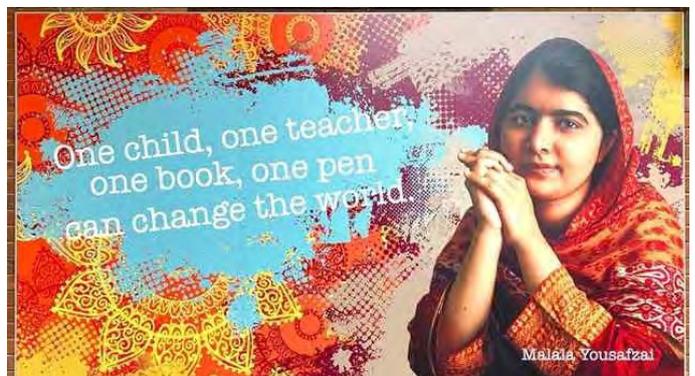
Finally, I would like to thank all members of our school community for the ongoing support of our wonderful school. I wish our staff, students and their families a safe, happy and peaceful Christmas break. I look forward to another great year in 2023.

Mrs Patricia Holmes  
Principal

*Merry Christmas*



*Beautiful murals have been installed around the school, reflecting our school ethos of Safe, Respectful and Responsible Learners*



# ENGLISH

2022 saw the return of excursions, with Year 12 Standard students enjoying a trip to Sydney for a performance of their prescribed text *Past the Shallows*. Favel Perrett's novel is a challenging read that shares deep insights about social issues such as family breakdown and personal loss against the backdrop of 1980s Tasmania. Everyone praised the outstanding actors and high production values delivered by the Australian Theatre for Young People. Thank you to Ms Morthorpe and Mr Vasilakis for being part of this fabulous opportunity that allows our students to be fully engaged in their learning.

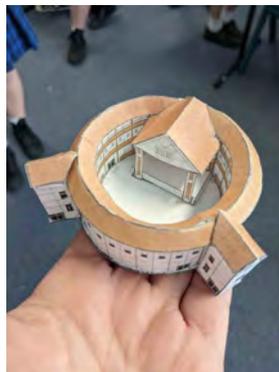


As our contribution to the unique Kick Off with Reading program, junior English students reflected on the impact of Eddie Jaku's *The Happiest Man on Earth*. This was a competitive project, with all students invited to consider specific examples of Eddie's advice for a successful life. Life lessons on education, the value of work, kindness and family are closely aligned with Moss Vale High School's PBS values of safe, responsible and respectful. Congratulations to the successful students who were showcased in a short film, beautifully created by Ms Hansen, and screened at whole school assemblies.

Throughout the year, imaginative and critical learning opportunities in English have been shared on Facebook. Please enjoy these examples of student engagement and work from the last few weeks of the year. These works have been displayed in classrooms and the Bamir Language Gallery which is situated in the top floor of A block:

**Year 7 Reflections – my high school experience in English**

**Year 8 – constructing Shakespeare's Globe Theatre**



**Year 10 – The Simple Gift blackout poetry**

**Year 10 – Our Country reflecting on the Australian Wars**

This has been a challenging year in English with several changes due to staffing issues. We have worked hard to make sure students have not been disadvantaged in either the junior or senior school.

This is my last year at Moss Vale High and I look forward to enjoying retirement from 2023. I am eternally grateful for the warm support from the school community, both staff and students. In an environment of ever increasing workloads and curriculum changes, my role as Head Teacher English would not have been possible without the caring and compassionate Senior Executive – Ms Campbell, Mr Carlyon and Ms Holmes. A special, heartfelt thanks to everyone in the English Faculty who have made this difficult year that much easier.

*Kerri-Jane Burke*  
*Head Teacher English*

### **Debating**

This year we entered four teams into the Premier's Debating Challenge. Our Senior Year 12 team, Belinda, Issy, Jeremy, Tyson, Eric and Nikolai did very well to make it to round 5 of the knockout competition. They enthusiastically embraced the chance to debate against schools all over the State. Similarly, the Senior Year 11 team of Molly, Zara and Jasmine made it through to round 4 of their knockout competition, again debating via zoom against teams from all over NSW. The Intermediate team of Mia, Dixie, Grace and Zara managed two wins and a loss and look forward to further honing their skills in 2023. Finally, a huge congratulations to the Junior team, Sam, Marley, Tori, Grace and Chiara, who made it through to the regional finals.



*Ms Morthorpe*  
*Debating Coordinator*

# mathematics

This year, the Moss Vale High Mathematics Faculty has seen students continue to enjoy the challenge of learning new skills in Mathematics. This is evident as students in Stage 6 have selected Mathematics in the pattern of study for 2023. In all years, students have consistently shown a growth mindset in Mathematics and is great to see so many students using the values of the How2Learn readily as lifelong learners. Staff and students in 2022, have continued to develop as 21st-century learners and educators through integrating ICT's and the Canvas learning management platform. This year alone, Dr Oehm created over 200 canvas quizzes for his students, providing them with instant and timely feedback on their mathematical development.

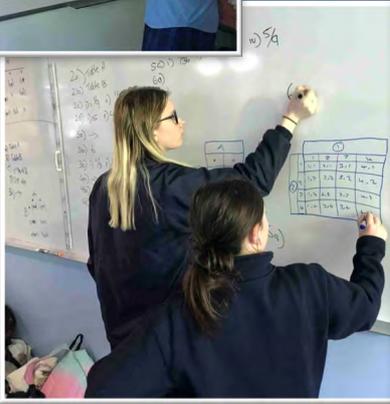
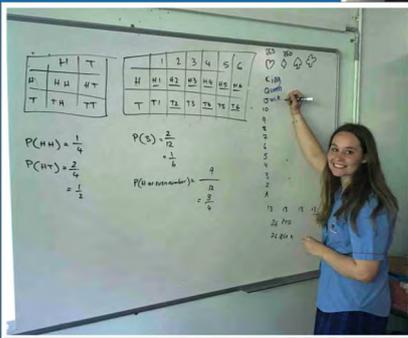
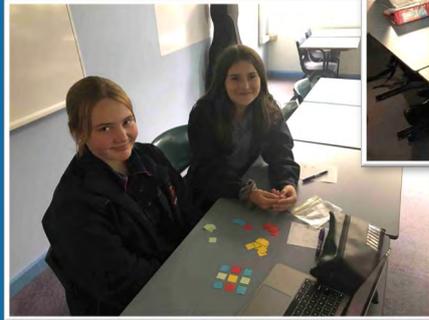
All students in Years 8 and 9 have engaged in targeted numeracy periods to develop their foundation numeracy skills further. These periods allowed students to build confidence in using various numeracy problem-solving strategies. This initiative supports NSW Premier Priorities for increasing the numeracy results across the state and the Moss Vale High School Improvement Plan. As a result of this program over the past two years, we have seen an increase in the percentage of Year 9 students achieving in the top two bands for their numeracy results.

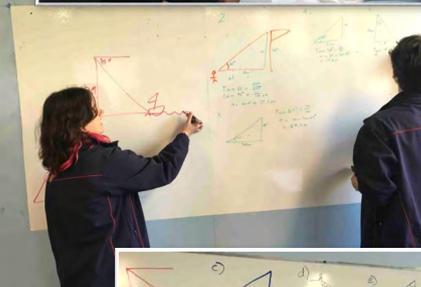
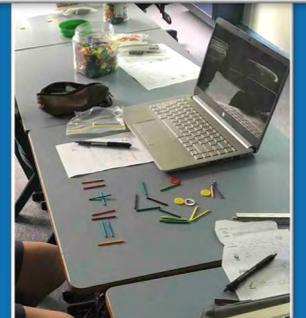
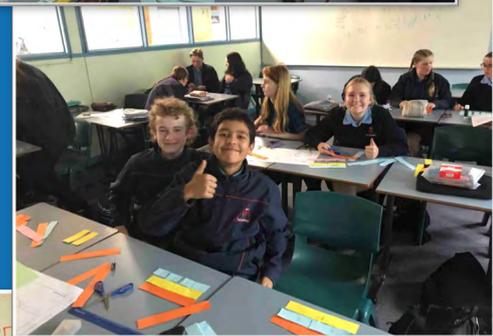
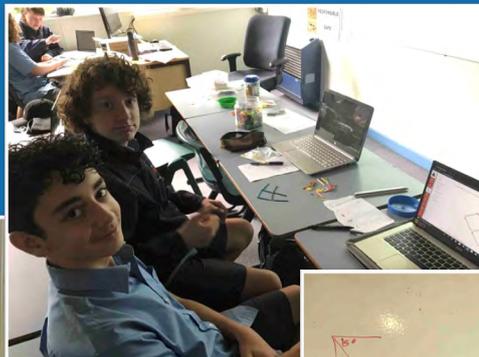
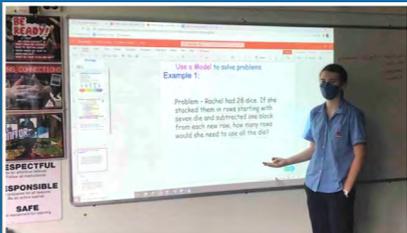
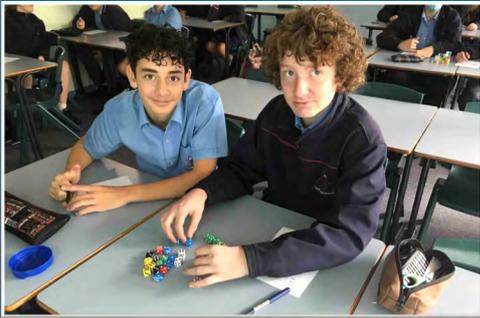
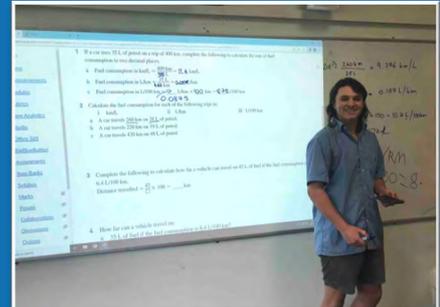
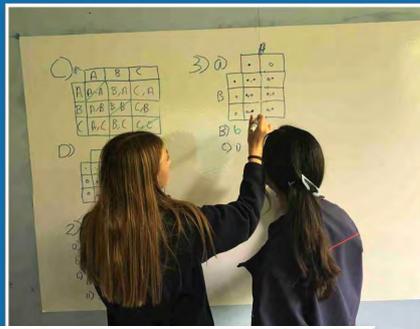
The Mathematics Faculty offered many enrichment opportunities in 2022 thanks to Ms Naujok for coordinating the Mathematics Competitions and lunchtime coding club and Dr Oehm for coordinating the Chess Competition. In addition, all the Mathematics teachers for supporting the Wednesday Mathematics lunchtime help, which allowed the students to seek extra assistance and further develop their knowledge of Mathematics. This year thirty-three students from Years 7-11 volunteered to participate in the Australian Mathematics Competition. The 2022 Australian Mathematics Competition was the largest group of students that Moss Vale High has had experience the competition for many years. Well done to all those who participated.

*Matt Lee*  
*Head Teacher Mathematics*

## Australian Mathematics Competition High Performers

Division	Student	Achievement
Junior	Matilda Francis	Credit
	Toby Longshaw	Credit
	Larissa Bernie	Credit
	Anna Risteska	Credit
Intermediate	Aiden Torpy	Distinction
	Isaiah Webb	Credit
	Daniel Zenobi	Credit
	Nyah Cox	Credit







# Science & Agriculture

Another year has flown by with many successes in the Science and Agriculture Faculty. We have tried to encapsulate the Highlights in this article.

The teaching staff is comprised of Miss Georgia Gee, Mr Alex Miller, Mrs Jemima Finlayson (HT), Ms K. Rumble, Miss Beth Quinn, Ms Simone McNeill and Dr Bryan Shedden. We also said goodbye to Mr Josh Rethmann at the end of Term 3 as he left teaching to pursue another career, so we have had Mr Robert Beattie and Mr Jon Coughlin filling this position for Term 4.

It is with great sadness we are to farewell Miss Bethany Quinn at the end of year as she was successful in obtaining a substantive position through merit selection at Bulli High School next year. She will be sorely missed by the Science Faculty and the Moss Vale High School community in general. Bethany was an active member of the teaching staff, involving herself in the Aboriginal Education Team, the whole school reporting process, the roll-out of the CANVAS learning platform, swimming and sporting events, school solar panel installation grant and many more. We wish Beth all the best in her new role at Bulli High.



*Miss Quinn*

## Notable 2021 HSC Results:

Jackson Miller - Band 6 Agriculture, Band 5 Chemistry, Band 5 Physics

Matilda Rosas - Band 5 Agriculture, Band 5 Earth and Environmental Science, Band 5 Primary Industries, P.I. Student of the Year and overall VET Student of the Year (Southern Highlands Region)

Thomas Gillis - Band 5 Earth and Environmental Science

Hayley Brown - Band 5 Biology

Hazel McGlynn - Band 5 Biology

Riley Muir - Band 5 Biology

Amber Wood - Band 5 Biology

## HIGHLIGHTS OF THE YEAR

### SEMESTER 1

- A busy start to the year – getting to know our new classes and inspiring awe and wonder in the classroom and at the farm.
- Due to the wet weather over the Spring/Summer of 21/22 the school's Suffolk sheep were shorn in February
- Year 10 Science and Engineering Challenge
- 12 Earth and Environmental Science visit to the Australian Museum
- Mothers Day



*Mother's Day*

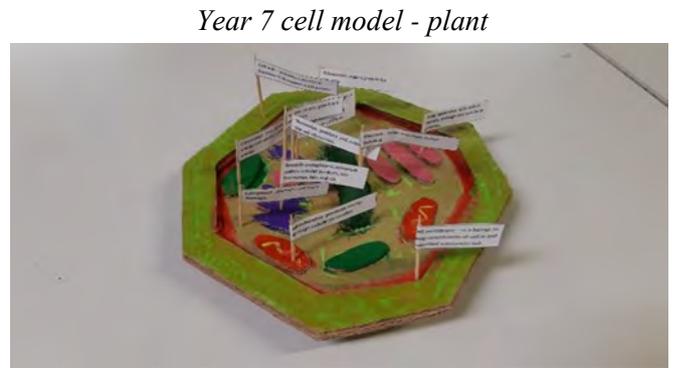


Sheep Shearing

Year 7 completed a homework task of modelling the parts of plant and animal cells using miscellaneous items they could find at home.



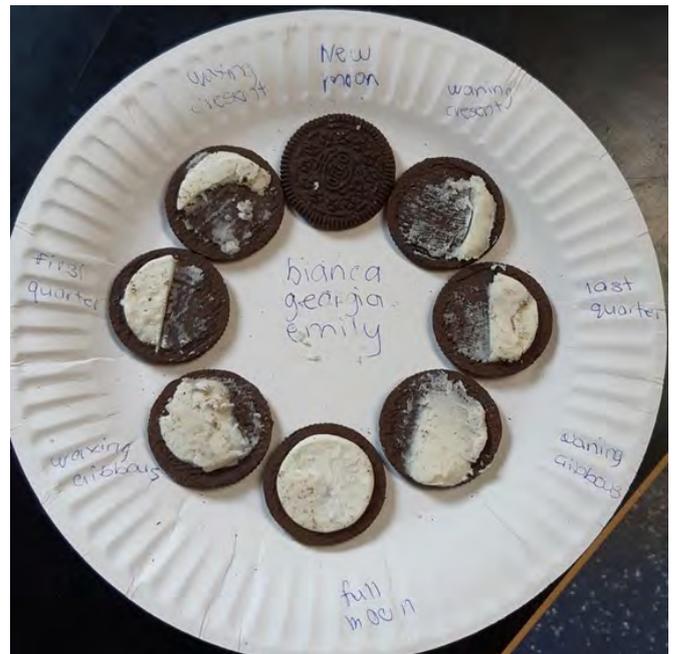
Year 7 cell model – animal



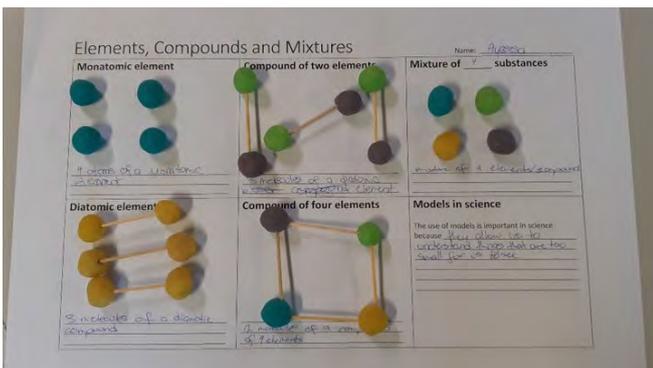
Year 7 cell model - plant



Y7 cell mitosis model ... Year 7 modelled the process of binary cell division using playdough and macaroni



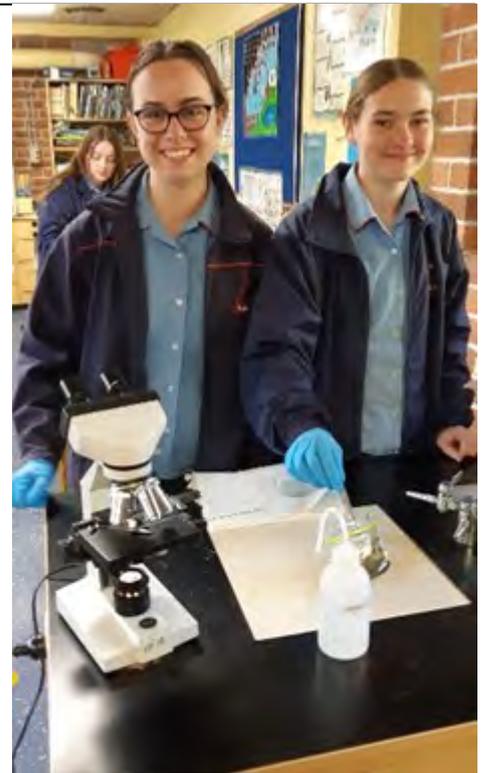
Y7 Moon Phases with Oreos ... Year 7 explored the phases of the moon by constructing models with Oreo cookies



Year 8 element compound mixtures models ... Year 8 modelled elements, compounds and mixtures using playdough to represent atoms and toothpicks to represent the bonds between atoms.



Year 8 explored the parts of plants by constructing models of a plant using pieces of fruit and vegetables and Ms McNeill's Ag class investigated the health of our sheep by conducting faecal worm egg counts with stereo microscopes.



- Year 11 Chemistry visit ANSTO

The Australian Nuclear Science and Technology Organisation (ANSTO) at Lucas Heights is the site of Australia's only nuclear reactor, OPAL. On 23 March, the Year 11 Chemistry class participated in an excursion to the site as part of their Depth Study on nuclear chemistry. We were welcomed at the ANSTO Discovery Centre by Connie, our guide for the day. The students browsed the various displays and interactive stations, picking up important tips for their depth study research. The cloud chamber provided a graphic illustration of the natural radiation that we are exposed to every day. Moving into the classroom, Connie explained the history and significance of ANSTO. The OPAL reactor plays a vital role in society by functioning as a 'neutron factory', producing radioisotopes for cancer detection and treatment, and neutron beams for fundamental materials research. The students then participated in three first-hand investigations of the properties of radiation. Data collected was subsequently used for their depth study. The students were amazed to learn that common items such as potash fertiliser, tungsten welding rods, gas mantles and bananas emit significantly elevated levels of radiation. We then boarded our bus for a tour of the site, including the OPAL reactor building with neutron beamlines and the purpose-built production and processing facility for molybdenum-99. This is the most widely used medical radioisotope and it is supplied to hospitals in Australia and overseas by these facilities. A surprise highlight was a visit to the Electron Microscope Facility which features state-of-the-art tools for studying the structure and behaviour of materials for use in extreme environments. After finishing the tour, we thanked Connie for her excellent guidance and started the long trip home. All agreed that it was an excellent excursion and provided an impressive insight into one of Australia's most important scientific sites.



### TERM 2

- Year 10 Science and Engineering Challenge
- 12 Earth and Environmental Science visit to the Australian Museum
- Mother's Day

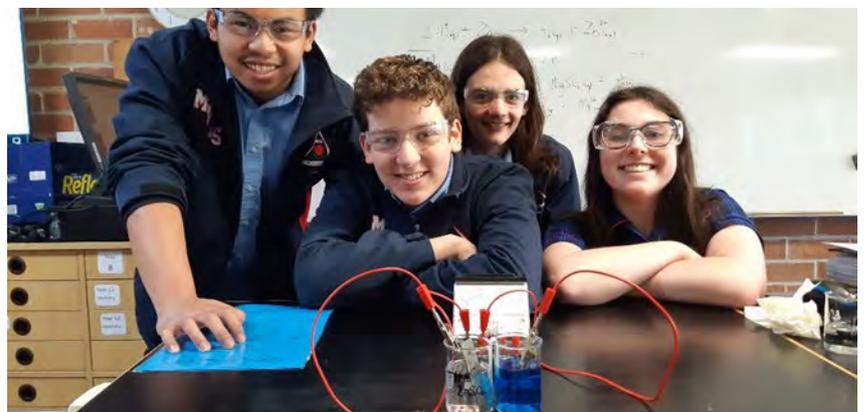


*Cutting  
Bunching  
Wrapping  
Bucket loads!!!  
Happy Mothers Day*



Year 7 density rainbow tubes ... Year 7 explored the effect of material density by constructing a rainbow tube from liquids with a range of different densities. *(Lacey Kirkland and Charlotte Rutherford).*

Y11 Chemistry galvanic cells ... Year 11 Chemistry investigated galvanic cells by measuring how voltage and current is produced when dissimilar metals are immersed in solutions of their ions and connected with electrical wires.



*Welcome to our ducklings and garden cleanup.*



*Year 12 Chemistry  
ester refluxing*

*Year 12 Chemistry alcohol functional groups*



*Year 12 Chemistry  
fermentation*

Carbon is found in more places and in more forms than any other element. More than 90 per cent of compounds known to chemists are carbon compounds, and the study of these organic compounds has been the focus of Year 12 Chemistry in term 2. We have been learning how to name and classify the enormous variety of organic compounds and evaluated their properties and uses. For example, alcohols come in a variety of shapes and sizes, and it is possible to characterise them by testing with potassium dichromate, which changes colour from yellow to blue/green. The production of alcohols is an important industrial process for use in biofuels, and we investigated this by measuring the fermentation rate of glucose with yeast. Finally, one of the most fascinating (and smelly) investigations was the production of esters from the chemical reaction of alcohol and carboxylic acid. This involved safely heating highly flammable reagents to accelerate the reaction rate, and then purifying to extract the final product. The smell of the ester was so distinctive that an adjoining Year 10 class correctly identified that it had the aroma of banana lollies. Success!

## SEMESTER 2

- **Lambing Time**
- **National Science week**
- **Year 7 Zoo Trip**
- **Yr 11 Bio to Minamurra for mangrove study**
- **Yr 12 Earth and Environmental Science to Wingecarribee Resource Recovery Centre and the Springfarm Resource Recovery Centre at Camden**
- **Cows Create Careers Program**
- **Shearing**



*Lambing Time*



*Cuddles for our new arrivals*



*Sheep Shearing time again*

## National Science Week theme **GLASS – MORE THAN MEETS THE EYE**

To celebrate Science Week, we held lunch time activities during week 5.

### ACTIVITY DESCRIPTIONS

1. **PERSONALISED GLASS WANDS**  
Useful for mixing potions and spells in class. Suitable especially for those students planning on doing Chemistry in the Senior Years. Running Monday in Rm B3 and Thursday in Rm B2
2. **WRIGGLY THINGS – MORE THAN MEETS THE EYE**  
Every wondered if super indestructible bears live all around us, or what wriggly parasites can be found squirming all over the place? Come and discover the secrets of microscopic life. Suitable for all year groups. Running Tuesday in Rm B2
3. **SUPERCOOL HOT STUFF**  
Investigate how to make liquids that are so cool that they'll make hot crystals. Suitable for all year groups. Running Wednesday in Rm B2
4. **PRIDEFUL PRISMS**  
Rainbows...trick of the light? Or the road to a fountain of knowledge or even gold! Come learn about the wonders that are rainbows and how to make them! Running Thursday in Rm B3

### *Year 7 Zoo Excursion*





*9 Science – eye dissections*

*Shearing - Term 4*





# COWS CREATE CAREERS 2022

## Moss Vale High School



Supporting the Australian Dairy Industry

### **MEDIA RELEASE**

#### **DISCOVERING THE BEST AND BRIGHTEST FOR THE AUSTRALIAN DAIRY INDUSTRY**

Moss Vale High School in New South Wales has won this year's Cows Create Careers Advertising Competition, winning \$1,000 to be spent on educational programs for their school.

Every year, Cows Create Careers, in partnership with MaxCare, invite schools across Australia to create an advertisement for the dairy industry.

The competition is part of an educational programme to encourage the best and brightest students to pursue a career in the dairy industry.

Competing against 204 schools across Australia, Moss Vale High School comment on their win, "It's a fantastic opportunity to be a part of the Cows Create Careers programme and we're very proud of our students for their creative work," said Head Teacher of Agriculture and Science – Mrs Jemima Finlayson.

The Cows Create Careers programme provides a practical and insightful introduction to the dairy industry, demonstrating the different career opportunities in the Australian dairy industry. This hands-on educational programme involved 204 schools and 11,220 students across Australia.

Cows Create Careers, Program Manager, Deanne Kennedy comments "Every year we bring 2 calves into schools across Australia, giving students a hands-on approach into the dairy industry, by feeding and caring for the calves for 3 weeks. The programme educates students on all the different career opportunities available to them in the dairy industry, from working directly with the cows to marketing and advertising. It's important to introduce this program into schools at a time when students are thinking about their future".

"We could not do the programme without the support of MaxCare, who have been instrumental in providing feed stock for our in-school calves and financially supporting the programme" continued Ms Kennedy.

MaxCare Business Manager, Tom Newton said "We are very proud to be part of this industry initiative, educating and informing young people, who are interested in pursuing a career within the Australian dairy industry."

Moss Vale High School did an excellent job in their advertisement with their fun reference to

space, showing cows jumping beyond the moon” continued Mr Newton.

The winning school was selected via a public voting system, receiving huge support with over 51% of the votes.

“We think the Cow’s Create Careers program is a fantastic initiative, as it shines a light on the industry and the vast career opportunities that exist for young people in the dairy industry,” said Mr Newton.



**They said we could\'nt jump over the moon....**

**...so we jumped past it with the power of MaxCare .**

**MaxCare**  
GROWING STRONGER EVERY DAY

MaxCare  
Ph: 1800MAXCARE  
Email:  
sales@maxumanimal.com  
Facebook: /maxcareCMR

*Year 9 students Ryan Jones and Jesse Liddell 's advertisement*

“The program is a great opportunity for dairy farmers and industry advocates who have vision and dairy industry knowledge to share their knowledge with the students and pass on valuable experience to the younger generation,” said Ms Kennedy.

The program involves each school hosting two dairy calves loaned by local farmers, which they must raise for up to three weeks. MaxCare supplies the calf milk replacer which the school students feed to the calves over the six-week period.

The team at MaxCare work in partnership with Australian dairy farmers seeking new opportunities for the industry to continue growing, believing that working together is important to foster a healthy Australian dairy industry.



# TAS in FOCUS

## TAS Stage 6

Our stage 6 students worked diligently in practical classes throughout the year.

**Hospitality** students perfected their barista skills and prepared dishes suitable for our café.



**Food Technology** students studied a unit on food quality.



**Construction** students concreted around the basketball area.



# TAS in FOCUS

## TAS Stage 6

**Work Studies** students worked on a volunteer program where they established and maintained a garden in school grounds. Year 12 Industrial Technology Timber students completed their HSC major works. Year 11 students designed and made an ornate box. Textile students designed and made corsets.



### The deck cafe officially opened!

On Thursday 28 July 2022, our Hospitality class officially opened the Deck Cafe with their first table service lunch meal - prepped and cooked within our new commercial kitchens. Staff were treated to service with a smile, and amazing meal and a brilliant view.

We are looking forward to many more lunches, hot beverages and events on the deck in the future.



# *Our Beloved Gill (Mrs Button)*





Rural Youth

Ambassador Program

Peter Norman had the opportunity to represent Moss Vale High School at the Rural Youth Ambassador Program in 2022.



This consisted of Peter going to Sydney in May, August and October where he participated in the 4 day programs along with 23 other Rural Youth Ambassadors for all over NSW.



The Rural Youth Ambassadors come together in Sydney, to talk about their experiences and share their stories from school and their communities. The RYA participants had the opportunity to share their thinking and develop their ideas to improving their learning. The key areas they explored covered access to a greater number of learning opportunities, improving distance education, recruiting staff to rural communities and exploring effective ways to support rural young people with diverse background. This was done through various workshops and meetings with a number of key people including the Minister for Education and Deans from various Universities to share their ideas and thinking for the future.



At the final NSW forum in October/November the Rural Youth Ambassadors worked on enhancing their ideas from the last forums which consisted for the following 3 ideas:

1. District collaboration - schools connecting to provide more resources for young people
2. @teachingrural which is an initiative to promote their towns' schools and communities to attract teachers (via Instagram)
3. "Journey aid". It combines the career advisor role and well-being support role so instead of having 2 average roles they can use the resources to have one awesome role. They realised that career and well-being are very linked so we think it's a brilliant idea.

They then presented their ideas to the Minister for Education, Sarah Mitchell who has taken on the RYA ideas and something will be announced directly related to this. They also presented their pitch to the Deans from the Universities (@teachingrural idea) which went extremely well with all of the Deans willing to implement this idea within the universities.

For Peter, this was an amazing opportunity to see the city, be involved with other students from around NSW but mostly for having a voice for change and being a part of that process and representing his School.

# Spotlight on HSIE

This year in HSIE we have had a number of exciting learning opportunities. This has included fieldwork and enrichment excursions, new elective courses, and school based leadership roles.

We have also had a number of staffing changes. We welcomed Mrs Letita Summers back into the faculty and in Term 3 Mrs Michelle Desborough returned from maternity leave. We have also been lucky enough to have some amazing teachers with us on a temporary basis. Miss Brittany Carr, Mr Tom Keft and Miss Shannon Fox have demonstrated their willingness to go above and beyond continuously in the faculty, and we are very thankful for their ongoing dedication. As the year draws to an end we would like to particularly thank Miss Shannon Fox as she won't be continuing with us in 2023. Shannon has spent many years with HSIE at Moss Vale High School. She is an incredibly positive role model and a wonderful teacher who we will miss very much.

Below is a snippet of our adventures this year. I am looking forward to many more in 2023. Enjoy the break.

Mrs Ashlee Randall  
*Head Teacher HSIE*

## **The Australian Geography Competition**

Once again MVHS had some fantastic results in the Australian Geography Competition. Over 73,000 students from 780 different schools nationwide entered the competition. Notably, Prudence Dunn-Luck of Year 8 scored in the top 1% of the nation. Special mention also to Rory Casburn of Year 12 who achieved a High Distinction and Samantha Roberts and Lachlan O'Brien of Year 12 who achieved a Distinction. Enjoy your movie vouchers.



*Prudence Dunn-Luck*



*Rory Casburn*



*Samantha Roberts*



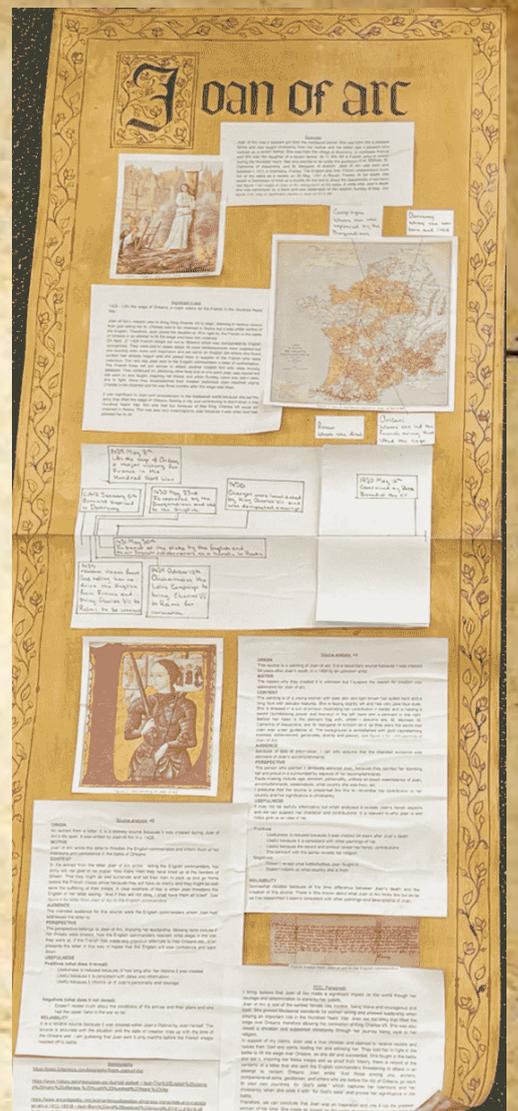
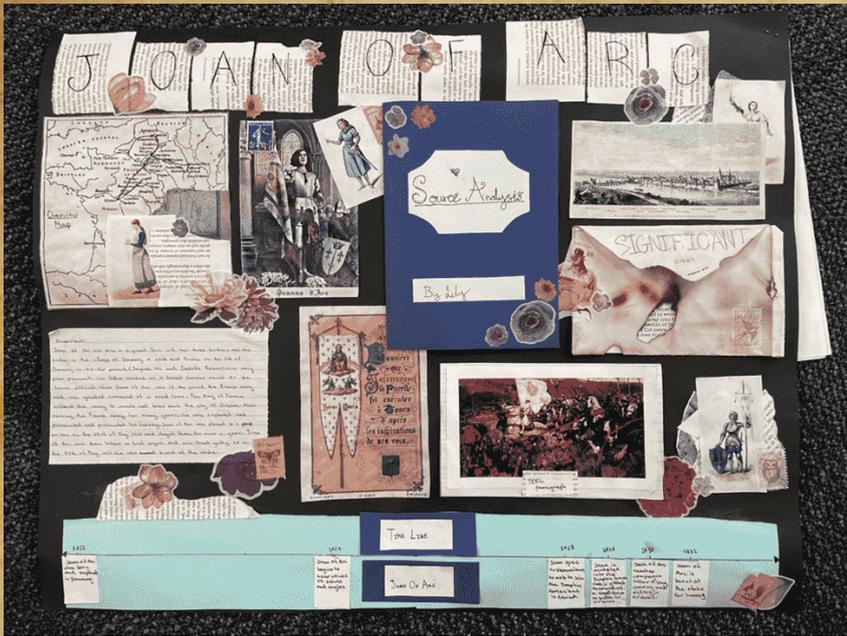
*Lachlan O'Brien*

We will be running the Geography Competition again in early 2023. We hope to see many of our students eagerly signing up to participate.

## **Stage 4 History and Geography**

Year 7 have enjoyed their introduction to History and Geography this year. In History they have studied Investigating History, Ancient Rome and Ancient China. In Geography they were introduced to Landscapes and Landforms, and Place and Liveability.

Year 8 have focused on Water in the World, and Interconnections in Geography, and Medieval Europe, The Black Plague, and Polynesian Expansion in History.

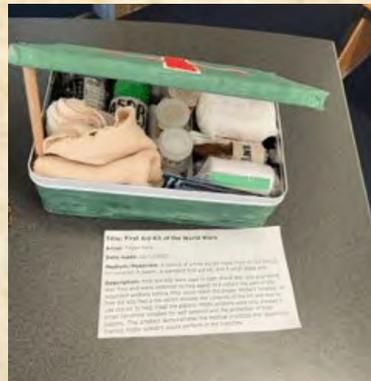
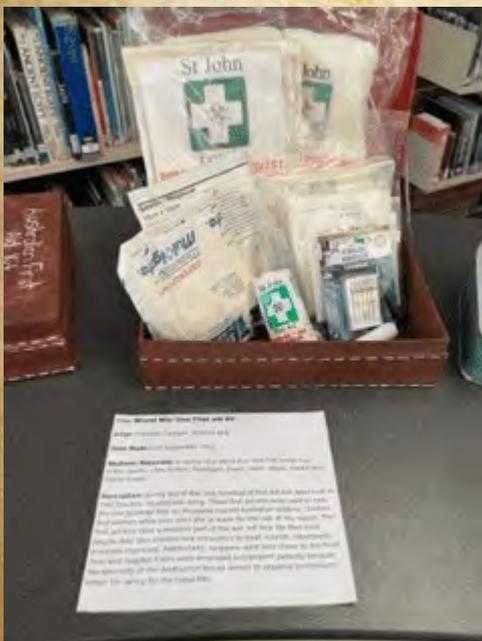


## Stage 5 History and Geography

This year during Year 9 Geography students studied the subjects Sustainable Biomes and Changing Places. During Semester 2, Year 9 History students studied Australians at War and Popular Culture.

As part of their study of Australians at War, students were tasked with developing a museum display of war based artefacts similar to those found at the Australian War Memorial and considered appropriate in commemorating those that have served.

Below is a sample of some of the amazing artefacts students developed.



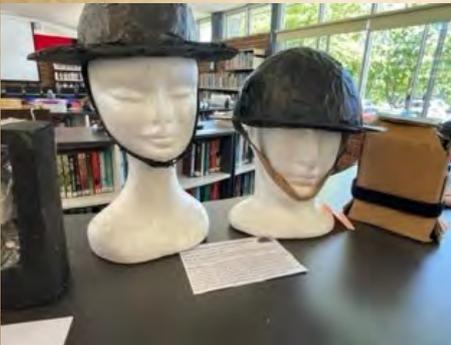
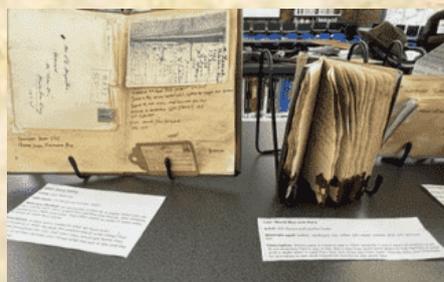
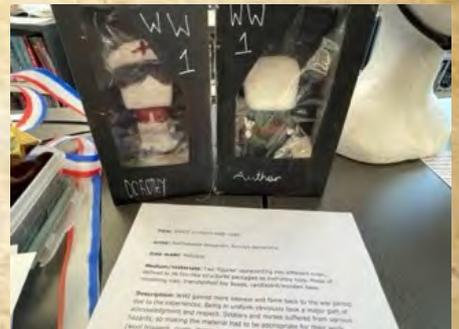
# Spotlight on HSIE cont..



**First Aid Kit - First Aid Kit**  
**Materials:**  
 A collection of various first aid supplies including band-aids, gauze, antiseptic, and a first aid manual. The kit is displayed in a wooden box with a glass bottle of antiseptic and a first aid manual.



**WW1 ANZAC Biscuits**  
**Adm:** Super tins  
**Date made:** 27th November 1917  
**Materials/Method:** Baking soda, Oats, Flour, Butter, Golden Syrup, Coconut and Sugar  
**Description:** My artifact relates to the war because during the war wives and women groups would make anzac biscuits and send them to the soldiers in Europe and other countries fighting for the country, because the biscuits would last a long time without going bad. Anzacs would be sent in care packages to the soldiers.



**Food Distribution during the War**  
**Date made:** 1917  
**Description:** This artifact is a collection of various food items including a tin of beans, a plate of food, and a box of food. It is displayed on a table with a sign that reads 'Food Distribution during the War'.

Year 10 has filled 2022 with lots of History and Geography learning. Semester One was all things history, with a focus on the Holocaust and Rights and Freedoms. In March, the cohort spent the day at the Sydney Jewish Museum, hearing first hand what it was really like to live through this event from survivors, including Paul Drexler and Yvonne Engelman.

This is a very much anticipated excursion at MVHS and we can't wait to visit again next year.



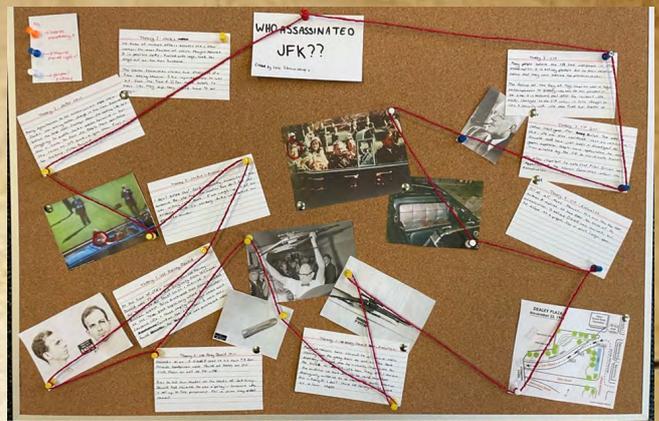
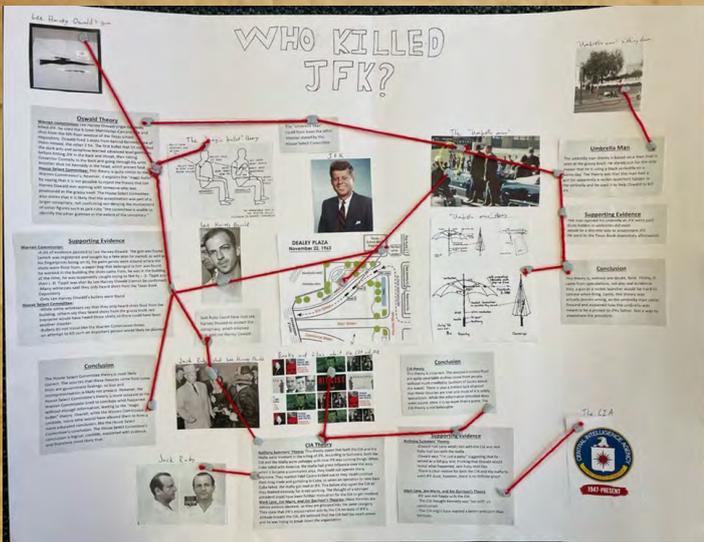
## HSIE Electives

Year 9 and 10 students have the opportunity to study even more HSIE by choosing any of the following electives: History Mysteries, Commerce and International Studies.

These classes provide students with many hands-on learning experiences, including the creation of crime boards in History Mysteries, the running of the captains' elections in Commerce, and the establishment of a Harmony Day expo in International Studies.

### Harmony Day - International Studies





## Stage 6 HSIE Highlights

With so many subjects on offer it is difficult to summarise a year in senior HSIE. Some of our favourite highlights included; Year 12 Geography exploring local Wetlands, Year 12 Modern, Ancient and Extension History visiting Sydney Uni for the HSC study days and Year 12 Society and Culture State Library visits.



# Spotlight on HSIE cont..





Dance this year was all things groovy! We were privileged to work with a group of dancers who were flawlessly committed, inclusive and responsive on every item we danced this year! 2022 kicked off in the early weeks of the year, knowing we'd get the chance to nail a few routines at our Mixtape Musical at the end of Semester One. With this, Term One & Two was dedicated to a lot of rehearsals for our Tap Co and their "Friend Like Me" item and our rebellious as ever Mixtape Ensemble Dancers for their "Stick it to the Man" routine.

Despite Miss Fox's strong, often biased preferences in the dance genre of Tap, the dancers had strong preferences in jazz and hip hop seeing the School of Rock's piece become a very popular performance. We were proud of the sharp and entertaining nature of this item and are very grateful to Ms Youman for her fantastic contributions of time and effort in costuming (stemming way back from Matilda days #RIP). Despite our kind and responsible dancers nailing the "rebellious students" brief almost a little too well, Stick it to the Man is a piece that will be remembered for a while yet, thanks to Jack Black (aka David Gillis) for his tumbling stunts straight off the stage in to the Orchestra below \*BANG\*\*CRASH\*\*WOW\*. The laughs were justifiably enormous, as was Ms K's stress levels, whoops!

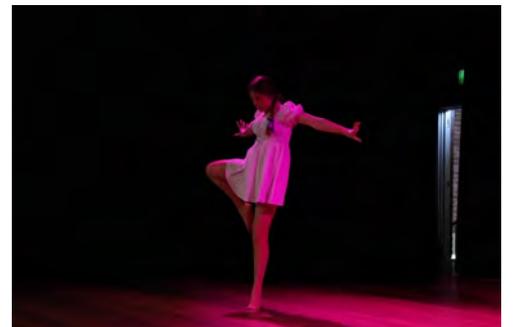
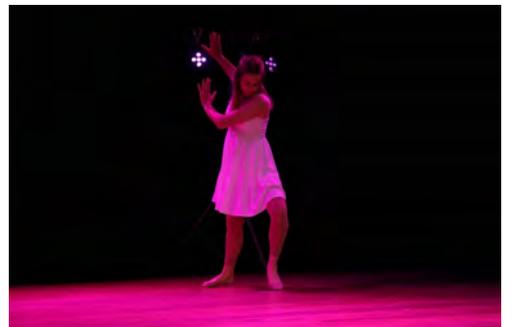
Tap Co performed Friend Like Me with a cohort of fresh tappers and after choosing their item, they performed their piece with pure pride and enjoyment! Despite our Mixtape Musical getting squished in to one night of roof-lifting performances (due to the strike #morethanthanks), the dancers did what they do best on several levels.

Semester Two came around and something about this felt like it had to be the best yet for Tap Co, so Beyoncé's Run the World was selected to provide the goods and our Tap Co worked harder than ever to ensure it was sharp and hit. With Tap Co now at 12 dancers, we had to work even harder to ensure our skill development was progressing and catered to a mix of levels, and this was blended in to one banging performance of Tap for our Orientation Day, Annual CAPA Concert, as well as our Final School Assembly.

Cinderella by Steven Curtis Chapman was also selected as a piece to be performed by 3 soloists in a lyrical nature and Grace, Alice & Abbey did not disappoint. Even when the music was not what it was supposed to be, these three girls performed their solos with tenacity and beauty and it was stunning to watch. Grace, Alice & Abbey have improved so very much and I am so proud of what they can do on the stage. These girls also performed Cinderella at our Orientation Day, Annual CAPA Concert, as well as our INSPIRE Days at our local primary schools with maximum enjoyment.

I am so very proud of what our dancers have achieved and performed this year; the performing arts is an industry that needs a lot of independence, grit and persistence and the students I have had the pleasure of teaching outside of my classroom this year have displayed exactly these qualities. Beyond this, Moss Vale's dancing success would not be possible without a lot of highly esteemed and valued contributors including Miss K, Mr Donaldson, the CAPA staff and our Entertainment students, all of who deserve genuine thanks and hugs for all you have done and continue to do for our school and students. I count my blessings that I have been allowed to be a part of such a successful CAPA program at Moss Vale High, the effect it has on the student body is something I value highly, and it is absolutely what I will miss the most!

*Shannon Fox -Dance Teacher*





# Drama

With the relaxation of Covid restrictions, 2022 has seen a flourishing of Drama at MVHS. We were able to perform “Musical Mixtape”, which was our first production for a couple of years. This featured many Drama students, singing and acting in scenes from an eclectic mix of famous musicals. Drama also had performances in a number of assemblies, CAPA concerts and other performance nights throughout the year.

Our Year 12 class was the largest HSC Drama contingent seen at MVHS for a very long time. Twelve students completed their HSC working on a diverse range of individual projects including: performance, set design, poster/program and a short film. The class of 2022 were tremendous fun and were a very supportive tight unit. Through the year, they all impressed with their big physical energy and their creative output. At least two of these students are looking to continue their studies in Drama at tertiary level.

In other cohorts, we had a successful combined Year 9, 10 elective class who worked on Melodrama, Commedia dell’Arte and group-devised theatre. There is some real talent emerging from this class and I look forward to seeing them in HSC classes in the years ahead.

As in previous years, Drama was provided to all year 8 classes for one period a week. There were opportunities for students to perform scenes, devise plays and for them to generally gain confidence in performing and presenting in front of their peers.

With such a wealth of performing talent within the school I am looking forward to seeing Drama continue to develop in the years ahead.



Entertainment has been going from strength to strength at MVHS. We now have two fully trained teachers in Mr Donaldson and Mr Canute who both have extensive professional experience in the performing arts. The HSC class of 2021 achieved impressive results with Olivia Jones getting a Band 6 with three other students gaining a Band 5.

Eight Year 12 students managed to complete the VET Entertainment course in 2022. As well as learning practical skills in Audio, Visual, Staging and Lighting, they formed the production backbone for most of the assemblies, CAPA nights and school carnivals throughout the year. With the training that they received, all students finished the year confident that they have the skills required to work professionally in the industry.

Year 11 Entertainment students were able to gain real industry experience by completing workplacement at the Southern Stars arena spectacular in August at the WIN Entertainment Centre. We had students working on staging, cast and crew management, front of house, spotlights and audio. They have also been responsible for setting up Audio systems for a range of school events, such as the Indigenous games afternoon and Movember Touch games on the oval.

This year a number of Entertainment students helped set up and run sound and lighting for the Moss Vale Primary School Country Fair, gaining valuable experience and contributing to the wonderful community event.

*Mr Canute-Drama Teacher*





### ***2021 HSC Results***

We would like to begin by congratulating our 2021 Music cohort on their fine HSC results that were released at the start of the year. We are so proud of all our Music students and want to give a shout-out to our amazing Band 6 recipients and also Olivia Jones and Matthew Kennedy who get a special mention for achieving an outstanding 99 in their Music HSC.

Music Band 6 recipients (these students received between 90-100 for their HSC)

Cassidy Brown, Thomas Gillis, Olivia Jones, Matthew Kennedy, Joshua Kirby, Hazel McGlynn, Royston Seers and Amanda Vega-Carrera.

### **Music Enrichment Program**

The Music extra-curricular activities that are part of our CAPA Enrichment Program returned in full swing this year, and we're happy that we have (mostly) recovered from covid!

Our 2022 Music program included our:

- Stage Band
- Junior Band
- Jazz Band
- Paridon String Ensemble
- MUGS Ukulele Ensemble
- Choir
- Vocal Rollers Vocal Ensemble
- One Note Longer Vocal Ensemble
- Simple Edition Vocal Ensemble
- Minor Details Vocal Ensemble
- The Honeys Vocal Ensemble
- The Hustle Vocal Ensemble
- Synergy Vocal Ensemble
- Corazon Vocal Ensemble

As you can see, there's a wide variety of ensembles for students to be involved in and Music is definitely popular at Mossy High.

### **Private Music Tuition**

Our esteemed private music tutors were back in action.

- |                                      |                          |
|--------------------------------------|--------------------------|
| Edwina Carter (flute)                | Richard Lane (vocals)    |
| Alex Donaldson (clarinet)            | Julian Paviour (trumpet) |
| Maria Dunn (piano, violin and cello) |                          |
| Michael Griffiths (drums)            |                          |

## **Piano Donation**

We are now the proud owners of a grand piano!

The Holy Trinity Church at Berrima acquired a new piano and very generously donated their existing piano to our school. Just amazing! A big thank you to Maria Dunn for helping make this happen. It has definitely made a difference for all our pianists.

## **Performances**

### **Goulburn Principals Network Meeting**

Our new look One Note Longer Vocal Ensemble had their first performance for the year for our region's Principals.

As we lost 4 Year 12 students from our 2021 line-up, Ruby Bagnell, Charlotte Blake, David Gillis and Sarah Kelly joined Grace Jones in the senior group.

The vocalists performed a beautiful arrangement of "Run" by Taylor Swift for the Goulburn Principals Network Meeting at the Moss Vale Services Club. As Ruby was ill, Miss Kennedy stepped in to sing her part.

### **Selective High Schools' Deputy Principals' Conference**

Our senior vocalists, One Note Longer, represented Moss Vale High at the Selective and Partially Selective High Schools' Deputy Principals' Conference at Craigieburn in Bowral.

Our vocalists sang the Anthem in Dharawal, and performed three beautiful arrangements for the attendees, Run, Afterglow and Fly Away. As Sarah Kelly was unwell, Pearl Stravoskoufis joined Ruby Bagnell, Charlotte Blake, David Gillis and Grace Jones for the performances.

This is the second time our students have been invited to present at the annual event.

### **Year 5 & 6 Parent Information Night**

It was great to see so many parents and students at our Year 5 & 6 Parent Information Night which featured 2 amazing CAPA items.

First up we had our newly formed Synergy Vocal Ensemble that featured 4 Year 7 students and members of our One Note Longer Vocal Ensemble. The vocalists, who took to the MVHS stage for the first time, sang a stunning arrangement of "Fly Away" by Tones & I, accompanied by Miss Kennedy on the keyboard. As 2 vocalists had to isolate due to COVID, our vocalists re-worked the arrangement earlier in the day for the evening's performance.

Our second item for the evening was provided by Oscar Dunn-Luck who gave an outstanding performance of Brahms' Rhapsody No 2 in G minor.

### **Principals' Conference**

Our Synergy Vocal Ensemble were given the opportunity to perform at Mittagong RSL for approx 80 high school and primary school principals from our region. The Year 7 and 11 students were requested to perform "Fly Away" which was accompanied by Miss Kennedy.

### **CAPA Concert**

Due to covid, we were forced to postpone our Term 1 CAPA Concert. We were very excited to stage our show in Term 2 and we loved the many Music and Drama performance items and Art displays from our wonderful CAPA students. It was a tribute to the passion, dedication and resilience of our CAPA cohort.

### **Bowral Autumn Music Festival (BAMF)**

Each of our Year 11 and 12 Music 2 students gave stunning performances at the Inaugural Musica Floreat Concert of the Bowral Autumn Music Festival.

The MVHS Trio, consisting of Oscar Dunn Luck (piano), Samantha Roberts (flute) and Heath

---

Robertson (cello), performed John D'Arcy's "Cello Song".

Oscar Dunn-Luck performed Brahms' Rhapsody No 2 in G minor.

Samantha Roberts performed Regrets and Resolutions by Gary Schocker.

Hannah Torpy (flute) performed CPE Bach's Sonata.

The concert was an impressive display of the region's Music students and our performers represented Moss Vale High brilliantly.

### **ISE Performing Ensemble**

The ISE Performing Ensemble (otherwise known as the purple shirt group) gave an outstanding performance for our CAPA students in Term 2. Year 12 student Amy Darch (dance) and Year 11 students James Denman (guitar), Oscar Dunn-Luck (keyboard), David Gillis (vocals) and Samuel Kennedy (tenor saxophone) were in the 2022 cohort and we were very impressed by their performance.

### **Executive Director Visit**

Our Synergy Vocal Ensemble gave a beautiful performance of "Fly Away" for the Director and Executive Director when they visited our school in Term 2. Accompanied by Miss Kennedy on the keyboard, the performance showcased our talented vocalists from Years 7, 10 and 11. Due to covid and subsequent student absences, it was the first time the ensemble performed together.

### **ANZAC Day Commemoration**

Our Synergy Vocal Ensemble performed a sweet acapella arrangement of "Afterglow" by Ed Sheeran, paying tribute to all the lost loved ones. It featured David Gillis on lead.

Ryan Coulter played the Last Post and the Rouse.

### **Musical Mixtape**

The Musical Mixtape was our first big Moss Vale High School production since ... well ... a long time ago, before covid.

It was conjured from the uncertain times delivered by the everlasting pandemic. We all missed live performance and would often talk about our favourite musicals and the strong impression they have left on us. The Mixtape allowed us to recreate some of our favourite moments with an assortment of delights.

There were over 100 Music, Dance, Drama and Entertainment students involved in the production which originally was meant to be held over 2 nights. Due to the staff industrial action, we held one concert for the public, and a condensed performance for the school cohort on the last day of term.

What set our show apart from our usual CAPA Concerts, is the fact that it featured an amazing orchestra under the direction of Mr Donaldson. We were very grateful to have orchestral arrangements composed by Maria Dunn, Oscar Dunn-Luck and Mr Donaldson.

The items showcased the amazing music, dance and drama talents of our students, and we loved that we had a finale with the entire cast.

Our CAPA students' energy and dedication were definitely second to none!

### **Sydney Town Hall Performance**

Our C6 Home group, the Vocal Rollers Vocal Ensemble, had the honour of performing at the Sydney Town Hall for the Arts Alive Choral Festival. They sang their beautiful arrangement of "Titanium" by David Guetta and Sia which was accompanied by Grace Jones and Molly Page on guitar.

### **Sydney Town Hall Performance**

Our Synergy Vocal Ensemble also had the honour of performing at the Sydney Town Hall, this time for the Arts Unit's Festival of Instrumental Music Jacaranda Concert.

They sang their stunning acapella arrangement of "Afterglow" by Ed Sheeran which was conducted by Miss Kennedy. Hot on the heels of our Vocal Rollers performance, it was another exciting opportunity

to perform in such an esteemed venue.

### **HSC Trial Performance Evenings**

We held our HSC Music Trial Performance Evening early Term 3. The Music 1 and 2 performances were held at the Robertson Anglican CEC, and we are very proud of the development in our senior's repertoire.

### **CAPA Soiree**

In Term 3 we also held our CAPA Soiree. Instead of featuring our many extra-curricular ensembles, the night focused on individual Music and Dance performances from our dedicated CAPA students. It was wonderful to see the students from Years 7-12 taking the stage, some for the very first time.

### **Opera House Performance**

Our One Note Longer Vocal Ensemble performed a gorgeous arrangement "Run" by Taylor Swift at the Sydney Opera House in Term 3. The new acoustics in this world-class venue were superb and showcased our students' beautiful voices.

### **Sydney Town Hall Performance**

Oscar Dunn-Luck gave an outstanding performance of Brahms' "Rhapsody No. 2 in G minor" at the Sydney Town Hall in Term 3 as part of the Arts Unit's Festival of Choral Music. It was the first time a student from our school has performed a solo instrumental piece for the concert series and we know Oscar loved performing on such an impressive piano.

### **Southern Stars Extravaganza.**

After a 2 year break due to covid, the 2022 Southern Stars Extravaganza was held in Term 3 at the WIN Entertainment Centre.

We had a number of students in the Orchestra: James Denman (guitar), Oscar Dunn-Luck (percussion) Sam Kennedy (tenor Sax) and Hannah Torpy (flute).

### **Inspire Primary School Program**

We held our 3 CAPA Inspire Days at Moss Vale, Bundanoon and Robertson Public Schools, offering electives in Vocals, Ukulele, Stage Band, Drama, Dance and Art. The days were attended by 6 of our feeder schools and we loved returning after a two year break due to covid. It was great to see there is still lots of interest in CAPA and we were very impressed with what was created and performed on each day.

### **PBS Assembly Performances**

While we loved our virtual PBS assemblies in 2020 and 2021, it was wonderful being able to return to assemblies in our Hall.

Our C6 Home group, known as the Vocal Rollers, performed a beautiful arrangement of "Titanium" by David Guetta and Sia and were accompanied by Grace Jones and Molly Page on guitar.

Oscar Dunn-Luck gave a stunning performance from the first movement of Beethoven's "Pathetique Sonata". As the movement is 8 minutes long, Oscar played a condensed excerpt for us.

James Denman was meant to perform "Lenny" by Stevie Ray Vaughan on electric guitar, but due to covid, had to isolate. Grace Jones of Year 11 Music kindly stepped in at the last minute and we appreciated her willingness to perform on such short notice. A natural performer, Grace sang "You Let Me Walk Alone" by Michael Shulte from Eurovision 2018, accompanying herself on acoustic guitar.

Samantha Roberts of Year 12 performed "Regrets and Resolutions" by Gary Schocker which was part of her amazing HSC repertoire. As the piece is over 9 minutes long, Samantha played an excerpt and was accompanied by Lisa Kawai.

Our Paridon String Ensemble and special guests on clarinet, tenor saxophone and trumpet, performed

“The Avengers”. The piece was arranged by our string and piano tutor, Maria Dunn and it was great to see our violinists and cellists on stage.

We always love presenting dance items to the school and “Stick it to the Man” from School of Rock was performed by our Mixtape Dancers, David Gillis as soloist and our School of Rock vocalists from Years 7 and 8.

The Hustle Vocal Ensemble strutted their stuff to “A Little Less Conversation” by Elvis Presley. They were joined on stage by backing vocalists Ruby Bagnell, Charlotte Blake and Grace Jones.

The audio from Heath Robertson’s Music 2 Elective String Ensemble composition was played for our assembly audience. The piece represented the music of the 19<sup>th</sup> Century and was easily the best classical composition to ever be composed at our school.

Will Brand performed the classic "Alive" by Pearl Jam on electric guitar and totally shredded his solo.

Mia Gardiner gave a vibrant performance of the energetic “Stampede” by Lindsey Stirling on violin.

Our MUGs, aka the Mossy Ukulele Group, performed a fun arrangement of “Shake it Off” by Taylor Swift.

Our Tap Company took to the stage in sequins to perform “Run the World” by Beyonce and was joined on stage by Moss Fox in her final performance at the school.

### **Mrs Button’s Memorial Service**

We were very thankful to our Corazon and Vocal Rollers Vocal Ensembles for stepping up and performing at Mrs Button’s Memorial Service. Corazon gave a moving performance of “It’s So Hard to Say Goodbye” by Perren and Yarian which was accompanied by Oscar Dunn-Luck. The Vocal Rollers sang the uplifting “Better Place” by Rachel Platten which was once again accompanied by Oscar.

### **Presentation Night**

Our awards recipients and their guests were entertained by our Vocal Rollers Vocal Ensemble who sang the ever popular “Viva la Vida” by Coldplay, accompanied by Grace Jones and Molly Page. The final performance of the evening was given by our newly formed Jazz Band who performed the enigmatic “Chameleon” by Herbie Hancock. The jazz instrumentalists were joined by Mr Crombie and Mr Donaldson on stage.

### **Excursions**

#### **Girl From North Country**

Music students from Years 10 and Year 11 had the awesome opportunity to attend “The Girl From North Country” production at the Theatre Royal in Sydney. The story of American life in 1934 Minnesota, the musical featured the legendary music of Bob Dylan.

For many of our students, it was the perfect introduction to the world of musical theatre.

After our excursion to Hamilton was cancelled due to COVID, it was great to be back seeing a live show!

#### **Bowral Autumn Music Festival (BAMF)**

In March, a selection of music students attended masterclasses with professional musicians visiting from Sydney as part of the Bowral Autumn Music Festival. Our string ensemble, Paridon Strings, led by our tutor Maria Dunn, worked with members of the Acacia String Quartet. The senior trio of Oscar Dunn-Luck (piano), Samantha Roberts (flute) and Heath Robertson (cello) also worked on their piece, and the improvement in their ensemble skills and musicality in such a short space of time was fantastic.

We also had a number of students completing masterclasses on Friday: Charlotte Blake (flute), Josie Bryant (clarinet), Ella Davies (clarinet), Samantha Roberts (flute) and Hannah Torpy (flute). All students gained a lot from the experience of working with such professional musicians and teachers.

**Southern Stars Extravaganza.**

Mr Donaldson took a group of CAPA students to watch the Friday matinee, and they all agreed the high energy show was simply amazing! It was great to see and hear our students performing.

**Our Music students within the wider community****South Coast Music Camp**

Willow Gifford and Quincy Paige attended the South Coast Music Camp. Charlotte Blake was selected to be a tutor.

**Pulse Alive**

Charlotte Blake was also selected to be part of the Pulse Alive orchestra, playing flute and piccolo.

**Orchestral Opportunities**

Samantha Roberts performed with the Sydney Symphony Orchestra Fellows and was chosen as a member of the Australian Romantic and Classical Orchestra's Youth Chamber Orchestra.

Hannah Torpy was a member of the Western Sydney Philharmonic Youth Orchestra.

**Shrek Jnr**

David Gillis, Lydia Glover, Quincy Paige and Sophie Vandervoort were all part of SHYAC's entertaining production of "Shrek Jr".

David was Shrek, Lydia was the Pied Piper, Quincy was Lord Farquaad and Sophie was Princess Fiona.

**Chicago**

Samuel Kennedy was invited to play soprano and alto saxophone for So Popera's glamorous production of "Chicago".

**Wingecarribee Vocal Muster**

Ruby Bagnell, Nathan Bray, Zahra Nasser and Sarah Vega-Carrera have all been part of the "Wingecarribee Vocal Muster" under the guidance of Richard Lane. They have had the opportunity to develop not only their vocal ability but also their performance skills.

**Southern Highlands Concert Band**

Hannah Torpy and Charlotte Blake played flute in the Southern Highlands Concert Band.

**OZY Youth Choir**

Emily and Grace Stefanuik performed at Government House with the OZY Youth Choir Honouring Defence Survive.

**In Summary**

2022 has definitely been busy (we clearly made up for our 2 year break due to covid) and we are so proud of our students' achievements. They continue to raise the bar, and as a result, have been rewarded with amazing opportunities and experiences.

We wish our Year 12s all the best for their future endeavours and look forward to 2023 and all it entails.

May everyone have a well-earned restful break.

*Linda Kennedy*

*Music Teacher/Head Teacher CAPA*

**TERM 4 PERFORMING ENSEMBLES & VET ENTERTAINMENT CREW 2022*****Stage Band E1 Home Group (Years 7-11)***

Charlotte Blake, Tyler Bryant, Ripley Coble, Ryan Coulter, James Denman, Daniel Francis, Simon Georgiou, Luke Green, Beatrix Jones, Leo Jones, Samuel Kennedy, Hayley Lawrence, Zac Markovina, Alyssa McCrow, Timothy Miller, Molly Page, Stella Stravoskoufis, Anna Thomas, Hannah Torpy, Izumi Unsworth, Sarah Vega-Carrera and Riley Wallace

***Orchestra (Years 7-11)***

Iris Balk, Charlotte Blake, Tyler Bryant, Ryan Coulter, Oscar Dunn-Luck, Prudence Dunn-Luck, Laila Gardiner, Mia Gardiner, Willow Gifford, Beatrix Jones, Samuel Kennedy, Alyssa McCrow, Harrison Roberts, Hannah Torpy, Riley Wallace, Sarah Vega-Carrera, Maria Dunn and Linda Kennedy

***Junior Band (Years 7-8)***

Liam Bracht, Josie Bryant, Iris Burgess, Ripley Coble, Ella Davies, Simon Georgiou, Willow Gifford, Leo Jones, Hayley Lawrence, Grace McAlpine, Timothy Miller, Hamish Orford, Quincy Paige, Ruby Pyne, Stella Stravoskoufis, Anna Thomas and Izumi Unsworth

***Paridon String Ensemble (Years 8-11)***

Iris Balk, Oscar Dunn-Luck, Prudence Dunn-Luck, Laila Gardiner, Mia Gardner, Harrison Roberts and Maria Dunn

***MUGS Moss Vale Ukulele Group (Years 7-11)***

Hanna Baldwin, Charlotte Blake, Joy Devenish, Zoe Fuller, David Gillis, Nicole Harper, Grace Jones, Samuel Kennedy, Dixie Kumal, Zahra Nasser, Asher Miller, Molly Page, Grace Stefanuik, Lola Stravoskoufis, Pearl Stravoskoufis, Stella Stravoskoufis, Aiden Torpy, Hannah Torpy, Riley Wallace, Isaiah Webb, Alyssa Waring, Eden Yearsley and Miss Kennedy

***Choir (Years 7-12)***

Tory Attwood, Eartha Bagnell, Ruby Bagnell, Iris Balk, Bonnie Blake, Charlotte Blake, Gwilym Boyle, Nathan Bray, Grace Bryant, Iris Burgess, Jaya Chand, Ella Davies, Freya Davies, Hayley de Graaf, James Denman, Isabella Dern, Joy Devenish, Oscar Dunn-Luck, Prudence Dunn-Luck, Rory Gardiner, Willow Gifford, David Gillis, Lydia Glover, Jeremiah Good, Annabel Goodwin, Lacey Hayes, Aliya Hennessey, Nicole Harper, Tegan Hore, Dixie Kumal, Phoebe Jobson, Grace Jones, April Jordan, Sarah Kelly, Aelinn Kelsall, Samuel Kennedy, Oakley Longshaw, Cassandra Malloy, Zac Markovina, Annabel Martin, Grace McAlpine, Asher Miller, Tim Miller, Zahra Nasser, Hamish Orford, Quincy Paige, Pic Phin, Ruby Pyne, Klara Searle-Aalto, Tori Shepherd, Grace Shiel, Holly Speechley, Emily Stefaniuk, Lloyd Stevens, Trey Stevens, Lola Stravoskoufis, Pearl Stravoskoufis, Stella Stravoskoufis, Hannah Torpy, Izumi Unsworth, Sophie Vandervoort, Maia Vasilakis, Sarah Vega Carrera, April Wallace, Max Wallace, Riley Wallace, Alyssa Waring, Isaiah Webb, Ashleigh Wilson and Eden Yearsley

***Vocal Rollers C6 Home Group Vocal Ensemble (Years 7-11)***

Tory Attwood, Ruby Bagnell, Iris Balk, Charlotte Blake, Nathan Bray, Iris Burgess, Freya Davies, Joy Devenish, Prudence Dunn-Luck, Rory Gardiner, David Gillis, Lydia Glover, Jeremiah Good, Nicole Harper, Lacey Hayes, Aliya Hennessey, Phoebe Jobson, Grace Jones, April Jordan, Sarah Kelly, Oakley Longshaw, Asher Miller, Zahra Nasser, Quincy Paige, Klara Searle-Aalto, Holly Speechley, Trey Stevens, Lola Stravoskoufis, Pearl Stravoskoufis, Sophie Vandervoort, Maia Vasilakis, Sarah Vega Carrera, April Wallace, Alyssa Waring and Eden Yearsley

***One Note Longer Vocal Ensemble (Years 10-11)***

Ruby Bagnell, Charlotte Blake, David Gillis, Grace Jones, Sarah Kelly, Sophie Vandervoort and Alyssa Waring

***The Hustle Vocal Ensemble (Years 7-11)***

Rory Gardiner, David Gillis, Jeremiah Good, Oakley Longshaw, Zac Markovina, Tim Miller, Hamish Orford, Quincy Paige, Trey Stevens, Riley Wallace and Isaiah Webb

***The Honeys Vocal Ensemble (Years 7-11)***

Ruby Bagnell, Charlotte Blake, Grace Jones, Sarah Kelly, Asher Miller, Lola Stravoskoufis, Pearl Stravoskoufis, Sophie Vandervoort and Alyssa Waring

***Simple Edition Vocal Ensemble (Years 9-10)***

Jeremiah Good, Aliya Hennessey, April Jordan, Zahra Nasser, Lola Stravoskoufis, Sophie Vandervoort, Sarah Vega-Carrera, Riley Wallace and Eden Yearsley. Reserve: Freya Davies

***Minor Details Vocal Ensemble (Years 7-8)***

Iris Burgess, Prudence Dunn-Luck, Lydia Glover, Phoebe Jobson, Grace McAlpine, Quincy Paige, Holly Speechley, Pearl Stravoskoufis, Stella Stravoskoufis and April Wallace. Reserve: Iris Balk

***Lyrical Ensemble (Years 7-9)***

Grace Bryant, Abbey Wallace, Alice West

**Tap Co. (Years 7-11)**

Josie Bryant, Lydia Glover, Jazmin Hampson, Phoebe Jobson, Aelinn Kelsall, Grace McAlpine, Keeley Moule, Klara Searle-Aalto, Sophie Vandervoort, Izumi Unsworth and Euphrates Webb

**9/10 Elective Drama Ensemble (Years 9-10)**

Brendan Balk, Jeremiah Good, Brodie Neale, Caitlin Stone, Sophie Vandervoort and Ashleigh Wilson

**Concert MCs**  
Daniel Francis and Isla McAlary

**VET Entertainment Crew (Year 11)**

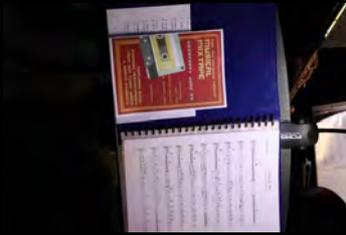
Zoe Fuller, Luke Green, Nicole Harper, Zoe Maguire, Rebekah Oehm, Lucas Robb, Emily Stefaniuk, Hannah Torpy, Alyssa Waring, Theresa Wexler and Olivia Woodgate













# VISUAL ARTS, PHOTOGRAPHY & VISUAL DESIGN

2022

**Year 7  
Visual Arts**

*Chimera  
Designs*

CJ Dela Cerna



Harry Waters



Ella Davies



Brigid Martin



Annabel Martin



Students  
from 7.4  
working  
on their  
chimera  
drawings.



Students from 7.4  
working on their  
chimera drawings.



Isla McAlary



Josie Bryant



Students  
from  
7.7 working  
on their  
chimera  
drawings.



Abby Martin



Benjamin Matthews



Lacey Kirkland



Charlie Taylor



Charlotte  
Rutherford



Leila Davison



Olivia Brumfield



Ella-Beth Hull



Chylah Eaton



**Year 8  
Visual Arts**

*Semi-Abstract  
Paintings*



Eliza Shields



Lucy Smith



Nathan Bray



Noah Nasser



Hailey Bradley



Connor Marr



Caitlyn Grey



Students  
from 8A  
working  
on their  
painting.



Madison Moore



Lily Van Bentum



Hayley Lawrence



Paige Marshall



Benji Lee-Billinghurst



Emma Lecours



India Levings



Isaac Pemberton



Chantel Wills



Charlotte Withers



Kiki Touma



**Year 9 and 10  
Photography**

**The Selfie**

Double Exposure Selfies



Shadow Selfies



**The Triptych selfie**



**Disguised Selfies**



**Year 9 Visual Arts**

Brodie Neale



**Figures-  
Inspired by Giacometti**



Alice West  
Rasha Alexander  
Georgina Grumley-Grennan



Brodie Neale  
Amy Littleton  
Ava Breaught-Hood



Olivia Cassar

April Jordan



Callum Bracht



Alice West  
Donilyn  
Barbarona



Shan Cecilio



**Year 9 Visual Arts**  
Surreal Landscapes

Brodie Neale



April Jordan



Alice West



Shan Cecilio



**Year 7 Visual Arts**

Wayne Thiebaud  
Inspired Oil pastel  
Cakes

Henry Robinson



Max Wallace



Elijad Vasilakis



Charlotte Rutherford



Joy Devenish



Bianca Jacobs



Abby Martin



**Year 7 Visual Arts**

Wayne Thiebaud  
Inspired Plaster  
Cakes

Lacey Kirkland



**Year 8 Visual Arts**

Ceramic Skulls  
& Collages



Brodie Neale



Georgina Grumley-Grennan

**Year 9 and 10 Visual Design**

Skateboard Design



Isaac Matthews

Left to right:

Emily Harlor

Lucia Iliani

Rasha Alexander



Eden Yearsley

Marlie Blake



Freya Davies



Callum Bracht



**Year 9 and 10  
Visual Design**

*Illuminated Letters*



Left:  
Marlie Blake  
Right:  
Bela Seville



Left:  
Callan Rudge  
Right:  
Freya Davies



Left:  
Emily Harlor  
Right:  
Brodie Neale



Georgina Grumley-Grennan



Left:  
Lucia Iliani  
Right:  
Dixie Kumal



**Year 10  
Visual Arts**

*Collagraph  
Landscape*

Maia Vasilakis



Tim Andrews



Tess Stanley and  
Mia Gardiner



**Year 10  
Visual Arts**

*Coil &  
Ceramic  
Bowl  
Landscape*



Tess Stanley and Maia Vasilakis



Georgia  
Parsons



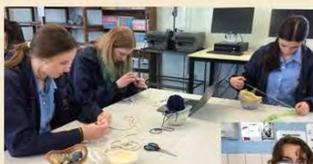
Meridian  
Main



Tim Andrews



Brenden Balk and Logan Pospisil



Ivy Bussey



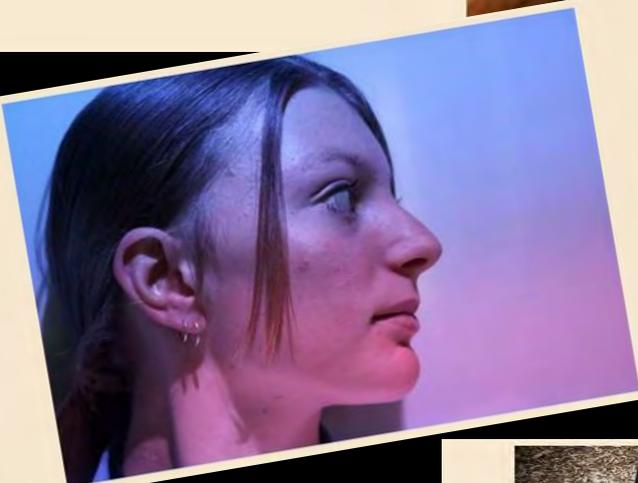
Alice McAlister





**Year 9 and 10  
Photography**

**Portrait Competition**



# Aboriginal Education

## RECONCILIATION

We started our Reconciliation week celebrations with National Sorry Day where we remembered and acknowledge the mistreatment of our Aboriginal and Torres Strait Islander peoples. We addressed this by learning about the history of Sorry Day in a PBS lesson as a whole school. The week followed with several activities to learn about the theme 'Be Brave, Make Change' and aimed to show students how they could make a difference and contribute to making a change. Students entered a colouring in competition and were able to take home a bookmark. Each homegroup also coloured in a map of Language and Traditional Custodian Boundaries to acknowledge that Aboriginal and Torres Strait Islander Australia is made up of many different and distinct groups, each with their own culture, customs, language, and laws. We ended the week's celebrations with a writing competition for Close the Gap, where students shared stories of their sense of belonging.

## NAIDOC WEEK: Get up! Stand up! Show up!

This year NAIDOC week opened with a smoking ceremony by our special guests from National Parks. Smoking ceremonies assist with cleansing of an area and promote protection and wellbeing. As such, they are an important part of opening up NAIDOC week to celebrate culture, history and First Nation peoples.

This was then followed by a range of activities during the week including wooden buttons, x-ray art and daily lessons to inform students about this year's theme: Get up! Stand up! Show up!

The week ended with a whole school round robin (including some of our most athletic teachers) of Buroinjin with house playing against house in an epic display of agility and sportsmanship.

Of course, Wirra (Morton), being the most agile team, won.



## Connection crew

At Moss Vale High School we try to run two Connection Crew activities a term so that students can connect with each other and their culture. This year we spent a day re-vamping our 'Connection Crew' garden. Pat Hall from National Parks helped us plant some native plant species which could be used as a food source or for medicinal purposes. This was followed by the installation of a water tank and signage to inform students about the history of the area and the plant species introduced to the garden. This space continues to be maintained by our First Nation students.

Students also hand-crafted clapsticks and learnt about the traditional uses as an instrument to maintain rhythm and as part of Aboriginal ceremonies. Additionally, Pat Hall took our First Nation students out to a sacred site in Bundanoon and taught us about the local history.

We also developed a story board to depict the story of Gurangatch and Mirragan and learn about the local First Nation history. We hope to next year go On Country and assist National Parks in regenerating the local area at Guula Ngurra, where the serpent head lies.





The Student Representative Council has had a busy and rewarding year in 2022.

Early in Term One, our school leaders, Amy Darch, Jake Davies, Belinda Lawrence, Lauren Jones and Jeremy Millward, along with Year 9 student Lola Stravakoufis, attended the Bowral Youth Hub to meet the Hon. Ben Franklin. Mr Franklin is the State Minister for Aboriginal Affairs, the Arts and for Regional Youth. On the day, Mr Franklin was impressed by our students, especially by Jeremy and Lola, who spoke on the day.

Tuesday 8 March, captains Amy Darch, Lauren Jones and Belinda Lawrence represented our school at the CWA International Women's Day breakfast held at the Mittagong RSL. This annual event has become an important opportunity to share ideas and inspiration for women of all ages throughout the Southern Highlands.

Term One also saw terrible flooding hit Lismore, with footage of devastated communities dominating our news. Staff and students were moved to help, and our SRC assisted the PBS team in raising money to donate to families identified by public high schools in Lismore. The school really came together behind this cause.

Term Two got a start before the school term opened, with students representing Moss Vale High School at the Moss Vale RSL ANZAC service. Captains Jeremy Millard and Amy Darch were joined by a number of younger students for the march and service, laying a wreath at the memorial. In the first week back at school, we marked ANZAC Day as a school community with a beautiful memorial service in the hall. There, the new wreath donated by our SRC from funds raised over previous years was laid at the school's war memorial outside the hall. The following week the school was lit with a blaze of yellow, as we raised money to support Ms Hansen in her fundraising efforts for the Cancer Council as part of the annual Stars of the Southern Highlands.

Term Two also kicked off our Captain election process, with a wonderful group of Year 11 students applying. It's a rigorous process, which sees the students submitting written applications, participate in an interview with a panel of teachers, and present a speech to an assembly of the entire student body.

The fundraising focus for Term Three was Home Groups for the Homeless, inspired by our school focus for the year of making kindness happen. The cold, wet winter made us all appreciate a warm bed and solid roof more than ever, so SRC visited home groups to collect funds to support the work of St Vincents de Paul and Youth Off the Streets.

On Sunday 21 August, four of our captains attended the Vietnam Veterans Memorial service at Settlers Park in Bowral. Belinda Lawrence gave a moving speech, the only student to be invited to speak. Lauren Jones and Jeremy Millward laid a wreath on behalf of the school. It was wonderful to see Moss Vale High School represented so well by these impressive young people.

In Week 6, we promoted the annual Wear It Purple day. This is a day to highlight the importance of creating a safe, supportive environment for Rainbow Youth. Students were encouraged to wear an item of purple to show these young people that Moss Vale High School

is a safe place to be yourself. SRC students sold wristbands and stickers in the leadup to the day, and we were pleased to sell out of both items. Funds raised were donated to ReFrame, our local youth support hub, to use specifically for its work creating a safe and supportive space for Rainbow Youth in the Southern Highlands.

Week 9 saw the return of RUOK day. Inspired by the advocacy of Jeremy Millward, we supported RUOK through fundraising daily. Lucas Millward of Year 9 is stepping up to take over from Jeremy once he leaves MVHS by continuing to raise awareness about the importance of breaking through stigma surrounding mental health. The wonderful work done by Year 8 PDHPE students built on this even further, with a whole week of conversation-starting activities and stalls.

Term Four began with our new members joining the SRC Home Group, led by new captains, James Denman, Samuel Kennedy, Sara Rosas and Alyssa McCrow completed our first ever induction day in Week 7. This cohort of the SRC will hold their office from Term 4, 2022 to the end of Term 3, 2023. Our team has grown to 33 students for the year which has brought in new voices and ideas for an exciting year ahead.

As we do every year, students and staff turned up to school on November 17th wearing their best dresses to support One Girl, which helps girls in developing countries access education. Around \$1,000 was raised through the Do It In A Dress campaign. This year for the first time, five students at Moss Vale High School have been Ambassadors for One Girl, with each Ambassador working towards a personal fundraising goal of \$500. All proceeds raised go into scholarship funds for girls in Sierra Leone and Uganda, as well as towards resources which facilitate their success, such as solar-powered lamps, textbooks, and healthcare.

Movember is another worthy cause that Moss Vale High School participates in annually, raising funds and awareness for the leading health challenges in men, including mental ill-health and cancer. This year, the popular Bro-toes socks were again for sale for \$5 (or the amazing two for \$10 deal!), and a whole-school football game was held as a fun opportunity to bring attention to the cause. A Movember raffle was run, with prizes generously donated from local businesses in support of the foundation. Many staff and students also attempted to grow a moustache – some more successful than others!

On 18 November, Moss Vale High School observed White Ribbon Day. A team of students including, Hayley de Graaf, Trey Stevens, Asher Jansen, and Alyssa McCrow worked with Miss Curtis to create an informative video about White Ribbon's purpose, and why they are a vital organisation for tackling domestic violence. The students also addressed our whole-school assembly in Week 7, reinforcing this important message.

As the year finishes, the SRC thanks everyone who showed support for our initiatives over the course of 2022, and we look forward to making an even bigger impact next year.

S-R-“C” you in 2023!

**YOUR  
STUDENT VOICE  
Matters**

# Support Unit

**Moss Vale High School has four Support classes within their Support Unit (soon to be five):**

An IO/IS class for students with a Moderate or Severe Intellectual Disability, an MC or Multicategory class that covers a range of up to three disabilities, and two Autism classes for students with a diagnosis of Autism.



## The Staff within the Support Unit include:

Mr Tim Vandervoort - *Head Teacher.*

Mrs Anita Austin & Mr Jim Good - *Classroom Teachers.*

Ms Kate Regan, Ms Paulina Kowalczyk, Ms Laura Tait & Mr Sam Jones - *Temporary Classroom Teachers.*

Mr Mick Williams, Ms Shirley Horne, Mrs Cathy Vandervoort & Ms Sharon Moore - *Learning Support Officers.*

Ms Virginia Cole, Ms Melissa Cervonaro, Ms Amanda Mathews & Ms Ashley Turner - *School Learning Support Officers.*



## Students participate in a range of Life Skills subjects, including:

English, Maths, Science, Human Society and its Environment, Personal Development Health and Physical Education, Creative and Performing Arts, Design and Technology, Agriculture, Computer Technology & Sport.

## Students participate in Extra Curricula activities, including:

Whole School Swimming Carnivals, Athletics Carnivals, Cross Country, Community Access Programs, Travel Training Programs, Shopping Programs, Mainstream Sport, Student Representative Council & Formal Assemblies.



## Community Access & Travel Training Programs:

Students accessed buses and trains to travel to various locations in Bundanoon, Bowral, Mittagong & Tahmoor during 2022.

We would like to acknowledge and thank the following organisations for their continued support of Moss Vale High School throughout 2022.

Challenge Southern Highlands - Welby Garden Centre, DSA Braemar, Mittagong PCYC, Bowral Library, Creative Space Southern Highlands, CTC Robertson, Reframe Bowral, The Empire Cinemas Bowral, The Glass Café Mittagong, Coffee Culture Bowral and Mumma's Kitchen Robertson.



## Farewell and Thankyou:

We would like to bid farewell to our Year 12 cohort: Anakin Kronenberg, Bridget Wexler, Jayden Sherman, Thomas Galuzen and Michael Brandt. We thank you for the wonderful memories and wish you all the best in the future.

I would also like to say farewell and thank you to Classroom Teachers Laura Tait and Sam Jones. Thanks for your valuable contributions this year and all the best in your future endeavours.

Another collective thanks and farewell goes out to Craig (Jock) McIlhatton from the 'Coverdrive' program based at Bradman Oval in Bowral. After several years supporting our sports program he is also moving on to other ventures.

Finally, thank you to all the staff, students, and families within the Support Unit for a wonderful year. I wish you all a safe and happy festive season and look forward to seeing you all again in 2023.

**Tim Vandervoort**



# PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION

## Year 7 and 8 PDHPE (Stage 4)

Year 7 have worked through a variety of units, but, without a doubt the #LETSGETPHYSICAL and 'Fun and Safe in the Sun' unit has been the most popular units. Students have developed greater knowledge on the components of fitness and how these can be improved as well as how to minimise the risk of skin cancers and harm in water environments. All Year 7 students attended a Water Safety day at Bowral pool where they rotated through various activities to develop swimming strokes, water survival skills, safe entering and exiting techniques and rescues. This year we were lucky enough to have Maxi from Bondi rescue do a virtual presentation on water safety scenarios to educate children around ALL water be it at the beach, river or pool. He also touched on fire safety awareness and first aid introduction with a focus on how knowing the first steps of DRSABCD could mean any child has the potential to help save a life.

Year 8 have studied many concepts directly related to keeping themselves and others safe by exploring risk taking behaviours and ways to minimise harm. A highlight assessment for Year 8 again was the RUOK? School Campaign project-based learning task where students were required to create an awareness campaign for RUOK? Day and bring it to life with an exhibition. These were presented throughout the school during breaks and were a huge success within the school community. In this last semester Year 8 have tested their patience and team work in the 'Tribe has Spoken' practical unit which has focused on developing students trust, cooperation, communication and problem-solving skills.



## Year 9 and 10 PDHPE (Stage 5)

Year 9 have had a major focus on building resilience, exploring diversity, and making decisions around sexual health and drug use. The 'Road to Resilience' assessment task required students to work in a group to research, prepare and present a 15 – 20 minute practical session to the class on ONE method of stress management that could be used by young people age 12 – 25. This year we saw an excellent variety of stress management methods such as gardening, yoga, stress balls, making slime, cooking and colouring in. During practical lessons a highlight was the 'Dance Boss' unit which required students to compose a movement sequence based on the elements of composition. Students thoroughly enjoyed the presentation of each group's movement sequence.

In Year 10 our focus is on the relevant issues that occur in each individual's everyday lives. The units explored included road safety, psychostimulant drugs, relationships and celebrating safely. Students had the opportunity to further develop knowledge and skills around road safety by attending the 'BSTREETSMAST' excursion in Sydney. We also saw the return of 'So You Think you Can Dance' component. Students participated in an eight-week Latin American Dance unit which consisted of three main traditional dances, Samba, Cha Cha and the Jive. This day was very successful with a lot of students perfecting their dance moves and confidently and competently demonstrating their dance skills at an outstanding level.



## Year 9 and 10 Physical Activity and Sport Studies

PASS continues to be a very popular elective for all students. Our elective classes have been under the superb guidance of Mr Vandenberg and Miss Leet (Year 10 Major), Ms Middleton (Year 9 Major) and Mr Grehan (Year 9/10 Minor elective).

Year 10 Major elective classes have had a big year with their studies on physical fitness, technology in sport, coaching, leading and teaching sport and physical activity and event management. A unit to remember for 2022 was 'Coaching, Leading and Teaching Sport and Physical Activity'. Mr Vandenberg and Miss Leet's Year 10 Major elective PASS classes completed the annual coaching assessment task a little different this year. In small groups, PASS students selected a sporting skill, planned a coaching session and delivered their session over two massive Thursday afternoons with approximately 130 Year 5/6 Moss Vale Primary students. Students did an amazing job and the event was extremely enjoyable for all involved. Secondly, to finish the year with a bang both classes were divided into two groups to again make their plans a reality. One group had to create a touch football event for the MVHS Movember team and the other planned a lunch time Oztag tournament for all students in the school. Each student was given a specific role/responsibility such as budgeting team, promotions, referees and officials, health and safety officers and competition designers. Without the help of each PASS student this event would not have been as successful.

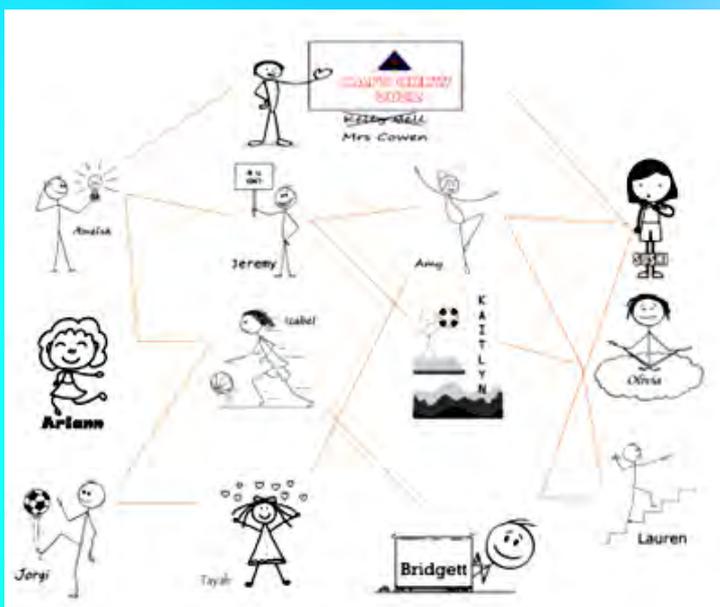
Year 9 Major and Year 9/10 Minor elective classes have enjoyed a range of course work including the body systems, technology in sport, participating with safety and fundamental movement skills. A huge congratulations to all students as the effort, enthusiasm and commitment has been outstanding throughout the year. Within PASS our students are often provided with the opportunity to represent the school as officials at local primary school carnivals and gala days. Thankfully, this year we were able to continue with this initiative and have students attend league tag, cricket, and soccer carnivals so students can continue to develop important skills for officiating.





### Community and Family Studies (CAFS) Stage 6

The CAFS class of 2022 was the first group to complete the HSC course at Moss Vale High School. This course explores a diverse range of issues affecting the lives of all individuals and their unique roles in groups, families and communities. Students discover the importance of managing individual and group needs and resources to help satisfy wellbeing. Studying CAFS will assist young people to become responsible citizens who function effectively in contemporary society within their family and community. Students who experience CAFS gain valuable research skills that they can further develop in their post-school and career pathway.



## Year 11 and Year 12 PDHPE and SLR (Stage 6)

PDHPE and SLR continue to be relevant, popular and engaging options for our Stage 6 students. Year 12 SLR have been under the guidance of Mr Grehan and Mr Williams and our Year 11 SLR also by Mr Williams. Students have had a fantastic time learning about Athletics, Aquatics, Outdoor Recreation and Fitness.

Year 11 PDHPE has been an extremely hard-working group who are dedicated and passionate about the PDHPE course. Mr Vandenberg is extremely proud of the way in which this class have taken to their senior studies and is looking forward to an enjoyable and rewarding HSC year with this amazing cohort. Throughout the year students have completed the First Aid and CPR courses and recently experienced a virtual presentation with an expert BaiMed Physio, Liam. Liam's expertise with injuries was invaluable as the class worked towards successful completion of their Sports Medicine studies.

The Year 12 PDHPE class have worked extremely hard under the guidance of Miss Leet. Our last two years have involved remote learning (BBB sessions), covid making a come-back, daily canvas posts, birthday celebrations, practical lessons, 8am study sessions, syllabus challenges, practical sessions and of course the rigorous assessment tasks. The PDHPE faculty would like to congratulate Adel Semmler who finished first in the cohort with an outstanding school-based assessment result.

Miss Leet is very proud of her Class of 2022 HSC PDHPE group and the PDHPE staff would like to congratulate them all on the completion of their HSC exams and wish them all the very best for the future.





# Year in Sport

Term 1 is the busiest of our terms throughout the year and term 1 2022 definitely didn't disappoint.

We did, however, have many postponements and events having to be continually rescheduled again and again due to weather conditions, some events still haven't been able to be played. We also had COVID play a part in events not being held due to forfeited games as many students from other schools struggled to field full teams.

### School Swimming Carnival

We kicked off the year with our annual school swimming carnival. Students and staff headed to Bowral Swimming pool dressed in house colours to get into the spirit of the day. Year 12 dressed up in a theme to enjoy their last ever swimming carnival. There was one new addition this year courtesy of COVID and that was masks while not competing, but this didn't dampen any spirits. We were lucky enough to receive outstanding weather on the day, with many claiming it to be the best weather we have had in over a decade. Congratulations to all students for coming along and participating in either competitive or novelty events. Like always we have some outstanding results and memories from the day. From our Age Champions to the annual Year 12 "floatie race" and "jump in".

Last but not least the House Champions.....**Carrington!**

### 2022 Swimming Carnival Age Champions

Age	Boys	Girls
13 Years	Ziggy Winley	Kiara Searle-Alto
14 Years	Lachlan McNeilage	Hayley Bradley
15 Years	Riley Wallace	Daisy Winley
16 Years	Cody Shaw	Amelia Gentles
17 Years	David Gillis	Kaitlyn Yearsley

*Pictured below are some of these great memories.*



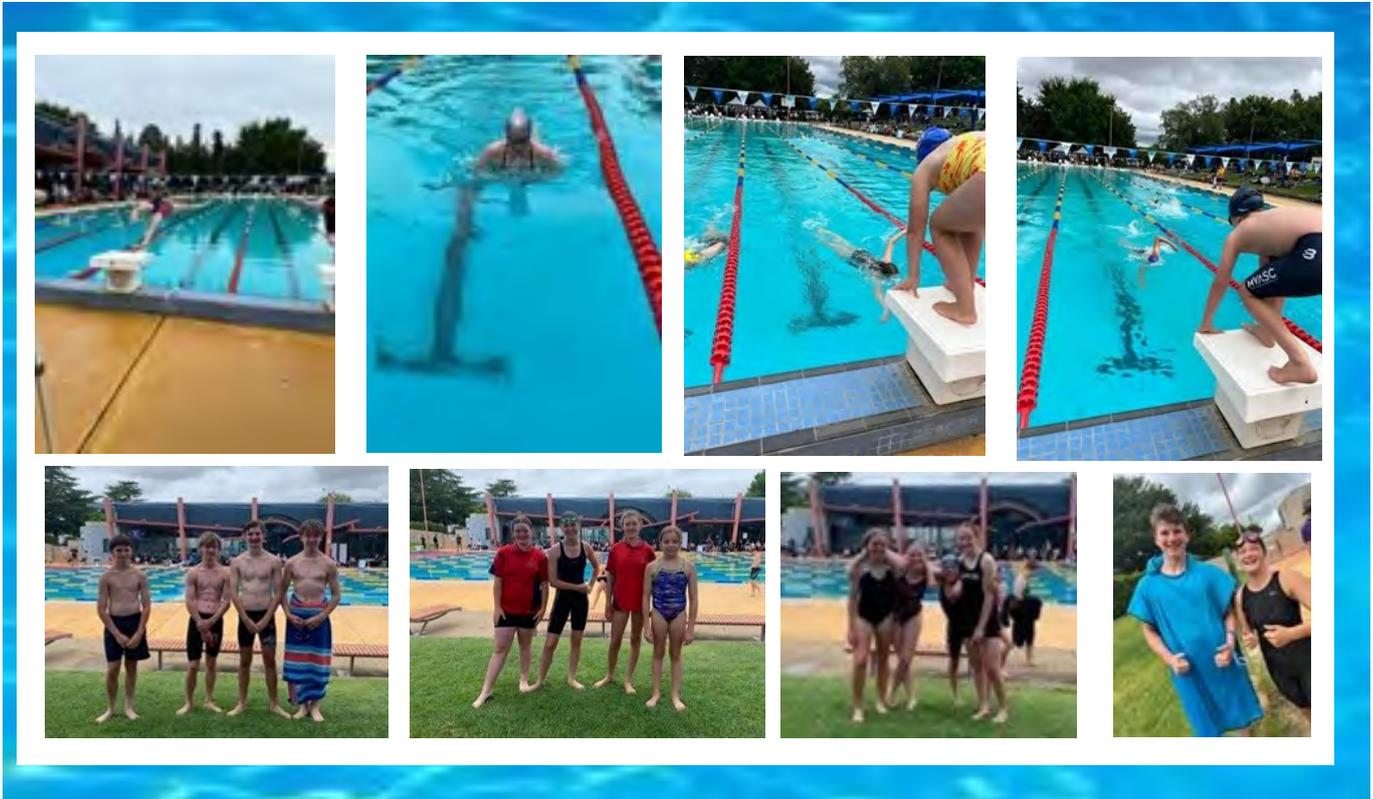
*Pictured below is some of these great memories.*



### Zone Swimming Carnival

From our carnival 24 students travelled to Queanbeyan to compete in the Zone carnival. We had several good performances on the day with 3 relay teams progressing to the regional carnival along with a number of individual performers. Lachlan McNeilage was the stand out performer of the day.

A big shout out goes to our amazing Year 12 student Kaitlyn Yearlsey for competing in her last ever Zone swimming carnival. Kaitlyn has been a fantastic ambassador for the sport throughout the years and has always led by example.



### Regional Swimming Carnival

12 of our best swimmers progressed to the regional swimming carnival at Dapto Aquatic Centre in early March.

Lachlan McNeilage of Year 8 qualified in the 100m breaststroke and competed in March at Homebush in Sydney. An excellent achievement by Lachlan.

Thank you to all the parents who transported their children to the venue and Miss Quinn who managed the team on the day.



## Zone Open Basketball - Boys and Girls

Both our Open Boys and Girls Teams competed in the Zone Carnival at Goulburn. Both teams were successful in making the finals.

The girls fought hard but went down in their final to Karabar. They did progress to the next competition.

After 3 years at the helm Mr Williams finally got his first win as coach of the boys team but they didn't stop there. The boys were undefeated in their pool and went on to win their final and make it through to the regional competition.



## Regional Basketball Carnival - Open Boys and Girls

On Thursday 24 February 2022 our Girls Open Basketball team travelled to Goulburn again to compete in the South Coast Regional basketball carnival.

The girls outplayed a much taller Nowra side 52-47 with their fitness and defence. Eliza Rough was on fire with her shots and Caitlin Stone successfully rebounded and shot under the basket.

The girls then came up against a much more experienced WHSPA. The girls were not phased but went down in the final quarter.





### **Boys Regional Basketball**

The Boys Open Basketball team travelled to Wollongong to travel in the South Coast knockout competition. Unfortunately, our quite young team were unable to defeat Smiths Hill or Dapto but never gave up n the day. Congratulations to all the boys for their efforts on the day.



### **Week 4 term 3 Under 15s Zone Basketball**

The Junior Girls and Boys Basketball teams travelled to Goulburn for the Zone Knock Out. While the girls only had one game, Mulwaree didn't stand a chance, going down 81-10. The boys outplayed Crookwell in their first game and narrowly won a nail biter against Mulwaree. The boys had to fight in the last 5mins to keep their lead and remain in possession of the ball. All players (Boys and Girls) put some points on the board and played a convincing game as a team.





### Week 6 term 3

The Under 15s Boy's Basketball team travelled down to the Snake Pit in Wollongong to compete in the South Coast Basketball Competition.

The boys went undefeated in the pool stage beating Nowra and Karabar High Schools. This saw them advance through to the semi final round against Bulli who unfortunately were too strong for us on the day.

The boys competed brilliantly all day and were perfect representatives for our school.

A big thank you to Mrs Rossi and Mr Williams for coaching the boys at various competitions and who have assisted them to get this far.

A special shout out goes to Van's father and strategic mastermind, Phil, who ran the bench for us.

Well done boys.



The U15 Girls basketball team travelled to Tamworth in week 1 term 4 to play Oxley High School. This was to secure a place in the top 8 in the State. To their credit they managed to remain calm, draw on their strengths and come away with a 71-54 win.

**In week 3 term 4 the girls made MVHS history by being the first team to ever secure a spot in the State Finals as one of the top 8 teams.**

They team travelled to Hills Hornets Stadium for the 2 day event. The girls played 3 games in their pool against Ballina Coast, Endeavour Sports High and Cammeraygal High School. **They came 7<sup>th</sup> overall in the state which is an awesome achievement.**

Thanks to Mr Moran and Mrs Ragan for assisting at the game and thanks to Dave Watts for coaching in the lead up to the game.

A big thanks to Mrs Rossi for all her coaching and organisation for the girls.



### Open Girls Hockey

Our Open Girls Hockey Team kick started their year with a standout performance over Smiths Hill high, in round one of the knockout competition. The girls dominated from start till finish winning 10-0. The game was played in great spirit with Scarlett Whatman scoring her first ever goal in hockey.



### Week 5-term 3 Girls Hockey

Our Girls Hockey Team continued to go from strength to strength in 2022. The girls defeated a gallant Kincumber HS in the 3<sup>rd</sup> round 5 nil at Welby stringing together some exceptional pieces of team work combined with individual brilliance. **This win moved the girls into the top 16 hockey schools in the state.** Thank you Deirdre Mackay and Jackie Tickner for umpiring and all the support from the parents.



### Week 7 term 3

The Moss Vale High School Girls Hockey Team travelled to Narellan to take on Westfield Sports High School to try and claim a position in the Top 8 Hockey Schools in NSW.

The girls ran their hearts out in very warm conditions although unfortunately weren't able to overcome Westfield going down 2-1. Special mention to our goal keeper Toree Wilson who had a cracker in the goals. Thanks to all our awesome supporters who cheered us on. **Congrats to all the girls for all their efforts this year and achieving top 16 in NSW.**

We have two Year 12 girls that have now ended their school hockey careers. Thank you to Holly 'goal scoring machine' Hurford and Rory 'I can sing on the bus' Hoare for all your contributions to MVHS Hockey over the years.





### Boys Open Hockey

Our Open Boys Hockey Team took on Bowral High in the first round of their Knockout Competition, unfortunately, they lost 4-1.

James Smith was outstanding in goals and Justin Murray of Year 8 scored an amazing strike from the top of the circle.

The boys played the whole game a player down but never gave up. Well done to all the boys for their efforts and to Mrs Cowen for organising the game through difficult circumstances with rain and postponements.





### U15s Girls Netball

This year's Zone Netball Carnival was held again at Eridge Park.

**It was a successful day with the girls winning both their games convincingly and being crowned the Zone Champions.**



### **SOUTH COAST NETBALL Knockout**

The Under 15 Girls Netball team competed in the much anticipated South Coast Knockout in Nowra.

The girls had two convincing wins, a draw and a loss which placed them 2nd in their pool. The semi final was a tough round against a slightly more experienced team but our girls played a competitive game.

Great effort and sportsmanship was demonstrated by the girls throughout all matches and a huge thank you goes to Mrs Rossi for organising our team and to Mrs Jane Attwood who assisted with coaching our girls on the day. Thank you also to all our supporting parents.



### **Boys and Girls Open Soccer**

Both our Open Boys and Girls Soccer Teams faced off against Bowral High in the first round of their knockout competitions.

Boys won 2-1  
Girls won 12-1

A special mention, however, goes out to our Year 7 goalie Lilea Seville. Lilea took on being goalie for the first time without hesitation, what a champ.





### Open Girls Soccer

In week 7 our Open Girls Soccer Team played Illawarra Sports High in the 4th round of the Puma Trophy knockout competition.

The girls played really well but an unfortunate handball in the box gave ISH the chance to go ahead 1-0.

Our girls continued to battle hard giving it their all. Unfortunately the final score was 3-0 with two lucky goals being scored. The score line was no reflection of the game.

This was also our 5 senior girls' played their last ever school soccer game, Jorgi Webb, Kaitlyn Yearsley, Adel Semmler, Hayley Lane and Ariann Stone.

"These girls have been awesome ambassadors of the game and it has been an absolute privilege to work along side them" says Ms Middleton .

A big shout out to Emmerson Rochaix who was amazing in goals. Andrew Bell receives appreciation from our teams for his assistance volunteering his time to referee some of our games.



## Junior Boys and Girls Soccer

Our Junior Boys and Girls Soccer Teams continued our recent soccer success, with excellent wins over Bowral High.

The Junior Girls put in a dominating performance, coming away with a 11-1 victory. The victory was made even more sweet with the girls playing without substitutions.

April Rowley made sure the game was well out of reach by halftime scoring 5 goals of her own as well as being supported by all rounder Charlotte Withers ( 2 goals) and Year 7 student Taylah Moran scoring 2 goals.

All players were excellent, thank you to Miss Fox for coaching the girls.

The Junior Boys game ended with a 5-0 victory. Aiden Hart put in a brilliant performance to score 3 goals and ensure the boys moved onto the next round.

A big thank you to Mr Deasy for organising the day and coaching the boys.



## Girls Open Cricket

After a first round forfeit from Bowral High School, our girls went on to play Mulwarree High in Goulburn for the second round of the Knockout Competition.

Mulwarree went in to bat first and their star batter was proving to be quite a challenge and went on to remain in till the end not out.

Keira Hol led the charge with some fierce bowling but it was Ashliegh Wilson who made the breakthrough and Emmerson Rochaix taking the catches. Georgi Hurford took a cracker of a catch and Alexi Murray finished off the tail end with a couple of great wickets.

As the girls went into bat they had a score of 145 to chase.

Keira Hol and Georgi Hurford opened the batting and faced some fierce bowling but in the 8<sup>th</sup> over Georgi was caught out. Lucy Nash was next in with Keira and their partnership was a defining one. The girls endured some excellent bowling from Mulwarree and in the end after several boundaries and a 6 from Lucy, MVHS could taste victory.

With one run to get Lucy got out ( top scoring with 45 runs) leaving Keira to finish off with what was a great captains knock. Congratulations to the girls on an excellent win and finally beating Mulwarree after a number of attempts over the past few years. The girls played in the semi-finals later in the year. A big thank you to Brody Martin of Year 11 for umpiring .



The open girls cricket team played Albion Park High in the 3rd round of the Marie Cornish Trophy. After winning the toss and electing to field first the girls set to work. There was some excellent bowling from Neve Wallace, Lucy Nash and Keira Hol all taking wickets. Ashleigh Wilson, Abbey Wallace and Alexe Murray also bowled well.

All the girls fielded well, backing each other up and saving boundaries but the standout performance in the field was our wicket keeper Emmerson Rochaix. As Emmerson's first game as a wicket keeper she was outstanding, demonstrating the skills of an experienced keeper. She also took an awesome catch diving forward. Her efforts earned her player of the match and was awarded the match ball.

Moss Vale's efforts in the field kept Albion Park to a score of 4/66 after 20 overs.

As we headed into bat Keira Hol and Georgi Hurford took charge. Keira was making some great shots leading the way. It wasn't long before the girls had reached their target in the 13th over.

Also a big thank you to Scarlett Whatman, Indy Martin and Chloe Coyle for cooking snags on the bbq for both teams. A massive thank you Brody Martin who once again umpired our game. We appreciate you!



## Boys Open and U15s Cricket

So it was on, then it was off, then on again ,and yep you got it ,off again. Unfortunately, for the Boys Cricket Teams they had an unfortunate run of bad weather and were unable to take the field till mid way through term 2.



## Open Boys Cricket

Moss Vale played Bowral at Tourist Road Oval in Glenquarry.

Moss Vale scored 7 for 124 from 30 overs. Connor Beveridge, Brayden Stirton, Brody Martin and David Gillis all made handy contributions with the bat. Very few boundaries were made due to the damp grounds but Brody managed one enormous 6.

When it came time for Bowral to bat, Connor Beveridge bowled beautifully to tie up one end with speed and accuracy. From the other end, David Gillis absolutely destroyed the Bowral batting order with career best figures of 6 for 3. Bowral were all out for 40!



## Open Boys Cricket

The Open Boys Cricket team went on to win Round 2 of the Davidson Shield Knockout Competition in week 8 term 3 against Crookwell.

Crookwell High School batted first and put on 71 runs with one player batting brilliantly for 37 runs. Wickets were spread around the team with Connor Beveridge 1-5, Riley Wallace 1-14, Jesse Hol 1-11, James Smith 2-4, David Gillis 1-9, Brody Martin 1-22 and Henry Rough 1-2.

Our team batted second with James Smith scoring 57 and Brayden Stirton contributing a handy 9. We passed Crookwell's score in the 14th over for the loss of one wicket.



## Junior Boys Cricket

Our Junior Boys Cricketers took on Mulwaree High School space in the first round, in what Mr Good describes as one of the best, hardest fought but fairest of games the boy's have ever been involved in. Superbly captained by Noah Nasser, our boys batted first scoring 108 all out from 20 overs. Riley Wallace (18), Leo Jones (15) and Noah Nasser (21) all contributed well. Moss Vale then went on to defend their total superbly. Riley Wallace took 1/20, Jesse Hol 2/20 and Noah Nasser 1/20. Riley Hong and Aiden Bray contributed with great catches. Moss Vale High performance came from Max Wallace, for his bowling 2/20 and his last wicket stand with Noah Nasser which proved to be a match winning stand. In the end Mulwaree were 8/ 99 after 20 overs. An outstanding result for our young cricketers.



In week 7 the Junior Boys Cricket Team competed in the South Coast B Final in Queanbeyan...

Vincentia batted first and scored 150 in their 20 overs. They were an excellent batting side with two boys retiring on 40. One other boy scored 27. Our best bowlers were Justin Murray with 2/22 and Noah Nasser with 0/24. The boys fielded really well and never gave up on their effort in the field.

151 in 20 overs is a massive chase, and we almost got there. Noah Nasser retired on 42 and Justin Murray retired on 41. Riley Wallace opened the batting and used his solid defensive technique to blunt Vincentia's brilliant opening bowlers. After our 20 overs we had scored 136 runs, meaning we lost by only 14 runs.



## Year 12 ventured out to participate in their “Life Ready Camp”.

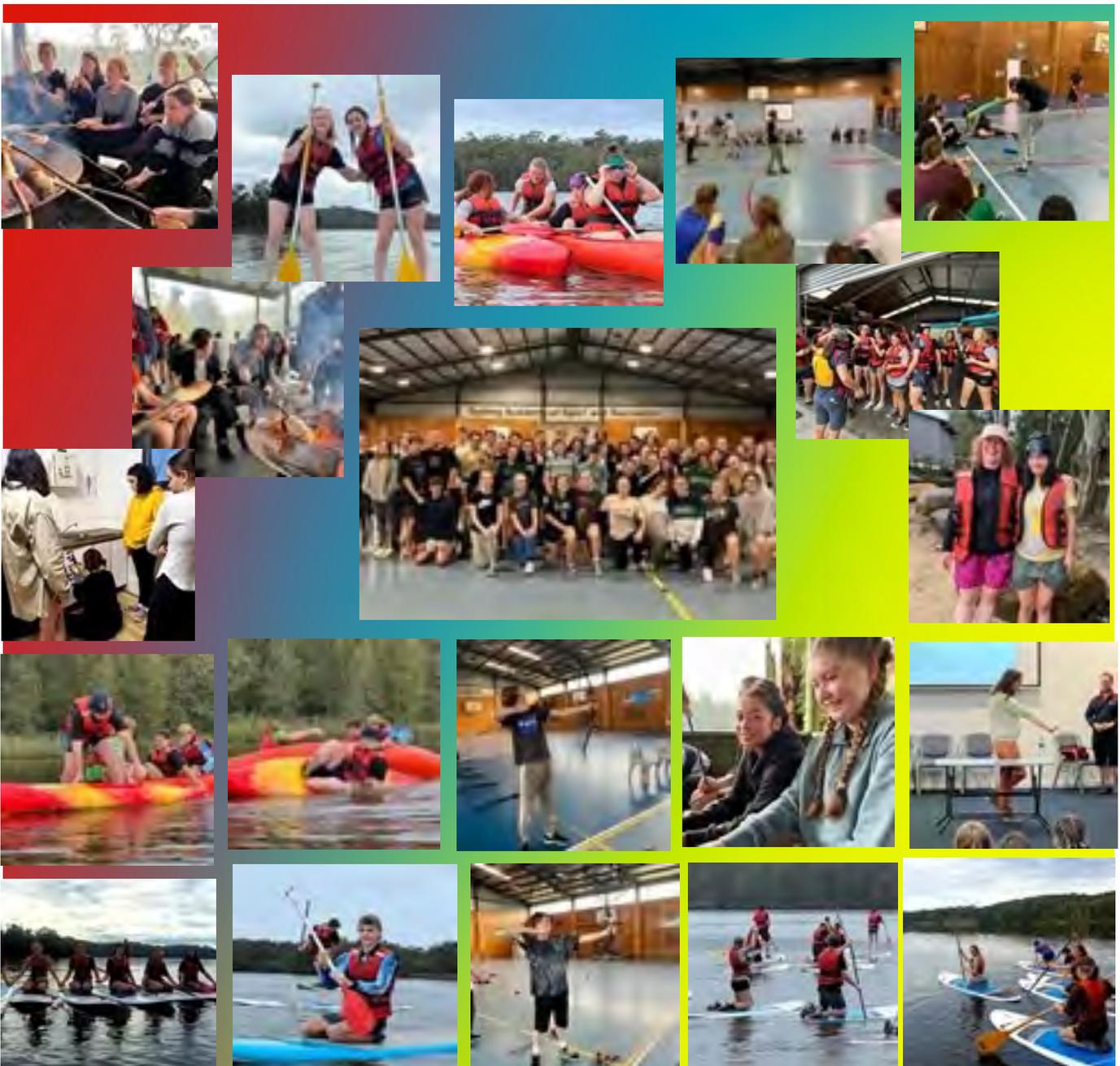
As part of the Year 11/12 curriculum, students are to undertake a mandatory 25 hour Life Ready Program. The Life Ready Program is designed to prepare and support senior students with life skills beyond school.

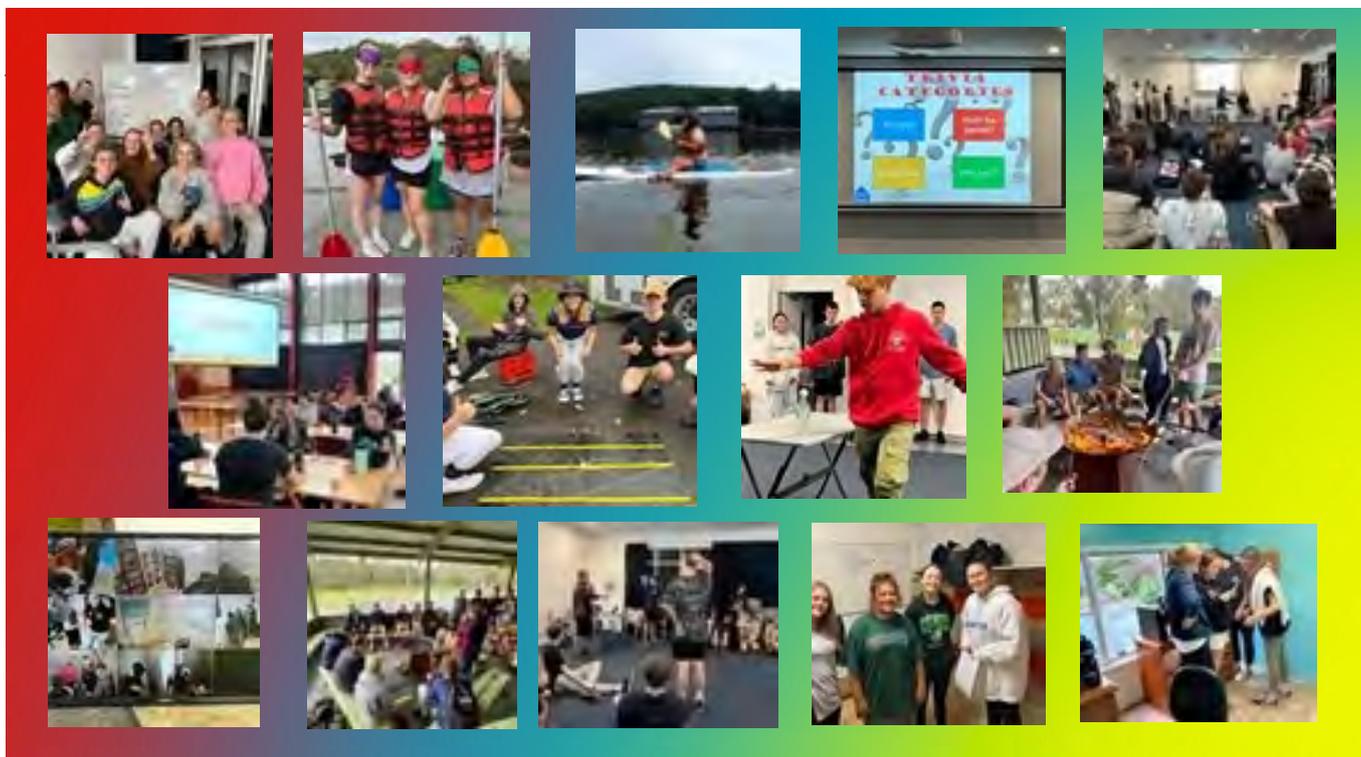
The main elements of the Life Ready Program are as follows:

- Independence
- Mental Health and Wellbeing
- Relationships
- Sexuality and Sexual Health
- Drugs and Alcohol
- Safe Travels

This year our students headed off to Narrabeen Sport and Recreation Centre. Whilst the weather conditions weren't great all students participate in activities provided. They were involved in Puzzle rooms, Stand Up Paddle Boarding, Fire and Damper making, Trivia, Independence, Mental Health, Relationship workshops, Archery Tag, games and Blind Canoeing.

Thank you to all of Year 12 for embracing the activities and making the most of their time together building peer relationships.





### School Cross Country

After being postponed from term one due to weather, we were finally able to hold our Cross Country in week 2 of term 2.

Thank you to all staff and our SLR and Year 10 students who assisted around the course and helped to make our carnival run smoothly.

### Our 2022 Cross Country Age Champions are:

AGE	BOYS	GIRLS
12 Years	Rory Eaton	Lucinda McCrow
13 Years	Jack Griffiths	Ruby Blake
14 Years	Lachlan McCullagh	Maggie Fuller
15 Years	Billy Apostolatos	Emily Harlor
16 Years	Waylon Grey	Rylee Dahlberg



Well Done everybody!



## Zone Cross Country

Congratulations to all our Zone Cross Country Runners.

Forty five of our students travelled to Mulwaree High School in week 4 to compete in the zone cross country. With some very chilly conditions our students took to the track and came away with some fantastic results.

Some stand out results for the day were as follows:

AGE	BOYS	GIRLS
13 Years	Jack Griffiths 1st	Ruby Blake 1st
	Max Harkness 3rd	Charlotte Withers 2nd
16 Years	Waylon Grey 2nd	Rhylee Dahlberg 2nd

A massive thank you to Mr Deasy and Ms Cripps for accompanying our students.



# Zone Cross Country

## Regional Cross Country

Week 7 also saw 16 of our students travel to Cambewarra Mountain with Mr Good, to compete in the Regional Cross Country Championships.

All students performed well and, as to be expected, their behaviour was exemplary.

Some stand out results for the day were as follows:

Billy Apostolatos 5th

Ruby Blake 5th

Jack Griffiths 9th

Tyson Robb 10th.

Congratulations to all our runners for competing to the best of their ability.

A big thank you to Mr Good who stepped in at the last minute to drive our students to and from the venue.



## School Athletics Carnival

What a fantastic day we all had at our athletics carnival!

It was one of the most perfect days this year - weather wise, which enabled our students to participate enthusiastically in both competitive and novelty events and their house spirit shone through brightly.

There were amazing results across all track and field events and the encouragement that students gave each other throughout the day was inspiring.

Congratulations and thank you to all our students who also attended and participated in our novelty and track and field events.

A huge thank you to all staff for a brilliant day!

Age Champions took a while to finalise as the fields were too wet to run on but we finally managed to make it work on what we would call a heavy track.

## Athletics Age Champions

Age	Boys	Girls
12 Years	Rory Eaton	Pearl Stravoskoufis
13 Years	Max Harkness	Charlotte Withers
14 Years	Kai Hines	Scarlett Sears
15 Years	Billy Apostolatos	April Rowley
16 Years	Nathan Collison	Abbey Wallace
17 Years	Tyson Robb	Keira Hol





## Zone Athletics

The last major event on the sporting calendar for term 2 was the Zone Athletics Carnival. Congratulations to all our students who travelled to Canberra to compete in the Zone Athletics Carnival.

Some standouts for the day were as follows :

- Our girls 13, 14, 15, 16 relay teams all placed first.

- The following students placed 1st or 2nd in one or more of their events-

Ruby Blake, Charlotte Withers, Scarlet Sears, Pearl Stravoskoufis, Emily Harlow, Rylee Dahlberg, April Rowley, Abbey Wallace, Lilea Seville, India Levings, Emma Fahey, Sienna Withers, Emmerson Rochaix, Torrez Attwood, Lachlan McCullagh, Jack Griffiths, Callum Bracht, Billy Apostolatos, Max Harkness, Barry Harkness, Isaac Pemberton, Nathan Collison and many many others.

**Charlotte Withers not only won the U13s Javelin, she smashed a long standing zone record from 2007. Amazing!**



## Regional Athletics

Week 2 term 3 saw 39 students travel to Canberra's AIS to compete in the Regional Athletics Carnival.





### State Carnival

Moss Vale High School placed 3rd overall as a school and from here 13 students qualified for the state carnival later in the term.

These students are:

Abbey Wallace (pictured below) outstandingly, was also the Under 16s age champion for the day. This is another amazing achievement for Abbey who was also the age champion at the zone carnival (along with Charlotte Withers, Isaac Pemberton and Pearl Stravoskoufis for their respective age groups - pictured with their medals below).

Thank you to Mr Warwick for stepping in last minute and taking the students to Canberra.



### CHS State Athletics Championships

Week 8 term 3 saw our students head to the CHS State Athletics Championships.

- Congratulations to Ruby Blake who has achieved a new personal Best (PB) AND 3rd in the State in the U13 girls long jump, reaching 4.77m. An awesome achievement.
- Charlotte Withers competed in the 13 Years javelin and was placed 8th which is awesome considering she was still recovering from an injury and unable to run.
- Lilea Seville ran in the hurdles and Ruby Blake ran in 800m. Both girls competed well in heats but unfortunately did not make the finals.
- Our U16s Girls Relay team placed 7th in their heat. Unfortunately, the girls didn't make it through to the finals but still an excellent achievement to make it to the State Championships. Girls competing were :Asher Miller, Abbey Wallace, Emmerson Rochaix and Sienna Withers

Congratulations to all students involved.



## OZTAG

50 students attended the South West Sydney & Southern Highlands Combined Oztag Regional tournament at Picton.

Congratulations to our Year 7/8 girls and 9/10 girls team who won the Grand Final and will advance on to the NSW Champion of Champions tournament.



### Term 3 week 10 NSW State Oztag Championships

Congratulations to all the girls involved in the 2 day State Oztag Tournament held at the Baron Ridge Sporting complex.

The Year 9/10 girls team played 6 games but unfortunately were unable to secure a win with such a high level of competition. All girls played well and gave 100%.

The Year 7/8 girls team played 6, won 3 and lost 3. The level of competition was extremely high. The girls were all class and were unlucky to lose the 3 games.

The team made some absolute cracker of tags and scored some amazing tries unfortunately the end result was they missed out on making the finals by points difference.

All girls played out of their skins but standouts for the games were Charlotte, Ruby, Lilea, Paige and Ava.

A big thank you to all the parents who accompanied the students and assisted in coaching, training and general support for Ms Middleton. A massive thank you to all the girls for giving 100 % over the two days and representing Moss Vale High to the highest standard.





## 2022 Campbelltown Football NSW Futsal High Schools Championships

Our 2022 Open Boys and Girls Futsal teams competed in their second ever championship. After a strong showing in 2021, our eager students left bright and early to Minto Indoor Sports Stadium.

The Open Boys Team were unlucky not to make it to the quarter finals, missing out on goal difference.

The Girls Team finished top of their group and entered the quarter finals full of confidence, however, let a promising 2-1 goal lead slip and bowed out of the tournament, losing 3-2 in the dying seconds of the game.

Thank you to all students for a great day and to Ms Middleton and Mr Vandenberg for coaching and organising our teams for the day.



## Girls Open Softball

The Girls Open Softball team travelled to Goulburn to play Goulburn High School in the Zone Final. The girls adapted extremely quickly and played some great Softball. They won the first 2 innings but unfortunately went down in the last one. Some great pitching from Neve Wallace and Keira Hol who were working together on first base making a lot of run outs and catches to put Moss Vale in a good position.

The girls played with great sportsmanship and effort, well done. We look forward to seeing what the girls can do next year.

Thank you to Mr Grehan for coaching the girls.



## Coondoo Mountain Bike Classic

Coondoo Mountain Bike Classic was held in week 8 of term 3. Twenty of our students travelled to South Nowra to compete in the Coondoo Mountain Bike Classic. The first time in several years.

This event is in a relay format with teams of 3-4 students. We had 6 teams compete, 3 junior boys teams (Year 7/8) 2 boys teams in the 9/10 division and 1 mixed team in 9/10 division.

A big shout out to the parents who transported students to and from the venue and helped with mechanical issues throughout the day.

Thank you also to Mrs Cowen and Mr Vasalakis who accompanied our students on the day.





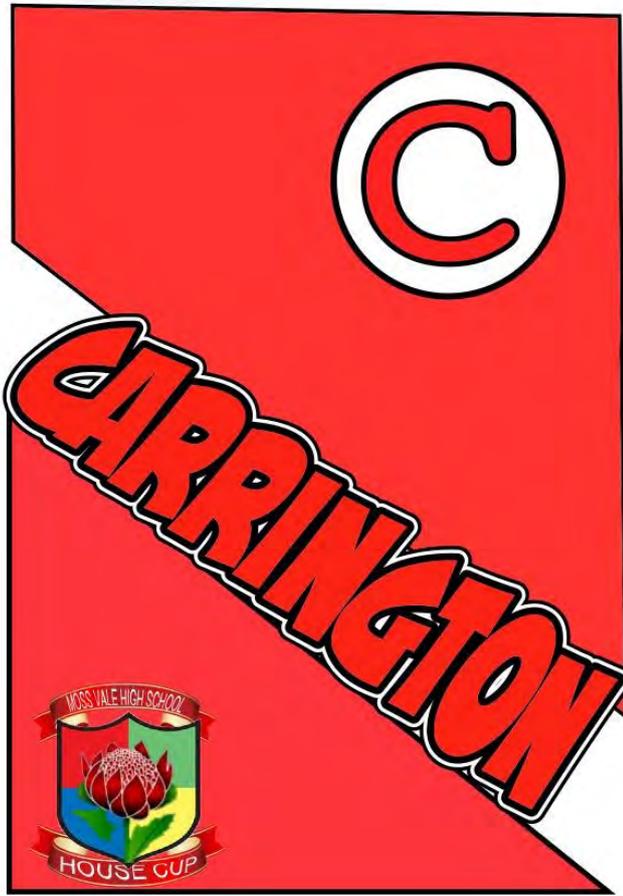
Finally, congratulations should go to all our students who have participated enthusiastically throughout the year in a range of different activities despite the ongoing disruptions and cancellations due to the weather. This includes all those that tried out for teams, those that participated enthusiastically in sport and PE lessons and all those who volunteered to fill in at our carnivals just to help out and earn points for the school.

No sport report would be complete without an acknowledgement of the great work carried out by the coaches of all these teams throughout the year. This year may have been one we would like to forget and fast forward to next year but these teachers still put their hands up to assist in providing our students with any little bit of sport they could. The teachers who coached teams this year were as follows:- Mr Vandenberg, Ms Middleton, Mr Nash, Ms Rossi, Miss Leet, Mr Grehan, Mr Deasy, Mr Vasilakis, Miss Fox, Mr Good and Mr Williams. On behalf of the students of Moss Vale High and myself, I would like to say thank you to these teachers for their hard work and dedication to the students of Moss Vale High.

I would also like to acknowledge the local businesses that accommodate our students throughout the year. Highlands Ten Pin Bowling, Moss Vale Tennis Club, Moss Vale 24/7 Plus Fitness Gym, Integrated Martial Arts Mittagong, Moss Vale Basketball Stadium and finally Community Transport for allowing us to hire their mini buses to get our students around the district.

Looking forward to 2023.

*D.Middleton*  
*MVHS Sports Coordinator*



# House Cup

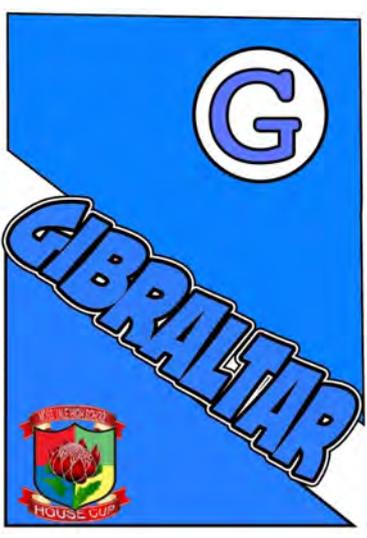
House groups at Moss Vale High School are a big deal. Being sorted into a house is essentially being placed into a family while you are away from home. Your house is made up of the people you see every day in home groups, go to classes with, play sports with and everything in between. Your Moss Vale High School house is your home away from home.

What are the houses? You all know we have our 4 houses – Belmore, Morton, Carrington and Gibraltar. Our house groups all represent a natural feature of the Southern Highlands.

Numerous events and challenges take place throughout the year such as Swimming, Cross Country, Athletics Carnivals, Premier's Sporting Challenge, NAIDOC Week game of Buroinjin, PB point awards, Attendance awards and home group competitions.

This year was the closest it has ever been. After all the points have been added up the final standings for the 2022 House Championship is:

- 1<sup>st</sup> Carrington 3538 points
- 2<sup>nd</sup> Morton 3526 points
- 3<sup>rd</sup> Belmore 3172 points
- 4<sup>th</sup> Gibraltar 3121 points



Congratulations to all students for your participation and efforts towards this year's House Championship, especially to the Carrington house for winning their FOURTH title in a row.

Who will win the 2023 House Cup?

*Mr T. Williams - House Co-ordinator*

# Year 7 2022

2022 has been a fantastic first year of high school for Year 7. The very beginning of the term saw students become oriented with the school environment and participate in several sessions learning about a variety of new concepts such as using technology in the classroom, the PBS values of safe, respectful and responsible, and managing their wellbeing. Students have had the chance to learn in a variety of different environments and learning spaces with the huge variety of subjects offered at Moss Vale High School.

With the easing of covid restrictions this year, students have had the opportunity to participate in the full range of whole school events. Students have participated in the swimming, cross country and athletics carnivals, coming together to celebrate their school community. Students have also had the chance to come together with the school community during the NAIDOC week activities, culminating in the whole school game of Buroinjin. The whole school came together again for the Movember football matches and filming of the PBS music video for the end of the year. Many students in Year 7 have engaged well with a variety of extra-curricular academic, sporting and CAPA opportunities throughout the year.

In term 3, students visited the National Zoo and Aquarium in Canberra as part of the science curriculum. The day was a great day for students and enjoyed by all of Year 7. The water safety day in term 4 was cold but enjoyable nonetheless. This year students also get the chance to participate in Activity Week, attending many different excursions for the last few days of the school year.

This has been a fantastic year for Year 7 and a wonderful beginning of their high school journey. I wish you all the best for your school holidays and look forward to following you through for the rest of your time at Moss Vale High School.

*Mr Crombie*  
*Year 7 Year Adviser*



# Year 9

I would like to start by congratulating the whole of Year 9 for a fantastic 2022. Remarkably, this was the first year of high school that you have attended, in full, with no lockdowns and you've all done exceptionally well. You were finally able to attend excursions as well as representing the school in various sporting teams, events and gala days, and it's a very exciting time for you all as you get to embark on your first Activity Week.

I have had the privilege of witnessing some of your exceptional achievements both in and out of the classroom this year and it makes me extremely proud to be your Year Adviser. It's an exciting time as you move into Year 10; before you know it you'll be choosing your senior subjects and embarking on your final years of schooling. I encourage you all to enjoy your Christmas holidays and the New Year with family and friends. Take the time to reset and recharge for a busy 2023.

And as always, be kind to one another.

Thank you,  
*Ms Sandland*  
*Year 9 Adviser*



# Year 10

Although there have been ups and downs, it is important to reflect on how fortunate we have been in 2022. For an entire year, there has been zero remote learning periods (apart from a few issues with the rain), which means we have been able to enjoy stable and consistent face to face learning and socialising with peers. After two years of disruption, it has been a welcome normal(ish) year. This means that extra-curricular activities have been back on the table and many students have been able to take advantages of excursions, competitive sport and other academic opportunities. It has been wonderful to see so many students bounce back from disruptions and take such an enthusiastic and mature approach to their schooling.

It feels like only yesterday that I met many of the current Year 10 cohort back when they were in Year 6. It has been a privilege to watch everyone develop into young adults. A number of people have already made the transition into full time work, with apprenticeships and traineeships and we farewell and congratulate them as they enter the next chapter of their lives. For everybody else, next year means becoming seniors of the school and beginning the rollercoaster that is the HSC. This will be a time to show resilience and maturity as they navigate assessment and exams all the while juggling other commitments that come with being young adults. Although there will be difficulty, it is a time to embrace learning, step up to leadership roles and build skills for the future outside of school. The richness of the next two years of schooling will depend a large part on the kindness, support and care that is shown by each person towards others. Remember that the difficulties will be fleeting and what matters is the quality of the relationships that are made, and the strength of the skills developed. The effort will be worth the reward.

I have every confidence that all students will come through the other side stronger, kinder, and more capable.

Looking forward to seeing everyone at the start of 2023!

*Mr Miller*  
*Year 10 Adviser*



# YEAR 12

Dear Class of 2022,

I would like to firstly acknowledge the incredible people that have been by my side the entire way over the past few years.

To Rebecca Tweedie for encouraging me to take the step and be a Year Adviser. I appreciate all the support and advice you have given me from the very beginning. I am still so honoured to take on this opportunity to guide and support Year 12 in your very last years of schooling.

To Di Sutherland, Megan Youman for always keeping me on track and being there to support myself and the year group. Without your assistance and all your organisation I would have been lost and today would not have been possible. I can not thank you both enough for everything you have done for us all. To Linda Kennedy for taking all the photos and for the organisation for today. To Jeremy Donaldson, Shannon Fox and the Year 11 Vet crew, thank you for all the behind the scenes work today.

Thank you to Mrs Holmes, Mr Carlyon and Ms Campbell, all the teachers and in particular my PDHPE colleagues. Thank you for all your support and assistance over the years, I appreciate everything you have done.

## **To the amazing Year 12's,**

As I stepped my first steps inside Moss Vale High School with my first ever teaching position so did all of you starting off your next chapter of life, high school. We all shared the same mixed feelings of nervousness and excitement as our new Moss Vale High School adventure was about to begin. Little did I know the amazing bond that was going to be formed and that I would be up here today sending you all off on your way to begin the next chapter of your lives – some of you I have heard calling it 'freedom'.

In my time as Year Adviser there has never been dull moment. Year 12 you have taught me so many lessons. I really hope that you take away the values, skills, knowledge that you have gained here at Moss Vale High School. You don't know it yet but you're so lucky to be in a school like MVHS that prepares you for life beyond school.

Over the last 2 weeks I feel it has really hit home for some of you that your school life is over. I have been asked the question multiple times 'Will you miss us?'. I thought about this and yes of course I am going to miss you all. I will miss the constant knock at the door or Jorgi barging in, randomly hearing Tenille being called down the corridor, checking in with you and finding out about some of the amazing things you are all already doing outside of school. Thank you for allowing me the pleasure of getting to know you all and thank you for also supporting me along the way.

I want to congratulate you on graduating high school and I wish you every success for

your future. Good luck to all of you sitting the HSC, work hard over these next few weeks, I want you to leave the hall feeling proud of yourself and knowing that you have done everything you can, doing your absolute best without any regrets. For those of you heading straight out into the workforce... GOOD LUCK, enjoy the pay checks! You are all unique individuals with so much potential and will be amazing at whatever it is you choose.

Year 12 you have finally made it!! BE SAFE, ALWAYS BE KIND & ENJOY EVERY MOMENT!!!

*Miss Leet*  
*Relieving Year Adviser*



# 2022 School Captains



DARCH, Amy



DAVIES, Jake



JONES, Lauren



LAWRENCE, Belinda



MILLWARD, Jeremy



Ms TWEEDIE

## Year Advisers

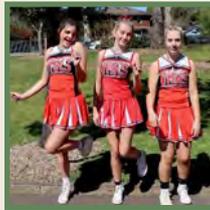


Ms LEET

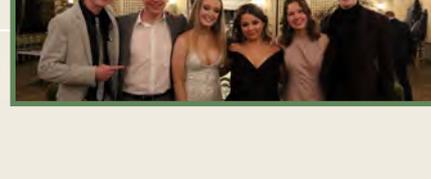
THE BEST  
*Memories*



# THE BEST *memories*



THE BEST  
*memories*



*Graduating  
Class 2022*

MOSS VALE HIGH  
CELEBRATION DINNER

PLEASE JOIN US!

SEP | THU | 2022  
22

*Centennial Vineyards*  
252 Centennial Rd. Bowral

PHOTOS: - 5:00pm - 6:00pm  
DINNER & CELEBRATIONS: - 6:00pm - 10:30pm

COST: \$145

RSVP with payment BEFORE  
Friday 19th August



# Non-Teaching Staff at Moss Vale High

By the end of this year we seem to have reached a more normal routine at school, after the disruptive past couple of years. We have fully embraced Schoolbytes as the medium to communicate with our parents and carers. From general information to school reports; from excursion permission notes to choosing sport and activity week selections. Next year payments will be exclusively handled via Schoolbytes (details will be sent out early in the school year).

School Administrative Officers and Manager provide a range of support to the teaching staff, executive and students, including: Library administration; Science pracs; Food Tech pracs; Attendance; Finance; Newsletters; Communications; Student Health; Enrolments; Excursions; Activity Week and much more. Currently there are 16 competent and caring ladies working in a mixed capacity of permanent, full time, part time and casual to carry out this essential work.



## Staffing changes

Brett Hancock left the General Assistant position at the end of Term 1 to be permanently replaced by Peter Cornwell. Peter is kept busy with mowing, general repairs and assisting tradesmen.



Our long term Farm Assistant, Brook Roberts, left us early this year to move to the country. We now have Samantha Larter doing a great job of looking after the stock, plants and assisting teachers with Agriculture classes in the Ag Plot.

Chris Osiadacz who has been our Technology Support Officer for several years has secured permanency in this role. Chris is always pre-empting the technology needs of students and the school to ensure we have the most up to date and reliable service available for the classrooms and administration.



# Non-Teaching Staff at Moss Vale High

In 2022 there were eight Learning Support Officers working either full time, part time or casual in the four Support Unit classes. These dedicated staff assist teachers and students in the classroom; in the playground; at sport; on excursions; with work experience and student wellbeing. (see Support Unit pages for further details)



The Learning and Support team included four Learning Support Officers this year working full time, part time and casual. Students and teachers in mainstream classes are ably assisted by these staff who help with special programs; work one-to-one with some students; assist with excursions and student wellbeing.



Students were also assisted by two tutors funded by the Department of Education's Intensive Learning Program.





## About Aurora

Aurora College is a virtual selective school that is offered in all NSW public high schools for gifted students. The core subjects are taught from year 6 to 10 (English, Maths and Science), while years 11 and 12 are offered a range of subjects as electives. An important distinction to make is that Aurora College is not distance education. The students use Microsoft Teams to connect with their peers and teachers in a live classroom setting.

Attended by over 500 students across the state, Aurora College is currently the only virtual selective school and is one of only 22 public selective schools in NSW. Chris Robertson (the current principal) helped form the school in 2015 to help gifted students in regional and remote areas excel and offer them opportunities that were previously not available. As a result, the school has helped hundreds of students to learn and grow in an environment which has been described as “teachers who want to teach, teaching students who want to learn”. It really is due to the incredible culture of the school that students continue to excel and flourish as they experience the best of both worlds; the community of their home school and the opportunities of their online school.

## Masterclasses

Every year Aurora College hosts Masterclasses, which are an opportunity for students to explore different subjects with an expert in the field. These engaging lessons both open up new pathways for students to explore and allow students to ask questions and learn more about fields they are already interested in. Although Masterclasses are always amazing, over the years three in particular have stuck out to me personally and had a lasting impact.

- A diver involved in the Thai Cave Rescue gave a two-hour masterclass on the logistics, science and politics behind the rescue and how the community rallied behind these boys.
- Bell Shakespeare does lessons with Aurora almost every residential on Shakespeare, theatre and the importance of English, which always renews my love for the subject.
- Recently, reporter Stan Grant performed a Masterclass on journalism and how, despite racism, he managed to prevail and become a successful journalist who has experienced and reported on tragedies and miracles all around the world.

Although these Masterclasses were particularly influential on me, every student identifies and enjoys different subjects, including archaeology, physics, artistry, writing, astrology, agronomy and economics. The entire program has formed so many opinions, interests and careers and really does help create well-rounded individuals.

## Residential

Every year, Aurora holds two week-long residential camps that are attended by all students in years 6 to 10 from across the state. Unfortunately, the first residential camp this year was cancelled due to covid. However, the second was held earlier this term in Canberra. Students stayed at Ibis Styles EagleHawk and with their year group went to a range of activities and classes around Canberra.

We enjoyed and participated in a host of activities including but not limited to a deep space complex, CSIRO, careers fair, trivia night, Hoyts cinema, Questacon, public speaking workshops, a disco and my personal favourite: GoKarting.

In particular, meeting teachers and role models in person was hugely influential - from my maths teacher bringing me coffee in the mornings to having deep and important conversations with science teachers. By the end of Residential, students were exhausted but happy after finding new friendships, prolonging old ones, learning and experiencing new subjects and saying farewell to the year 10 cohort. Overall, this was such an important week: full of amazing people and truly worthwhile.

## Debating

This year Moss Vale High School had two students join the Aurora College debating team, which made it to the state finals at the Women's College in Sydney - undefeated. Hopefully they will continue their streak on 8 December. Ella Davies (year 7) and Ana Risteska (year 8) both tried out for the team and were accepted and have enjoyed every minute of it. Ana described debating as fulfilling, as it extended her knowledge:

*"Debating has taught me so much, not only how to win arguments against my parents but also how to view the world from a different perspective, or lens. We put in the work as a team to improve our skills, with our coach James and our amazing teachers, and we've got results! Aurora has an amazing, supportive community and they have given me so many learning opportunities to grow and thrive."*

Overall, the team has clearly excelled and we are looking forward to seeing what the future holds as they continue to compete and learn as students and debaters.

## Other opportunities

This year Aurora College students participated in many more activities, clubs and organisations, including:

- Lola Stravoskoufis (year 9) was a representative of the SRC for Aurora College, which helps run assemblies and fundraisers and gives a voice to the students.
- Mentoring was run throughout all year groups; once again, Lola participated and excelled with the help of her mentor.
- Aurora College has the only fully online library in the state, which offers many books and audiobooks for students to borrow.
- As a direct result, the Aurora College Book Club was formed, which allows students and teachers to meet and talk about what they are currently reading.
- Many other opportunities were also available throughout the year, such as resources like JSTOR, and participation in maths challenges such as Parallel and writing competitions.

It's been a great year with both Aurora College and Moss Vale High School, and I'm grateful to experience the best of both worlds. Looking forward to 2023!

*Beatrix Jones*  
Year 10

Year 7 students at Residential



Students at the CSIRO

Graduating Year 10 maths class with Mr Gorton



# SRE

## MOSS VALE PRIMARY SCHOOL FAIR VOLUNTEERS

For several years MVHS students have volunteered to support the MVPS Country Fair by supervising the games in the Side Show Alley. Students work one of two shifts, with a couple even staying the whole time. Games include, GooLoo, Whack the Rat, Grab a Duck, Minion Can Toss and Pick Your Nose being some of the favourites!

Thank you to all students who have volunteered again this year!



Whack the Rat



Grab a Duck



Goo Loo!

## FREE HOT BREAKFASTS

Students are served hot cheese and ham toasted sandwiches and a juice or milk and milo during the winter months on Monday mornings.

With funding from the National Chaplaincy Program and food donations from a local community charity, Connect Community Op-Shop, Mrs Jensen can prepare and serve approximately 120 students each week.

Students receive a free hot toasted sandwich with a drink to help them stay warm on the inside as they prepare for the new school week. Thanks to Grace and Zoe who have helped set up.



*Ms Donna Jensen  
SRE Coordinator*



# Canteen News

Debbie Drayton, Kristy Vella and myself have had a very busy and productive year in the School Canteen. The Canteen menus are changed each term, to incorporate any student or parent changes for any new healthy foods they would like to see.

We have been very lucky and fortunate to have some amazing student helpers this year and would like to offer a special thanks to: Hamish Orford, Grace Shiel, Bianca Jacobs, Mia Nowland, Bella Dern, Edward Adams, Jacob Fleming, Cameron Balk, Ned Cady and Bonnie Blake.

We have also had some wonderful parent volunteers in Laura McCrow, Emily Longshaw and Darren O'Neill.

I am sincerely very thankful to our Principal, Ms Trish Holmes, our Deputies, the P&C Association, teaching staff and all the families that have supported our canteen and make it all possible for us to everyday make healthy home cooked meals for our students.

If we can be of assistance or if you have any suggestions for additions to our menu, please feel free to contact us anytime on 4868 1883 or email: [mvhscanteen@gmail.com](mailto:mvhscanteen@gmail.com)

*Mrs Carolyn Shiel  
Canteen Manager*



# FUNDRAISING



## Wear it Purple

Wear It Purple Day is a day which brings attention to the importance of providing supportive, safe, empowering and inclusive environments for rainbow young people.

On Friday 26 August, students were encouraged to show their support by wearing a purple accessory with their full school uniform. The \$217 raised went to the Reframe local organisation foundation who provide mental health services and safe spaces for LGBTQI+ young people.



To celebrate the month that changes the face of men's health, all staff and students were involved in two major fundraising efforts. The Inaugural Movember Touch Football afternoon and a raffle with prizes kindly donated by various businesses. This led to the school raising over \$3000, with an awesome effort by Mr Shedden raising over \$1000 himself.

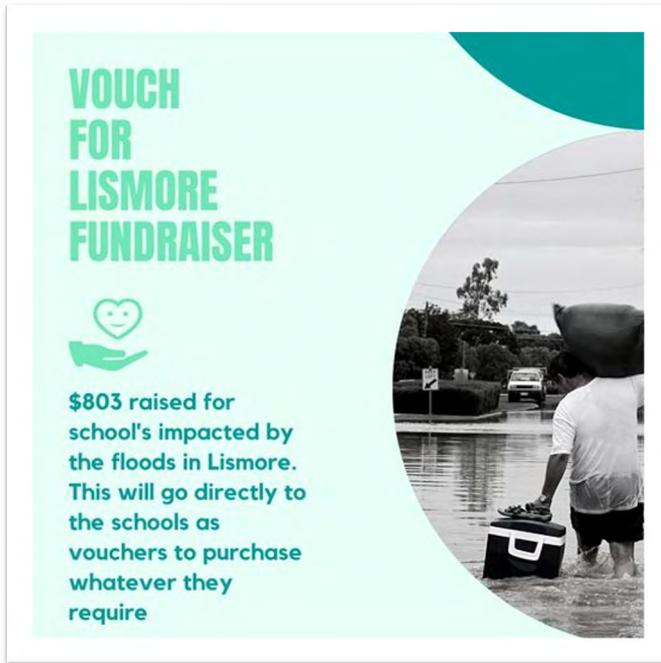
The Touch Football afternoon was the highlight that focused on bringing the whole school community together to raising awareness and funds for men's mental health. Students were involved in the day by wearing our usual funky socks, supporting a BBQ fundraiser and participating as a player in the tournament.

The tournament consisted of approximately 80 students and all games were played in a competitive manner. Only one team could be crowned the winner. Congratulations to the Tag Machines - Justin Murray, Zahra Nassar, Reuben Streatfield, Mayan Schwegler, Keira Hol, Barry Harkness, Charlie Boese, Josh Barton and Otto Ritcher.

A huge thanks goes to the Year 10 PASS students and to Mr Grehan and Mr Deasy who took the lead this year and who worked hard to organise the tournament, raffle fundraiser and promotions of this important cause. Thank you to all the teachers who assisted with the BBQ and refereeing on the day.

## Lismore Flooding

On 18 March we held a "Back on their feet" day to support the Vouch for Lismore fundraising efforts for flood affected Lismore. Student wore their silliest and funkiest socks to raise awareness and \$803 of much needed funds for the schools of Lismore.



## Do it in a Dress

Our amazing annual Do it in a Dress Day for the One Girl organisation was held on Thursday 17 November 2022. As well as raising awareness of this important cause, we also raised \$1000 for the education of girls around the world.





The R U OK? initiative aims to inspire and empower everyone to meaningfully connect with the people around them and start a conversation with anyone who may be struggling with life.

It also encourages the community around us to build and maintain a support system which is fundamentally important in order to prevent suicide, improve the mental illness statistics and

encourage people to be open and honest about their state of mind.

Every year we are passionate about raising much needed funds for this cause and this year during R U OK our Year 8 students held stalls around the school with various activities.

We also proudly partnered with Moss Vale Community Pharmacy with selling various merchandise including tote bags, earrings and socks.

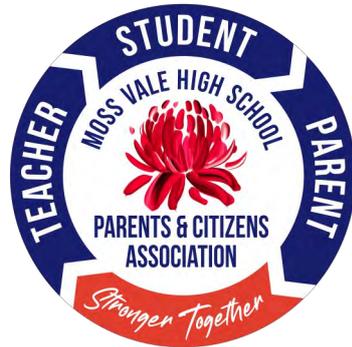
All funds raised went directly to the R U OK organisation.



One of our 2022 outgoing Captains, Jeremy Millward, has been continuing his outstanding R U OK legacy that he passionately began in 2020. We are so proud of his initiative and determination to make a difference, and we are also so lucky to have Jeremy's brother, Lucas Millward, volunteering to continue Jeremy's work.



# Moss Vale High School P&C Report 2022



It has been wonderful to finally head back to school for face-to-face P&C meetings this year. The small but dedicated group of members have been working hard to ensure the canteen continues to run smoothly and provide nutritious and inexpensive food for students and teachers. Challenges this year have been keeping overheads down without compromising on quality and ensuring the canteen profit margins continue to fund our obligations to the school. This year we have continued to support the school by donating \$12,000 for Kick Off with Reading and \$1,700 for Presentation Night awards.

Our Vice President, Charlotte, has been hard at work putting together a proposal to have school lockers on site in 2023. We had an overwhelming response from students and parents to a survey on this, with all giving positive feedback and keen on securing a locker. With all going well our lockers will be ready to use from the second week of Term 1 in 2023. Stay tuned for communication on how to apply to rent a locker. To assist in meeting the costs of the lockers, we have applied for a \$10,000 grant from BDCU bank.

During term 3 we turned our attention to the succession plan for the P & C executive heading into 2023. Our wonderful treasurer of four years, Fiona, will be leaving us and moving on to greener pastures and we are looking for a keen volunteer to take over this role. With limited membership and limited attendance at meetings, the P&C was at a very real risk of folding in Term 4 2022. We put a call out to the greater school community to help save the P&C, and I was delighted to receive a great response from current parents/carers as well as future parents/carers. More than 20 families responded and heeded the call to take on some roles including Treasurer to lighten the load of the executive. To all those who have taken a more active role I send a big THANK YOU!!! I am now confident the P&C will be around at Moss Vale High School for many more years to come.

I would like to take this chance to wish the whole Moss Vale High School community a very Merry Christmas and Happy New year.

I look forward to seeing you in early 2023.

*Mrs Carolyn Francis*  
*President*

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# **MOSS VALE HIGH SCHOOL 2022 PRESENTATION CEREMONY**

**The students and staff of Moss Vale High School would like to thank the following individuals and organisations for their generosity in supporting the 2022 Presentation Ceremony:**

**Australian Defence Force  
Berrima Bus Lines  
Bowral Co-op  
Bunnings Mittagong  
Country Women's Association, Moss Vale Day Branch  
Country Women's Association, Moss Vale Evening Branch  
Disability Services Australia  
Dr Stephen McPhail and Ms Katharine Frey  
Gubbins Pulbrook Mitre 10 Moss Vale  
Highlands Drive Safe  
Kullcorp  
Lions Club of Moss Vale Inc.  
Rotary Club of Moss Vale  
Moss Vale High School Parents and Citizens' Association  
Moss Vale RSL Sub-branch  
Moss Vale Services Club  
Mr David Robjent  
Ms Sonja Millis – Arthead  
Mrs Jemima Finlayson  
Mrs Dale Towell  
Ms Linda Kennedy  
Ms Valerie Kennedy  
Mrs Patricia Holmes  
Mr Stephen Jones MP - Member for Throsby  
NSW Farmers' Association  
NSW Royal Society (Southern Highlands)  
Reuben F Scarf Memorial Foundation  
Southern Highlands Trophy Centre  
Strive Award  
The Sutherland Family  
The Bookshop Bowral  
Wingecarribee Shire Council**

***Also special thanks to our CAPA staff and students for their contributions to making this ceremony a fabulous celebration of our school and public education.***

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# Highlights

# 2022

2022 WAS A YEAR OF MANY ACHIEVEMENTS, WITH BOTH OUR STUDENTS AND AROUND THE SCHOOL GROUNDS. HERE ARE JUST SOME OF THE HIGHLIGHTS.

## DP AREA AND MERCHANT COURTYARD

Two of the schools outdoor spaces underwent major transformations in 2022. The installation of sun sails to provide shelter and shade in the Merchants Courtyard has transformed it into a multipurpose area. The DP Area had synthetic turf laid which has made a vast improvement to the space.



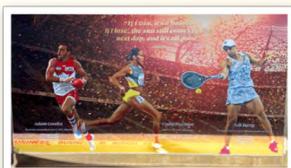
## B BLOCK KITCHENS

In June, the new kitchens were completed and ready for use by our excited TAS students. The kitchens have been installed with commercial grade equipment that brings it inline with professionally hospitality standards, it also looks amazing too!



## MURALS

The walls of our school are looking fabulous thanks to the addition of our murals. Each one tells its own story and we are absolutely delighted with how they add vibrancy and colour to our school as well as conveying significant meaning.





## JEREMY MILLWARD - YEAR 12

On Australia Day, it was announced that Jeremy was awarded Wingecarribee Shire's 2022 Australia Day Young Citizen of the Year.

## BILLY APOSTOLATOS - YEAR 10

In August, Billy was selected by Football NSW to play in the U15s Boys State Country Soccer team in the National Youth Championship competition which was held in Coffs Harbour in September.

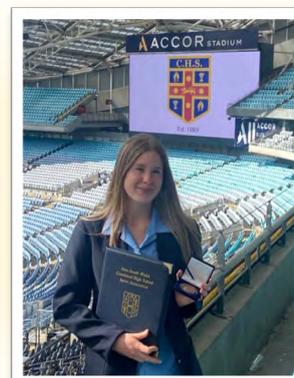


## REMI MANT - YEAR 12

In February, Remi was named captain of the Macarthur West Tigers Laurie Daley Cup U18's.

## LUCY NASH - YEAR 11

Lucy was one of only 62 students in NSW who were awarded a NSW Sporting Blue for 2022. The award is the highest sporting accolade in NSW CHS. Past winners include Steve Waugh, Ian Thorpe and Shane Gould. Lucy has represented South Coast and NSW school hockey teams since she was in Year 8 at MVHS.



## ANGELINA COOKSLEY - YEAR 9

In December, Angelina was presented with the Bronze Award through the Duke of Edinburgh International Awards program.